







SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>28</b></p> <p><b>10:00</b> <b>White Board Games</b> Just for fun... Word games, Pictionary... Lobby</p> <p><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Movie Matinee</b> Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie information. 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>3:00</b> <b>Worship in The Word</b> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p align="center"><b>29</b></p> <p align="center"><b>Medical Transport Day</b></p> <p><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>"GOLF" CARD GAME With Linda</b> Join Linda for a chance to try out a new, easy card game while enjoying good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room</p> <p><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p align="center"><b>30</b></p> <p align="center"><b>Medical Transport Day</b></p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Exercise Class Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Friends &amp; Faith with Joe</b> "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation &amp; prayer. 2nd Floor Chapel</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Join us for this fun and easy to learn dice game. Have fun, make friends &amp; win candy! 2nd Floor Craft Room</p>	<p align="center"><b>1</b></p> <p><b>9:00</b> <b>\$ Casino Outing \$</b> Ride with us to play! Sign up in the book at the front desk. Home around 3:00</p> <p><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Practice Pinochle</b> Revisit or learn this game 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Wine Down Wednesday KARAOKE With Sonya</b> Sip, enjoy singers and a fun time with your Parkview family Maybe you would like to try a duet with Megan or one of the others that like to sing? Get out there and give it a try. What do you have to lose? Large Dining Room</p>	<p align="center"><b>2</b></p> <p><b>Shopping 8:30-10:00</b> Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride</p> <p><b>9:45</b> <b>OTAGO Better Balance Exercise Class</b> Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>Shopping 12:30</b> Fred Meyer 1hr Trip Sign up in the Lobby to ride</p> <p><b>1:30</b> <b>Praise Time</b> A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel</p> <p><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room</p> <p><b>2:30</b> <b>Pinewood's Tribute to America</b> This talented group brings you all the BEST of Americana. Gear up for 250th Birthday of America with this singalong. Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Fun dice game for all! Easy peasy. Just roll the dice <b>SEE YOU THERE!!</b> 2nd Floor Craft Room</p>	<p align="center"><b>3</b></p> <p><b>9:45</b> <b>Stronger Seniors Exercise</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00-11:00</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... Lobby</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> From sit to stand exercises 3rd Floor Theater</p> <p><b>11:00</b> <b>VETERANS &amp; SUPPORTERS LUNCH</b> Meet with Rep. from VFW &amp; fellow Patriots. Share stories &amp; comradery and learn about how the Kenn VFW can help. Private Dining Room</p> <p><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Volunteer Project</b> 2nd Floor Craft Room</p> <p><b>2:00</b> <b>Celebrate America's 250th Birthday! Live music with GREY WOLF BAND John &amp; Cuco</b> Let's celebrate 250 years of America together with great music, birthday cake, and joyful patriotic spirit.</p>	<p align="center"><b>4</b></p> <p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet from the Front Desk &amp; enjoy brain games to keep your firing.</p> <p><b>10:00</b> <b>Mindful Movement With Makaila</b> Follow along with these slow &amp; purposeful morning stretches 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Seated to standing exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Celebrate America's 250th birthday with the beautiful harmonies of "Treeus" Harmony Trio. Their warm, nostalgic sound is sure to bring back fond memories through a collection of beloved classics &amp; timeless favorites.</b> Lobby</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>5</b></p> <p align="center"><b>10:00</b> <i>Doggie Day</i> Get a good snuggle from the most wonderful working therapy dogs. Lobby</p> <p align="center"><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing exercises. 