

July, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birds of the Amazon Videos will be on Wednesday, July 1st, 15th, and 29 th @ 9am			1 9:00 Birds of the Amazon – YouTube Video 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping - OOF 4:00 Noodle Ball	2 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Brain Exercise 1:00 Cat Cuddling - OOF 3:30 Social Hour/Family Feud	3 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Brain Exercise 1:00 CPHM – OOF Happy 250 th Birthday America 4:00 Noodle Ball	4 Independence Day 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Ocean Park 4th of July Parade – Our Bus will be in it Sign-up in the Activity Room to participate.
	5 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	6 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	7 World Chocolate Day 9:00 Pet Therapy – Bella 10:00 Chair Tai Chi-Michelle 11:00 Story Time 1:00 Pet Therapy – Ladybug 2:00 Men’s Club 3:30 Social Hour	8 8am Zoom Meeting 9:00 Church 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping - OOF 4:00 Noodle Ball	9 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Maritime Museum 1:00 Toy Story 5 – OOF 2:00 Men’s Club 3:30 Social Hour	10 Jane Birthday 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Farmer’s Market and Lunch @ Veteran’s Field-OOF 3:00 Manager Meeting 4:00 Noodle Ball
	12 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	13 10:00 SAIL Exercise 11:00 Activity Packets 1:00 FREE Movie-Neptune 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	14 9:00 Pet Therapy – Bella 10:00 Chair Tai Chi-Michelle 11:00 Story Time 1:00 Coloring/Fellowship 2:00 Men’s Club 3:30 Social Hour	15 9:00 Birds of the Amazon – YouTube Video 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping - OOF 4:00 Noodle Ball	16 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Brain Exercise 1:00 Story Time 3:30 Social Hour/Family Feud	17 Joanne Birthday 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Brain Exercise 12:00 Farmer’s Market – OOF 4:00 Noodle Ball
	19 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	20 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	21 Mental Health Course 10:00 Chair Tai Chi-Michelle 11:00 Ken Emo – Classical James Tweedie – Poetry 2:00 Men’s Club 2:30 Sing Along w/Celsa (Social Hour too) 4:00 All Staff Meeting/BBQ	22 9:00 Church 10:00 SAIL Exercise 11:00 BINGO w/Angie 1:00 Shopping - OOF 4:00 Noodle Ball	23 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Music w/Lena 1:00 Pet Therapy – Ladybug 2:00 Men’s Club 3:30 Social Hour/Family Feud	24 8:00 42 nd Street Café – OOF 10:00 Chair Exercise 11:00 Story Time 1:00 Mobile Library 3:00 Ice Cream Social 4:00 Noodle Ball
	26 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	27 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	28 9:00 Pet Therapy – Bella 10:00 Chair Tai Chi-Michelle 11:00 Story Time 1:00 Resident Council - OD 2:00 Men’s Club 3:00 Paint & Sip	29 9:00 Birds of the Amazon – YouTube Video 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping - OOF 4:00 Noodle Ball	30 Celia Birthday 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Brain Exercise 1:00 Story Time 3:30 Social Hour/Family Feud	31 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Brain Exercise 12:00 Farmer’s Market – OOF 4:00 Noodle Ball
Please see bulletin board for a posted copy of the PSAC Calendar of Activities		Medical Transport 9-11am Tuesdays		Medical Transport 9-11am Thursdays	CPHM = Columbia Pacific Heritage Museum Ilwaco PSAC = Peninsula Senior Activity Center	C = Courtyard DR = Dining Room LR = Living Room OF = Out Front OD = Overflow Dining Room OOF = Out of Facility

*Activities subject to change. Please check the bulletin boards for any changes.