



COMMUNITY COMMUNICATION

STAY CONNECTED

We have an exciting app available for residents and families! The Waltonwood app is called “InTouchLink TV” and can be downloaded from the Apple app store or Android Google play. This app showcases our fun activity schedule and community photos. If you have any questions, please ask Shantel in Life Enrichment. We can’t wait to connect with you!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it, too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

CARY PARKWAY
CONNECT



JULY 2026

760 SE Cary Parkway, Cary, NC 27511
www.waltonwood.com | 919-460-7330
Facebook: /WaltonwoodCaryParkway

ASSISTED LIVING



BOLD STRIPES, BRIGHT STARS, BRAVE HEARTS

Hello July! We’re kicking off the month with Independence Day. We’ll be celebrating America’s 250th Anniversary! Please join us on July 3rd at 1:30pm in the IL 2nd Floor Hallway for our Patriotic Parade! Show off your red, white, and blue as you walk in the parade or cheer us on from the audience! We hope to see you there to celebrate.

Next stop is Japan! Join us on July 7th at 2pm in the AL Café as we learn about the Japanese culture. Rebecca Godfrey will host a special presentation about this interesting country.

Lights, camera, action! Get ready for the red carpet for our 6th annual Gorgeous Grandma event. Please join us on July 23rd at 1:30pm in the IL Dining Room for ‘Waltonwood’s Met Gala’. Join us for delicious desserts in your avant-garde accessories!

Lastly, grab your grass skirt and get ready for our luau! Join us for the Waltonwood Rambler’s Luau performance on July 28th at 3pm in the IL Café. We look forward to seeing you for all the fun as we dive into summer!

COMMUNITY
MANAGEMENT

- Noreen Mohit
Executive Director
- Tina Forsythe
Business Office Manager
- Aylin Altintop
IL Life Enrichment Manager
- Shantel Carr
AL Life Enrichment Manager
- Ashleigh Wood
MC Life Enrichment Manager
- Dionna Daniels
Independent Living Manager
- Harry Castro
Environmental Service Manager
- Doug Thurston
Marketing Manager
- Shay Barnett
Marketing Manager
- Kristen Gallaro
Move-In Coordinator
- Victoria Wheeler
Assisted Living Coordinator
- Stacy McNeill
Memory Care Coordinator

CONGRATS AYLIN

Congratulations to Aylin Altintop, our new Independent Living Life Enrichment Manager! Aylin has done amazing work over the past 3 years as the Life Enrichment Assistant. We are pleased to welcome her to the management team. Aylin has made a terrific impact on our residents, programming, and Life Enrichment team. Aylin has a finance degree from App State and worked as a retail bank manager for many years. When Aylin’s not at work she enjoys stand up paddle boarding, reading, and spending time with her 2 daughters. Fun fact about Aylin; she is originally from Istanbul, Turkey, and moved to the States when she was 10 years old! We are excited for her promotion!



JUNE HIGHLIGHTS

16

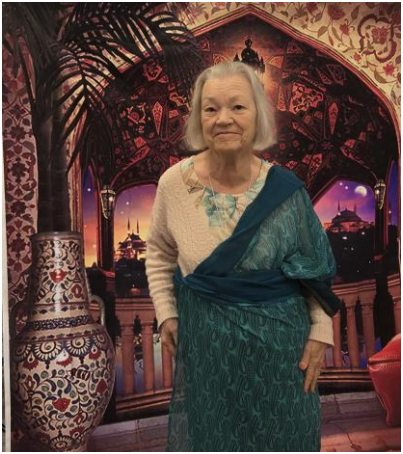
Father’s Day
Photoshoot

Residents enjoyed a fun photoshoot to celebrate Father’s Day!

23

India Country
Showcase

Residents enjoyed a cultural presentation all about India!



24

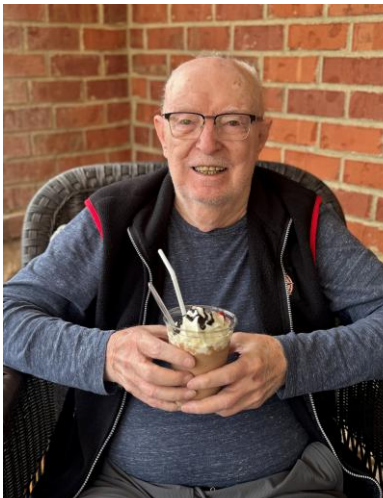
Milkshake Social

Residents cooled down with refreshing milkshakes in the courtyard!

26

Happy Hour Social

Residents enjoyed homemade refreshments and live music at our Happy Hour Social!



FOREVER FIT:

Summer’s the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, “What’s the weather?” While knowing the temperature is a good start looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.

Chris G., Senior Forever Fit Manager

TRANSPORTATION INFORMATION

The Life Enrichment Team have been busy orchestrating the Monday outings. On the calendar for *June* was PetSmart, Goodberry’s, City Barbeque, Bass Lake, Farmer’s Market Restaurant and Scenic Rides! Some of the outings were for fun, and some educational, but all were worth it to see the glow on the residents’ faces. Many residents have appreciated our outings, whether it’s something they wanted to try again, try for the first time or “just to get out and about.” We will keep the momentum going for *July* as we enjoy more fun trips!

- Upcoming planned trips:
- Cary Movie Theater
 - Learning Experience Daycare
 - Cary Quilt Company
 - Peak City Diner
 - PetSmart
 - Peach Cobbler Factory



JULY SPECIAL EVENTS

3

Patriotic Parade

Get your red, white, & blue ready as we celebrate Independence Day!

21

Junk Food Social

Join us to try delicious junk foods and learn about their history!

7

Japanese Taste & Learn

Join us to learn about the history & try themed cuisine!

23

Waltonwood’s Met Gala

Join us in your avant-garde accessories to celebrate National Gorgeous Grandma Day!



EXECUTIVE DIRECTOR CORNER

Welcome July! This month we welcome patriotic celebrations, cookouts with friends, and summer vacations!

Seasonal Tip: Independence Day is fast approaching! Grilling and fourth of July go hand in hand. Get your sparklers, fireworks, and grills ready for summer fun. Always be cautious when igniting any fireworks or grills and remember to have water close by. Enjoy celebrating all month long!

Thank you,
Noreen Mohit