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p align="center"><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p align="center"><b>2:00</b> <b>JEOPARDY</b> Fun trivia for everyone Stimulate your brain! Lobby</p> <p align="center"><b>3:00</b> <i>Worship in The Word</i> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p align="center"><b>6</b></p> <p align="center"><b>Medical Transport Day</b></p> <p align="center"><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p align="center"><b>2:00</b>  <b>"GOLF" CARD GAME With Linda</b> Join Linda for a chance to try out a new, easy card game while enjoying good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room</p> <p align="center"><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p align="center"><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p align="center"><b>7</b></p> <p align="center"><b>Medical Transport Day</b></p> <p align="center"><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Exercise Class Strength &amp; balance exercises Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1 &amp; 2</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Shuffleboard</b> Come get in on the fun! 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>Friends &amp; Faith with Joe</b> "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation &amp; prayer. 2nd Floor Chapel</p> <p align="center"><b>2:00</b> <b>Candy BINGO</b> Enjoy all regular BINGO games with candy bar prize Large Dining Room</p> <p align="center"><b>3:00</b> <b>BUNCO Dice Game</b> Join us for this fun and easy to learn dice game. Have fun, make friends &amp; win candy! 2nd Floor Craft Room</p>	<p align="center"><b>8</b></p> <p align="center"><b>9:00</b> <b>Dollar Store</b> Shop with us for about an hour Sign up at the front desk</p> <p align="center"><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Take that first step with us Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p align="center"><b>11:00</b> <b>LDS Ladies Lunch &amp; Learn</b> Meet in the Private Dining Room for lunch &amp; fellowship</p> <p align="center"><b>12:30</b> <b>Scenic Drive 1hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p align="center"><b>1:00</b> <b>Practice Pinochle</b> 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p align="center"><b>6:00</b> <b>Movie Night</b> Check your daily flyer for detailed movie information 3rd Floor Theater Room</p>	<p align="center"><b>9</b></p> <p align="center"><b>8:30-10:00</b> <b>Shopping</b> Walmart 1.5 hr Trip Sign up in the Lobby to ride Lobby</p> <p align="center"><b>9:45</b> <b>OTAGO Better Balance Exercise Class</b> Strength &amp; balance exercises Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> From sit to stand exercises 3rd Floor Theater</p> <p align="center"><b>11:00-1:30</b> <b>Beulah's Handmade Jewelry</b> Peruse the beautiful hand made jewelry in the Lobby</p> <p align="center"><b>12:30</b> <b>Shopping</b> Walmart 1hr Trip Sign up in the Lobby to ride Lobby</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>Praise Time</b> A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel</p> <p align="center"><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p align="center"><b>2:30</b> <b>Resident Council Mtg</b> Meet to discuss goings on about Parkview Large Dining Room</p> <p align="center"><b>3:00</b> <b>Joyce's Piano Concert</b> Joyful piano In the Lobby before dinner</p> <p align="center"><b>3:00</b> <b>BUNCO Dice Game</b> 2nd Floor Craft Room</p>	<p align="center"><b>10</b></p> <p align="center"><b>8:30</b> <b>OTAGO Assessments</b> Please meet in the chapel at your designated time</p> <p align="center"><b>9:45</b> <b>Stronger Seniors Exercise</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p align="center"><b>10:00-11:00</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> From sit to stand exercises 3rd Floor Theater</p> <p align="center"><b>11:00</b> <b>Lunch &amp; Learn Retired Educators</b> Meet in the Private Dining Room to meet peers and enjoy lunch.</p> <p align="center"><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p align="center"><b>1:00-2:30</b> <b>Arty Fartsy Fun</b> Make easy but cute décor. Come craft with us &amp; create easy, fun projects that you can keep or share as gifts while learning something new, using your hands, &amp; enjoying time with friends. Location TBD</p>	<p align="center"><b>11</b></p> <p align="center"><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet from the Front Desk &amp; enjoy brain games to keep your firing.</p> <p align="center"><b>10:00</b> <i>Mindful Movement With Makaila</i> Follow along with her as you do seated strengthening &amp; body maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Meet up to play! 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> </p> <p align="center">Get ready for a fun visit from adorable pygmy goats &amp; a few feathered friends! Come meet our furry and fluffy guests as we bring a little bit of farm life right here to us at Parkview.</p> <p align="center"><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for detailed movie information. 3rd Floor Theater Room</p> <p align="center"><b>3:00</b> <i>Classical Piano with Richard</i> Enjoy timeless tunes with a great couple Lobby</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>12</b></p> <p><b>10:00</b> <b>White Board Games</b> Just for fun... Word games, Pictionary... Lobby</p> <p><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing exercises. 