



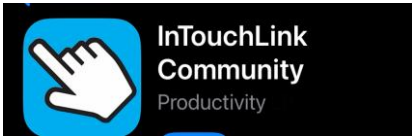
LIFE AT PROVIDENCE

BIRTHDAYS

- 9th Joanna B.
- 10th Mary Lou G.
- 11th Gail G.
- 16th Rita M.
- 30th Preston S.
- 5th Isaac H.
- 8th Henry V.
- 9th Myesha L.
- 10th Jackeline E.
- 16th Lacey N.
- 16th Katrena L.
- 18th Earl P.
- 22nd John Ficker
- 22nd Bethany D.
- 22nd Erin C.
- 22nd Jenifer O.
- 26th Davonna M.
- 26th Chevon P.
- 27th Franteisha S.
- 27th Zניה L.
- 28th Shalini D.
- 28th Madison K.
- 29th Darryl W.
- 29th Leah S.
- 31st Addison F.
- 31st Geornisha B.



Download the InTouchLink app today! Stay connected to Waltonwood from the comfort and convenience of your smart device. The code to connect is 113573.



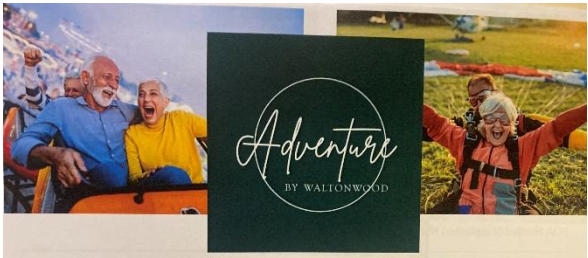
Do you have questions about how to download the app? Please see Blair, Life Enrichment Manager.



PROVIDENCE CONNECT

JULY 2026

July is a month filled with sunshine, celebrations and opportunities to connect with one another. This month, we celebrate Independence Day and the freedoms we enjoy, while also recognizing the value of service, kindness, and unity. Whether you are participating in our activity programs, spending time with friends and neighbors, we hope you find moments of joy and gratitude in the days ahead.



At Waltonwood, we pride ourselves in providing residents with exceptional life experiences. Adventure by Waltonwood is a company sponsored program encouraging Waltonwood residents to pursue their life's desire. Whether meeting their great grandchild for the first time, riding in a hot air balloon, hiking a national park, riding in a Corvette or reuniting with their best friend from college, Adventure by Waltonwood is available to support resident ambitions.

Contact Blair McCotter for more information.



SINGH

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Facebook: /WaltonwoodProvidence

MANAGEMENT

John Ficker
Executive Director

Jesus Roman
Culinary Manager

Matt Swaney
Marketing Manager

Cara Nirenberg
Marketing Manager

Blair McCotter
Life Enrichment Manager

Brittany Hardy
Wellness Coordinator

Issac Harris
Environmental Service Manager

Erin Cotton
Special Care Coordinator

Tina Jones
Resident Care Coordinator



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

Associate of the Month

Congratulations to Lisa, our team member of the month! Fun facts about Lisa, she loves butterflies and all the things pasta. She also loves contemporary jazz music. Her favorite thing about working at Waltonwood Providence is taking care of her residents. She has been with us for 10 years. Her hobbies are reading and listenng to jazz. She dreams of going to Florida and securing a house for 15 so her whole family can be together.

Thank you Lisa, we love you!



JUNE HIGHLIGHTS

05th **21**
Cookout and Father’s
Car Show Day



27
Camp
Waltonwood



July Entertainers

- 3rd Music w/ Carol Kelly
- 8th Piano w/ David Shoff
- 10th Piano w/ Patrick Hudson
- 13th Music w/ Giovanni
- 15th Piano w/ Ethan Usalan
- 20th Music w/ Brian McCarn
- 22nd Music w/ John Lewis
- 24th Music w/ Jim Ruth

Alzheimer’s and Brain Awareness Month

June is Alzheimer’s and Brain Awareness Month, an annual observance raising awareness on Alzheimer’s disease and other dementias. For years the Waltonwood family has partnered with the Alzheimer’s Association to support the mission of a world without Alzheimer’s and other dementias. While there still may not be a cure, taking proactive steps and developing healthy lifestyle habits have been shown to slow the onset of the disease and delay its debilitating effects. Much like heart heath, cognitive health can benefit greatly from increasing physical activity and exercise, eating a well-balanced nutrient rich diet and effectively managing stress. It’s never too early or too late to start taking better care of ourselves and small changes today can help lead to healthy years to come.

TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. We will continue our activities outings on Fridays. Sign up at the table across from the Concierge desk.

JULY OUTINGS

- | | | | | |
|-----------|---------------------|-------------------|--------------|------------------------|
| 03 | 10 | 17 | 24 | 31st |
| The Salty | Nascar Hall of Fame | Harriet’s Burgers | Dollar Store | Picnic at the Overlook |



JULY SPECIAL EVENTS

- | | |
|------------------------------------|----------------------------------|
| 03
Fourth of July Social | 08
Coca Cola Day |
| 16
Cherry Day | 23
Gorgeous Gradma Day |



Its summertime in the south and it is hot! We just completed our annual Camp Waltonwood and I think everyone had a great time. John Lewis was a hit as always and the exotic animals really held a captive audience. There's even a picture with a parrot on my head. I'm a big Jimmy Buffet fan but this gave new meaning to being a parrot head. We are looking forward to celebrating the 4th of July. On the 3rd we will be having picnic food with burgers, hot dogs, and fried chicken. Yes, there will be watermelon and pie. No fireworks here but there are several local venues that will shoot off fireworks. If you go outside and are up late enough there may be some fun in the sky. As we enter July, I encourage all to take precautions with the heat. We have a hydration station at every entrance desk and please keep some waters in your fridge. If you want to go outside, I encourage to go in the AM. After noon its just too hot. Remember if your thirsty- drink water and if you're not thirsty – drink water.

Its two months of hot so just go a little slower. Football season and cooler weather will be here before you know it.

John