



RESIDENT BIRTHDAYS

- 7/3: Mrya Bloom
- 7/9: Nancy Mitchell
- 7/9: Tom Phillips
- 7/10: Maryann Johansen
- 7/10: Bernie McGough
- 7/12: Patricia McIntyre
- 7/12: Martha Sayre
- 7/16: Patti Ferriero
- 7/17: Don Thaler
- 7/19: Tom Baur
- 7/20: Susan Stevens
- 7/21 Mary Lou Hewlett
- 7/21: Susan Luster
- 7/24: Rita Brighton
- 7/26: Dolly Rowe
- 7/28: Mary Ann Blake



News Tidbits:

CAMP WALTONWOOD: Our annual Camp Waltonwood is approaching quickly. Our theme this year is Roar and Explore. This one day dinosaur filled event, on August 15th from 10am-1pm includes games, crafts, animals, a museum, laboratory and lunch. The event is open to residents, family and staff children, grand children and great grandchildren between the ages of 4-12. Please fill out a form located on the Sign-up table and RSVP to Jocelyn by August 7th if you would like to attend this fabulous event. We need to know how many kids are coming as we have many goodies for them.

Before the event, we need your help creating the Jurassic era to spruce up our community. Please let me know if you would like to help us decorate for the event.

COMMUNITY COMMUNICATION

- 7/1 Brewed in the USA Café
- 7/1 Vocal Concert with Ron Howard
- 7/2 Walking Club with Indri (NEW)
- 7/2 Mosby's Civil War Pres. with Jim A
- 7/2 America's 250th Indepen. Dinner
- 7/3 Patriotic Sing Along with Leah
- 7/3 Star Spangled Happy Hour
- 7/4 Stars & Stripes Social
- 7/6 Blue Ridge Thunder Cloggers Patriotic Dance Show
- 7/6 America 250th Birthday Social
- 7/7 250th American Community Quilt
- 7/7 Piano Concert with Matthew Melvin
- 7/8 Teddy Bear Picnic hosted by the Bear Ladies (RSVP)
- 7/8 Vocal Piano Concert with Yvonne J
- 7/9 Middle East Presentation with Jimmy
- 7/13 St Teresa Benedicta of the Cross Presentation with Jose
- 7/13 Dog Days of Summer Social & Pics
- 7/14 Lunch & Learn with Dana: Thrombophlebitis (RSVP)
- 7/14 La Fete Nationale Soiree

- 7/15 Art Class with Juliet Gilden
- 7/15 Vocal Guitar Concert with Rebecca
- 7/20 Biometrics Presentation with Daniela Sileo
- 7/20 Vocal Concert with Cooper Burns
- 7/21 Short Film Viewing & Discussion
- 7/21 Piano Bar with Hunter O'Neill
- 7/22 Cousins Maine Lobster Food Truck
- 7/22 Delilah Presentation with Juliet G
- 7/22 Vocal Concert with the Old Dominion Chorus
- 7/23 Gorgeous Grandma Dessert Bar & Champagne (RSVP)
- 7/23 Mayan Civilization Presentation with Jose
- 7/27 Paws & Claws for a Cause Brunch (RSVP)
- 7/27 Southern Campaign Revolutionary War Presentation with Blane A
- 7/28 Ducktona Race
- 7/28 BYOB Bash
- 7/29 History Alive Show: Julia Child
- 7/29 Vocal Harp Concert with Kristen J



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

ASHBURN CONNECT

JULY 2026



SINGH

44141 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571 918-4854
 Facebook: WaltonwoodAshburn



UPCOMING EVENT HIGHLIGHTS

The month of July was named after the Roman general, Julius Caesar to celebrate the month he was born. Being that July is one of the warmest months during the summer, it also begins the Dog Days. Please take a moment to enjoy the water lilies and larkspurs. During the month of July we celebrate our Nation's 250th birthday with some very special events. The Teddy Bear Picnic was such a success last year that the Bear Ladies are hosting it again. We are continuing our Clear the Shelters campaign. Help us by donating supplies or giving a monetary donation to help pets of all kinds find furever homes, especially senior pets. You and your furbaby are invited to come to our Dog Days of Summer Social. Come get a special photo memento taken with your best friend. Pets will even receive a scrumptious treat. The Ducktona Race is back. Select your duck and see if it crosses the finish line first and win the golden prize. Our favorite food truck, Cousins Maine Lobster is back. We are honoring our gorgeous grandma's with a dessert bar and champagne. There are so many fun summer activities to participate in and out of the community. We've even added some new activities that are sure to be big hits and bring a lot of joy. Life is good at Waltonwood.