3rd Floor Theater</p> <p><b>1:00</b> <b>Movie Matinee</b> 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>3:00</b> <b>Worship in The Word</b> Scripture, singing &amp; praise together 2nd Floor Chapel</p>	<p align="center"><b>13</b></p> <p><b>Medical Transport Day</b></p> <p><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinocle</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Laurie's Sing Along</b> Sing your hearts out! Laurie works to make each get together unique and fun! Residents that would like to get together to practice &amp; help Laurie with the group singing, see Megan or the front desk Lobby</p> <p><b>2:00</b> <b>"GOLF" CARD GAME With Linda</b> Join Linda for a chance to try out a new, easy card game while enjoying good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room</p> <p><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p align="center"><b>14</b></p> <p><b>Medical Transport Day</b></p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinocle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Shuffleboard</b> Come get in on the fun! 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Friends &amp; Faith with Joe</b> "Words of the Week" 2nd Floor Chapel</p> <p><b>2:00</b> <b>Interactive Piano Hour with Mike</b> Music, Memories and Fun! Rather than simply listening, residents will have the oppor- tunity to interact, learn, and connect with the songs Meet with Mike in the Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p align="center"><b>15</b></p> <p><b>9:00</b> <b>Hobbie Store</b> Ride with us to find the deals! Sign up in the Lobby to ride</p> <p><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p><b>11:00</b> <b>OUT TO LUNCH BUNCH SHAKEY'S</b> PIZZA &amp; MORE BUFFET Join us for lunch out with us. Sign up in the Lobby Each is responsible for the cost of their meal.</p> <p><b>1:00</b> <b>Pinocle</b> 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Scenic Drive 1hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p><b>1:00</b> <b>Practice Pinocle</b> Revisit or learn this game 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Old Time Fiddlers</b> Keeping the music alive with warm, familiar sounds of traditional folk &amp; country. Large Dining Room</p> <p><b>6:00</b> <b>Movie Night</b> Check your daily flyer for detailed movie information 3rd Floor Theater Room</p>	<p align="center"><b>16</b></p> <p><b>Shopping 8:30-10:00</b> Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride</p> <p><b>9:45</b> <b>OTAGO Better Balance</b> Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p><b>11:00</b> <b>OUT TO LUNCH BUNCH SHAKEY'S</b> PIZZA &amp; MORE BUFFET Join us for lunch out with us. Sign up in the Lobby Each is responsible for the cost of their meal.</p> <p><b>1:00</b> <b>Pinocle</b> 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Praise Time</b> A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel</p> <p><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> 2nd Floor "Coke" Room</p> <p><b>2:30</b> <b>Shake Rattle &amp; Roll</b> With Bonnie &amp; Bev Enjoy fun piano tunes and more, sure to get you moving in your seat! Lobby</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p align="center"><b>17</b></p> <p><b>9:45</b> <b>Stronger Seniors Exercise</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00-11:00</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinocle</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>TROUBLES BE GONE Sing Along</b> This group is here to lift our spirits with the power of music. Lobby</p> <p><b>3:00</b> <b>Rack'em up Billiards</b> Meet to play before dinner 3rd Floor Billiard Room</p>	<p align="center"><b>18</b></p> <p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet from the Front Desk &amp; enjoy brain games to keep your firing.</p> <p><b>10:00</b> <b>Mindful Movement With Makaila</b> Follow along with her as you do seated strengthening &amp; body maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinocle</b> 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Movie Matinee</b> Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room</p> <p><b>2:00</b> <b>Candy *KENO*</b> Easy peasy game... Pick your 5 #'s candy bar prize if your #'s are called Large Dining Room</p> <p><b>3:00</b> <b>Classical Piano with Richard</b> Enjoy timeless tunes with a great couple Lobby</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>19</b></p> <p align="center"><b>10:00</b> <i>Doggie Day</i> Get a good snuggle from the most wonderful working therapy dogs. Lobby</p> <p align="center"><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing exercises. 