

| Sunday                                                                                                                                       | Monday                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                       | Wednesday                                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                                | Friday                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                          |
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|                                                             |                                                                                                                                                                                                    |                                                                                                                                                                                                                               | 9:15 Morning Mug Club- P 1<br>10:00 St. Gen's Service- N<br>1:30 Nondenominational Virtual Service- E<br>2:30 Walking Club-P<br>3:30 Happy Hour with Phil Kitz- P                                                                                                           | 9:15 Morning Mug Club- P 2<br>10:15 Chair Exercise with Standing Balance- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>1:45 Rosary- N<br>2:15 Bomb Pop Social and American Trivia- P<br>3:30 Bingo- N                            | 9:15 Morning Mug Club- P 3<br>10:15 Patriotic Music Exercise- S<br>10:45 Daily Chronicle- S<br>10:00 Shopping at Kohl's and lunch at Don Julio's<br>11:15 Manicures- N<br>2:00 Craft: Patriotic Headbands- S<br>3:30 Patriotic Happy Hour with Amy & Adams- P<br>RED WHITE AND BLUE DRESS-UP DAY | 9:15 Morning Mug Club- P 4<br>9:30 Exercise- S<br>1:00 Popcorn in the pub!<br>1:30 Movie: Independence Day- E<br>2:00 Independent game time- P<br>RED WHITE AND BLUE DRESS-UP DAY |
| Weekly theme- America's 250 <sup>th</sup> Birthday                                                                                           |                                                                                                                                                                                                    |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                   |
| 9:15 Morning Mug Club- P 5<br>1:30 Movie: It's a Wonderful Life- E<br>2-2:30 Root Beer Floats- P<br>Floats will be delivered to the theater! | 8:30 Bus to Festival Foods 6<br>9:15 Morning Mug Club- P<br>10:15 Weighted Exercise- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Blackjack- P<br>3:30 Bingo- N                        | 9:15 Morning Mug Club- P 7<br>10:00 Blood Pressure Checks- S<br>10:15 Yoga- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Christmas Cookie and Hot Chocolate Social- P<br>3:30 Therapeutic Coloring- P             | 9:15 Morning Mug Club- P 8<br>10:00 St. Gen's Service- N<br>1:30 Nondenominational Virtual Service- E<br>2:00 Chef Talk- P<br>3:30 Happy Hour with Hal Skogquist- P                                                                                                         | 9:15 Morning Mug Club- P 9<br>10:15 Chair Exercise with Standing Balance- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>1:45 Rosary- N<br>2:15 Passport to Santa Claus, Indiana with peppermint ice cream sundaes<br>3:30 Bingo-N | 9:15 Morning Mug Club- P 10<br>10:15 Music Exercise- S<br>10:45 Daily Chronicle- S<br>10:00 Let's Go Fishing- Forest Lake (two-hour fishing trip)<br>11:15 Manicures- N<br>2:00 Craft: Blooming Bouquets- S<br>3:30 Christmas Happy Hour with Wyoming Wanderers- P<br>CHRISTMAS DRESS-UP DAY     | 9:15 Morning Mug Club- P 11<br>9:30 Exercise- S<br>1:00 Popcorn in the pub!<br>1:30 Movie: How the Grinch Stole Christmas- E<br>2:00 Independent game time- P                     |
| Weekly theme- Christmas in July                                                                                                              |                                                                                                                                                                                                    |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                   |