COMMUNITY MANAGEMENT

- Christopher Leinauer
Executive Director
- Audrey Wilson
Business Office Manager
- Eduardo Villasmil
Culinary Services Manager
- Dwayne Johnson
Environmental Services Manager
- Tracy Philemon
Independent Living Manager
- Chelsea Gray
Marketing Manager
- Victor Ast
Marketing Manager
- Sharon Prior
Resident Care Manager
- Kesha Sampson
AL Wellness Coordinator
- Sheryl Warren-Graham
MC Wellness Coordinator
- Brandy Alexander
AL Life Enrichment Manager
- Jocelyn Jackson
IL Life Enrichment Manager
- Desiree Gilbert
MC Life Enrichment Manager

ASSOCIATE SPOTLIGHT

Congratulations to Eliza Pape for being selected Employee of the Month! Eliza was chosen because she goes above and beyond.

Eliza has lived in the DMV area for 6 years. She attended Gallaudet University, the first deaf college in the world. Eliza learned ASL at the age of 19. She graduated with a masters in social work specializing in working with people who are hard of hearing.

Eliza has been part of the Waltonwood team for about nine months — or, as she likes to say, “as long as Desi has been pregnant.” Drawn to serving the senior population, she felt a special calling to work with residents living with dementia. As someone who is hard of hearing, Eliza understands the importance of visual cues and brings that empathy into every interaction. Her dedication, empathy, and passion for serving others shine through every day, and we’re grateful to have her on our team.

A natural people person with endless patience, she quickly became a steady presence in memory care. When her manager went on maternity leave, Eliza stepped up to ensure residents continued to receive meaningful engagement and support.

Eliza is especially excited as she counts down to her wedding this October. When she’s not planning for her big day, she’s learning how to play Lorcana, a Disney trading card game — perfect preparation for her upcoming honeymoon at Walt Disney World in Florida. At home, Eliza loves nothing more than cuddling with her mini dachshund, Luffy. She’s also a creative spirit who journals, writes poems, and composes songs. To unwind, she gravitates toward the beach, where she can enjoy peaceful sunsets. Her taste in music is as joyful as she is — she loves disco and musicals, especially Mamma Mia! She’s a big fan of ABBA and Elton John, whose upbeat energy matches her own.



TRANSPORTATION INFORMATION

MEDICAL APPOINTMENTS

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00. Appointments must be made using the “Transportation Request Form” located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend.

TRIPS

Please sign up at the front desk if you are interested in participating in any of the below trips as seats are limited. Sometimes we are not able to accomodate residents at the last minute as there is a cost for some trips and they need to be planned in advance.

Saturdays: 9:30 Ashburn Farmer’s Market & 1:30 CVS, Giant, Harris Teeter, Lidl, Trader Joes & Whole Foods

Sundays: 9:30 St. David’s Episcopal, 10am St Theresa Catholic Church, 10:30 Christian Fellowship Non-Denominational & 1:30 CVS, Dollar Store, Target, Walmart & Wegmans

7/3 12:15pm Picnic at Pavilion Lake – \$10.00 – RSVP by 7/1

7/10 4:30pm Supper Club: Brasserie Royale – Cost for meal, taxes & tip – RSVP by 7/3

7/17 9am MD Trip: Brookside Gardens Butterfly Experience - \$16.00 – RSVP by 7/10

7/24 11am Lunch Bunch: My Home Thai – Cost for meal, taxes & tip – RSVP by 7/17

7/31 1:30pm Loudoun County Animal Services Donation & Tour Trip – FREE – RSVP by 7/24

JUNE HIGHLIGHTS



Under the boardwalk, out of the sun
Under the boardwalk, we'll be having some fun



FOREVER FIT: Proper Preparation

Summer’s the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, “What’s the weather?” While knowing the temperature is a good start, looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.

JULY SPECIAL EVENTS

7/1-7

America’s 250th Birthday Celebration

7/13

Dog Days of Summer Social & Pet Photos

7/23

Gorgeous Grandma Dessert & Champagne Party

7/29-30

Indonesian Tea & Coffee Café/History & Traditions Presentation



EXECUTIVE DIRECTOR CORNER

We celebrate America’s 250th birthday, Independence Day on the 4th of July. This is a time for fun and festive outdoor activities like parades, parties, barbeques and fireworks. We have many exciting 4th of July activities planned at Waltonwood Ashburn. As you enjoy Independence Day with family and friends, please be careful of your exposure to the summer heat. July is one of the hottest months of the year. Get out and enjoy the sunshine, however, be mindful that extended exposure to the summer heat can be dangerous. Choose cooler times of the day to be outside like mornings and evenings. Remember to stay hydrated and seek out shaded areas if necessary. Enjoy the summer months. Happy 4th of July and remember, please stay safe in the summer heat.

