

Happy Birthday

**Congratulations to Eliza
July Employee of the Month!**

Eliza was chosen because she goes above and beyond!

Eliza has lived in the DMV area for 6 years. She attended Gallaudet University, the first deaf college in the world. Eliza learned ASL at the age of 19. Eliza graduated with a masters in social work specializing in working with people who are hard of hearing.



Eliza has been part of the Waltonwood team for about nine months — or, as she likes to say, “as long as Desi has been pregnant.” Drawn to serving the senior population, she felt a special calling to work with residents living with dementia.

As someone who is hard of hearing, Eliza understands the importance of visual cues and brings that empathy into every interaction. A natural people person with endless patience, she quickly became a steady presence in memory care. When her manager went on maternity leave, Eliza stepped up to ensure residents continued to receive meaningful engagement and support. Eliza is especially excited as she counts down to her wedding this October. When she’s not planning for her big day, she’s learning how to play

Lorcana, a Disney trading card game — perfect preparation for her upcoming honeymoon at Walt Disney World in Florida. At home, Eliza loves nothing more than cuddling with her mini dachshund, Luffy. She’s also a creative spirit who journals, writes poems, and composes songs. To unwind, she gravitates toward the beach, where she can enjoy peaceful sunsets. Her taste in music is as joyful as she is — she loves disco and musicals, especially Mamma Mia! She’s a big fan of ABBA and Elton John, whose upbeat energy matches her own.

Her dedication, empathy, and passion for serving others shine through every day, and we’re grateful to have her on our team.

**ASHBURN
CONNECT**

**Assisted Living
July 2026**



July

This year marks the United States **250th birthday**—the semiquincentennial of the Declaration of Independence signed on July 4, 1776. This milestone is being celebrated nationwide and here at Waltonwood as well. The culinary department will be hosting a celebratory dinner on July 2nd. July 3rd brings a day of patriotic festivities that include singalongs, concerts and more.

We kicked off our company-wide Waltonwood “Clear the Shelter” pet campaign which will continue into August culminating on Camp Waltonwood day. Stay tuned for more exciting programs to help this worthy cause!

July is also when residents and staff will begin preparing for our annual Camp Waltonwood which will be held on August 15th from 10am-1pm. This year’s theme is “Roar and Explore” where folks can create heartwarming camp memories at Ashburn! You and your grandchild(ren) are invited to join us for games, food, crafts, and more! So much fabulous fun to be had in July! I hope to see you all in the AL neighborhood!



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**COMMUNITY
MANAGEMENT**

Christopher Leinauer
Executive Director

Audrey Wilson
Business Office Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Maintenance Manager

Tracy Philemon
Independent Living Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Jocelyn Jackson
IL Life Enrichment Manager

Brandy Alexander
AL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

Birthdays:

- Margaret C. 7/1
- Sam M. 7/7
- Joan J. 7/10
- Robin B. 7/20



WaltonwoodAshburn

Life at Waltonwood Ashburn is filled with laughter, lasting connections, and meaningful moments between residents and our team.

Scan the QR code to follow along on Facebook and see what makes our community so special.



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

May HIGHLIGHTS



TRANSPORTATION INFORMATION

If you would like to book Monday or Wednesday transportation, please see front desk concierge for a Transportation Request Form. Prior notice of 2 business days is needed. We also offer drop off services on Sunday to specific church's and local retail stores. To sign up or for more information regarding Sunday transportation please contact: **Jocelyn Jackson: 1-571-918-4854 or via email: Jocelyn.Jackson@singhmail.com**

Here's where we're headed this month!

7/14: Donuts at Dunkin' 11 a.m. (no money needed)

7/21: Scenic Ride 11 a.m.

7/28 Harris Teeter grocery store (sign up no later than 6/23, residents will need to be able to self-pay for their items!)

***For shopping and restaurant outings residents must be able to navigate personal needs, shopping and purchases, providing their own method of payment.**

Upcoming in July (See calendar for more details)

Bob Clark Concert

4th of July celebrations

Art with Juliet

Lee Jones Concert

Gorgeous Grandma

Monday Music Concert Series

We are encouraging residents to participate in a company-sponsored program called **Adventure by Waltonwood**. At Waltonwood we pride ourselves on providing residents with exceptional life experience. The purpose of this program is to encourage residents to pursue their life's desires and ambitions. Adventures can be as big or small as you would like--the possibilities are endless! Residents can nominate themselves for an adventure, or be nominated by a family member, staff or other residents. If you have any questions, want to submit an adventure request, or would like more information about our program please reach out to Brandy Alexander, Life Enrichment Manager.



Proper Preparation

Summer is the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, "How's the weather?" While knowing the temperature is a good start looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.

EXECUTIVE DIRECTOR CORNER

Summertime is here! We're hosting a fun filled Father's Day the week of June 21st. Festive Independence Day activities will take place the week of July 4th. We finish summer with "Camp Waltonwood" on August 15th. This event is intended for the children, grandchildren and great grandchildren of both residents, family members and staff. More details regarding this event will be forthcoming. Please enjoy these summertime events and remember to stay safe in the summer heat by seeking shade when necessary and by drinking plenty of water to stay hydrated.