| 9:15 Morning Mug Club- P 12<br>1:30 Movie: The Sandlot- E<br>2-2:30 Root Beer Floats- P                                                      | 8:30 Bus to Target 13<br>9:15 Morning Mug Club- P<br>10:15 Weighted Exercise- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Blackjack- P<br>3:30 Bingo- N                               | 9:15 Morning Mug Club- P 14<br>10:00 Blood Pressure Checks- S<br>10:15 Tennis Racket Exercise- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Wine Tasting with Terese- P<br>3:30 Therapeutic Coloring- P           | 9:15 Morning Mug Club- P 15<br>10:00 St. Gen's Service- N<br>1:30 Nondenominational Service with New Life-E<br>2:30 Walking Club-P<br>3:30 National Hot Dog Day Happy Hour with Gary Growden!-P<br>5:15 to 7:30 Concert in the Park- Performer is MT Pockets & Loose Change | 9:15 Morning Mug Club- P 16<br>10:15 Chair Exercise with Standing Balance- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>1:45 Rosary- N<br>2:15 Snow Cones and Bean Bag Toss- Front Lawn<br>3:30 Bingo- N                         | 9:15 Morning Mug Club- P 17<br>9:00 Lyndale Farmers' Market/ Craft Fair and lunch outing<br>10:15 Music Exercise- S<br>10:45 Daily Chronicle- S<br>11:15 Manicures- N<br>2:00 Craft: Hawaiian Hair Piece-S<br>3:30 Happy Hour with Steve Rosa- P                                                 | 9:15 Morning Mug Club- P 18<br>9:30 Exercise- S<br>1:00 Popcorn in the pub!<br>1:30 Movie: National Lampoon's Vacation- E<br>2:00 Independent game time- P                        |
| Weekly theme- Summer Cookout                                                                                                                 |                                                                                                                                                                                                    |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                   |
| 9:15 Morning Mug Club- P 19<br>1:30 Movie: Blue Hawaii- E<br>2-2:30 Root Beer Floats- P<br>Floats will be delivered to the theater!          | 8:30 Bus to Walmart 20<br>9:15 Morning Mug Club- P<br>10:15 Weighted Exercise- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Blackjack- P<br>3:30 Bingo- N                              | 9:15 Morning Mug Club- P 21<br>10:00 Blood Pressure Checks- S<br>10:15 Yoga- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 All-Resident Meeting- N<br>3:30 Therapeutic Coloring- P                                 | 8:30 Bosco the dog here 22<br>9:15 Morning Mug Club- P<br>10:00 St. Gen's Service- N<br>1:30 Nondenominational Service with Faith Lutheran-E<br>2:30 Walking Club- P<br>3:30 Happy Hour with Patrick Allen- P                                                               | 9:15 Morning Mug Club- P 23<br>10:15 Chair Exercise with Standing Balance- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>1:45 Rosary- N<br>2:15 Beach Boys Karaoke and Pina Colada Snow Cones- P<br>3:30 Bingo- N                 | 9:15 Morning Mug Club- P 24<br>10:15 Hawaiian Luau Music Exercise- S<br>10:45 Daily Chronicle- S<br>11:15 Manicures- N<br>3:30 Hawaiian Luau Guest Happy Hour- P<br>HAWAIIAN LUAU DRESS-UP DAY                                                                                                   | 9:15 Morning Mug Club- P 25<br>9:30 Exercise- S<br>1:00 Popcorn in the pub!<br>1:30 Movie: 50 First Dates- E<br>2:00 Independent game time- P                                     |
| Weekly theme- Beach Luau                                                                                                                     |                                                                                                                                                                                                    |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                   |
| 9:15 Morning Mug Club-P 26<br>1:30 Movie: JAWS- E<br>2-2:30 Root Beer Floats-P<br>Floats will be delivered to the theater!                   | 9:00 Bus to Aldi 27<br>9:15 Morning Mug Club- P<br>10:15 Pool Noodle Exercise- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Blackjack- P<br>3:30 Bingo- N<br>4:30 Yellow Ribbon Dinner | 9:15 Morning Mug Club- P 28<br>10:00 Blood Pressure Checks- S<br>10:15 Pool Noodle Exercise- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>2:00 Discovery Channel Shark Week Viewing- E<br>3:30 Therapeutic Coloring- P | 9:15 Morning Mug Club- P 29<br>10:00 St. Gen's Service- N<br>1:30 Nondenominational Service Virtual Service- E<br>2:30 Walking Club- P<br>3:30 Happy Hour with Joe Aherns- P                                                                                                | 9:15 Morning Mug Club- P 30<br>10:15 Chair Exercise with Standing Balance- S<br>10:45 Trivia- S<br>11:00 Daily Chronicle- S<br>1:45 Rosary- N<br>2:30 Alan Anderson History Lecture- N<br>3:50 Bingo-N                                  | 9:15 Morning Mug Club- P 31<br>10:15 Music Exercise- S<br>10:45 Daily Chronicle- S<br>11:15 Manicures- N<br>11:30 Rustic Roots Winery and lunch outing<br>2:00 Craft: Beach Sand Pudding Cups- S<br>3:30 Shark Attack Happy Hour with Steve Cassavant- P<br>OCEAN THEME DRESS-UP DAY             |                                                                                              |
| Weekly theme- Discovery Shark Week                                                                                                           |                                                                                                                                                                                                    |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                   |

**Patriotic Headbands-**



**Plumeria Hairpieces-**



**Beach Sand Pudding Cups-**



**Blooming Bouquets-**