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Movie Matinee</b> Check your flyer for movie info 3rd Floor Theater Room</p> <p align="center"><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p align="center"><b>2:00</b> <b>JEOPARDY</b> Fun trivia for everyone Stimulate your brain! Lobby</p> <p align="center"><b>3:00</b> <i>Worship in The Word</i> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p align="center"><b>20</b></p> <p align="center"><b>Medical Transport Day</b></p> <p align="center"><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p align="center"><b>2:00</b>  <b>"GOLF" CARD GAME With Linda</b> Join Linda for a chance to try out a new, easy card game while enjoying good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room</p> <p align="center"><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p align="center"><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p align="center"><b>21</b></p> <p align="center"><b>Medical Transport Day</b></p> <p align="center"><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Strength &amp; balance exercises Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p align="center"><b>12:00</b> <b>Lunch meeting for the Sight-Impaired</b> Meet with peers to enjoy lunch &amp; learn more about programs and tools to help Private Dining Room</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Shuffleboard</b> Come get in on the fun! 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>Friends &amp; Faith with Joe</b> "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation &amp; prayer. 2nd Floor Chapel</p> <p align="center"><b>2:00</b> <b>LARRY ASHBY</b> Sit back &amp; enjoy classic songs with a great guy. Guitar and smooth vocals Lobby</p>	<p align="center"><b>22</b></p> <p align="center"><b>9:00</b> <b>Beaver Bark</b> Sign up at the desk to ride with us to shop for about an hour</p> <p align="center"><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p align="center"><b>12:30</b> <b>Scenic Drive 1hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p align="center"><b>1:00</b> <b>Practice Pinochle</b> Revisit or learn this game 3rd Floor Billiard Room</p> <p align="center"><b>2:00</b>  <b>Resident Birthday Party &amp; Music with Gabe</b> Celebrate all of the birthdays together! <b>Everyone is invited!</b> Enjoy Live music &amp; cake! <b>Birthday month people spin the prize wheel!</b> Large Dining Room</p> <p align="center"><b>6:00</b> <b>Movie Night</b> Check your flyer for movie info 3rd Floor Theater Room</p>	<p align="center"><b>23</b></p> <p align="center"><b>Shopping 8:30-10:00</b> Walmart 1.5 hr Trip Sign up in the Lobby to ride</p> <p align="center"><b>9:45</b> <b>OTAGO Better Balance Exercise Class</b> Strength &amp; balance exercises Large Dining Room</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>YOGURT BEACH FROZEN YOGURT OUTING</b> Ride with us to the Frozen Yogurt shop on the corner to enjoy a cool treat! Resident responsible for cost Sign up in the Lobby</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p align="center"><b>1:30</b> <b>Praise Time</b> A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel</p> <p align="center"><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room</p> <p align="center"><b>3:00</b> <b>Joyce's Piano Concert</b> Joyful piano In the Lobby before dinner</p> <p align="center"><b>3:00</b> <b>BUNCO Dice Game</b> Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p align="center"><b>24</b></p> <p align="center"><b>9:45</b> <b>Stronger Seniors Exercise</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p align="center"><b>10:00-11:00</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... Lobby</p> <p align="center"><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p align="center"><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p align="center"><b>2:00</b>  <b>Gospel Gathering With Allyssa</b> Meet at the 2nd Floor Chapel to listen to timeless gospel songs together &amp; share in the joy of fellowship. 2nd Floor Chapel</p>	<p align="center"><b>25</b></p> <p align="center"><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet from the Front Desk &amp; enjoy brain games to keep your firing.</p> <p align="center"><b>10:00</b> <i>Mindful Movement With Makaila</i> Follow along with her as you do seated strengthening &amp; body maintenance exercises 3rd Floor Theater Room</p> <p align="center"><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p align="center"><b>1:00</b> <b>Pinochle</b> Meet up to play! 3rd Floor Billiard Room</p> <p align="center"><b>1:00</b> <b>Movie Matinee</b> Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie information. 3rd Floor Theater Room</p> <p align="center"><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room</p> <p align="center"><b>3:00</b> <i>Classical Piano with Richard</i> Enjoy timeless tunes with a great couple Lobby</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>26</b></p> <p><b>10:00</b> <b>White Board Games</b> Just for fun... Word games, Pictionary... Lobby</p> <p><b>10:00</b> <b>Catholic Mass</b> Meet for Mass in the 2nd Floor Chapel</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p><b>1:30</b> <b>Latter Day Saints Church Service</b> We invite you to join us! 2nd Floor Chapel</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes. Large Dining Room</p> <p><b>3:00</b> <b>Worship in The Word</b> Scripture, singing &amp; praise together. 2nd Floor Chapel</p>	<p align="center"><b>27</b></p> <p align="center"><b>Medical Transport Day</b></p> <p><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>\$Nickel\$ Bingo</b> Pay a Nickel each game &amp; a Quarter for the end game Large Dining Room</p> <p><b>2:00</b>  <b>"GOLF" CARD GAME with Linda</b> Join Linda for a chance to try out a new, easy card game while enjoying good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room</p> <p><b>3:00</b> <b>Margarita Monday</b> Stop by and socialize before dinner. We have non alcoholic versions too! (Mocktails) Lobby</p> <p><b>3:00</b> <b>Bible Figure Lessons</b> Learn more in-depth &amp; apply to your daily life 3rd Floor Theater</p>	<p align="center"><b>28</b></p> <p align="center"><b>Medical Transport Day</b></p> <p><b>9:50</b> <b>OTAGO Better Balance Exercise Class</b> Exercise Class Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Pinochle</b> Stop in and play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Shuffleboard</b> Come get in on the fun! 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Friends &amp; Faith with Joe</b> "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation &amp; prayer. 2nd Floor Chapel</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Just roll with it... Fun dice game for all! 2nd Floor Craft Room</p>	<p align="center"><b>29</b></p> <p><b>9:00</b> <b>Dollar Store</b> Shop with us for about an hour Sign up at the front desk</p> <p><b>9:45</b> <b>Stronger Sr Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> seated to standing exercise 3rd Floor Theater</p> <p><b>12:30</b> <b>Scenic Drive 1hr</b> Join us for a tour around our area Sign up in the Lobby</p> <p><b>1:00</b> <b>Practice Pinochle</b> Revisit or learn this game 3rd Floor Billiard Room</p> <p><b>6:00</b> <b>Movie Night</b> Check your flyer for movie info If you have any movie sugges- tions, please use the list we have in the "sign up book" at the front desk. We'd love to hear more requests. 3rd Floor Theater Room</p>	<p align="center"><b>30</b></p> <p><b>Shopping 8:30-10:00</b> Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride</p> <p><b>9:45</b> <b>OTAGO Better Balance</b> Strength &amp; balance exercises Large Dining Room</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>Shopping 12:30</b> Fred Meyer 1hr Trip Sign up in the Lobby to ride</p> <p><b>1:00</b> <b>Pinochle</b> Stop by and see about playing 3rd Floor Billiard Room</p> <p><b>1:30</b> <b>Praise Time</b> A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel</p> <p><b>2:00</b> <b>Soda Shop Social Root Beer Floats</b> Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room</p> <p><b>3:00</b> <b>BUNCO Dice Game</b> Fun dice game for all! Easy peasy. Just roll the dice and if we are on 1's we try to get as many #1 as we can. The first to add points to 21 wins CANDY!! Then we roll for #2's and so on. SEE YOU THERE!! 2nd Floor Craft Room</p>	<p align="center"><b>31</b></p> <p><b>9:45</b> <b>Stronger Seniors Exercises</b> Exercises for <b>EVERYONE</b> Gentle moves, BIG benefits Take that first step with us Large Dining Room</p> <p><b>10:00-11:00</b> <b>Musical Memories</b> Listen to songs you haven't heard in forever... Request songs or just sit back and reminisce. Lobby</p> <p><b>10:00</b> <b>Seated Yoga Level 1</b> Seated strengthening &amp; maintenance exercises 3rd Floor Theater Room</p> <p><b>10:30</b> <b>Yoga Level 2</b> Alternating from sitting to standing balance exercise 3rd Floor Theater</p> <p><b>1:00</b> <b>Volunteer Project</b> Simple blankets to donate See how you can get involved 2nd Floor Craft Room</p> <p><b>1:00</b> <b>Pinochle</b> 3rd Floor Billiard Room</p> <p><b>2:00</b> <b>Candy Bingo</b> Enjoy all regular BINGO games with mini candy bar prizes 3 winners per game! Large Dining Room</p>	<p align="center"><b>1</b></p> <p><b>9:00</b> <b>Perplexing Puzzlement</b> Grab your puzzle packet from the Front Desk &amp; enjoy</p> <p><b>9:45</b> <b>Mindful Movement With Makaila</b> Follow along with these slow &amp; purposeful morning stretches 3rd Floor Theater Room</p> <p><b>1:00</b> <b>Pinochle</b> Meet up to play! 3rd Floor Billiard Room</p> <p><b>1:00</b> <b>Movie Matinee</b> Check your daily flyer for more detailed movie information 3rd Floor Theater Room</p> <p><b>2:00</b> <b>Candy *KENO*</b> Easy peasy game... Pick your 5 #'s candy bar prize if your #'s are called Large Dining Room</p> <p><b>3:00</b> <b>New Resident Mix &amp; Mingle</b> This is an opportunity to introduce yourself, and get to know new people while enjoying refreshments. Lobby</p>