

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

Mountain View Building

<p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>9:00 Kroger/Kings Booster Clinic-L 1:00 Wii Bowling Game (E)AR 1:30 Kohl's Shopping Outing (O)L 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>9:00 Walmart & Sprouts (O)L 9:30 Walmart & Sprouts (O)L 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p>	<p>9:30 Seated Cardio Exercise (E)AR 1 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR</p> <p style="text-align: center;">Canada Day</p>	<p>9:30 Weights Exercise (E)AR 2 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>9:30 Seated Cardio Exercise (E)AR 3 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 The Backyard Eatery (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Mountain Man Nuts (V)L 2:00 Heartlanders Group (M)TSAR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>9:30 Coffee & Donuts (S)AR 4 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR</p> <p style="text-align: center;">Independence Day (U.S.)</p>
<p>8:30 Catholic Mass (R)CH2 5 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>9:00 Kroger/Kings Booster Clinic-L 6 1:00 Wii Bowling Game (E)AR 1:30 Kohl's Shopping Outing (O)L 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>9:00 Walmart & Sprouts (O)L 7 9:30 Walmart & Sprouts (O)L 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p>	<p>9:30 Seated Cardio Exercise (E)AR 8 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 The Bone Wars of Wyoming's Wild, Wild West (P)AR 6:30 Hand & Foot Card Game(S/C)AR</p>	<p>9:30 Weights Exercise (E)AR 9 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>OnSite Dermatology 10 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Longhorn Steakhouse (O)L 1:00 Onsite Hearing Clinic (V)TS Lib 1:00 Pamper & Connect with Stacy From Mary Kay (V)AR 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>9:30 Coffee & Donuts (S)AR 11 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR</p>
<p>8:30 Catholic Mass (R)CH2 12 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>9:30 EPM Blood Pressure Clinic (V)AR 13 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:45 Meditation (C)T 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>9:00 King Soopers/Safeway (O)L 14 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 CH Book Mobile Library (V)P 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music(M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p> <p style="text-align: center;">Bastille Day</p>	<p>9:30 Seated Cardio Exercise (E)AR 15 10:00 REIKI Sessions in the Theater 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR</p>	<p>9:30 Weights Exercise (E)AR 16 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat Meeting (L)DR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p>	<p>9:30 Seated Cardio Exercise (E)AR 17 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 The Post Scenic Drive and Lunch 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>9:30 Coffee & Donuts (S)AR 18 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR</p>
<p>8:30 Catholic Mass (R)CH2 19 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>9:00 VNA Foot Care Clinic (V)TSAR 20 9:30 Advanced Foot Care Clinic-TSS 10:30 Resident Assembly (M)AR 1:00 Active Minds Presents Dinosaurs (P)AR 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>9:00 Target & Dollar Tree (O)L 21 9:30 Target & Dollar Tree (O)L 10:00 Thera Band Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p>	<p>9:30 Seated Cardio Exercise (E)AR 22 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR</p>	<p>9:00 Family Hearing Clinic (V)Lib 23 9:30 Weights Exercise (E)AR 10:30 The Solar System Facts (P)AR 11:30 Wii Games Exercise (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:00 Outdoor Concert (M)CY 6:30 Mexican Train Dominoes (S/C)</p>	<p>9:30 Seated Cardio Exercise (E)AR 24 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Blue Sky Bistro (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>9:30 Coffee & Donuts (S)AR 25 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR</p>
<p>8:30 Catholic Mass (R)CH2 26 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p>	<p>10:30 Town Hall (M)AR 27 2:00 Presentation of the Frontier Woman by Historic Denver Molly Brown House Museum (L) In the Activity Room 2:00 Bible Study (R)P 3:00 *LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p>	<p>9:00 King Soopers/Safeway (O)L 28 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands (E)AR 10:30 Weights Exercise (E)AR 1:00 Parkinson's Support (M/S)TST 1:00 Bridge Card Game (S/C)Pub 1:00 Scat Cards (S/C)AR 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice(P)T</p>	<p>9:30 Seated Cardio Exercise (E)AR 29 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 PRIZE Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR</p>	<p>9:30 Weights Exercise (E)AR 30 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)</p>	<p>9:00 Donation Station AR 31 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 11:00 Good Will and IHOP lunch (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>Key to Programs & Rooms</p> <p>(S) Social AR- Activity Room (O) Outing MV-Mountain View Building (E) Exercise Building (A) Art PL-Parlor (Lobby) (M) Music DR-Dining Room (R) Religious T-Theater(3rd floor) (C) Cognitive Lib-Library (L) Lecture L-Lobby (P) Presentation (V) Vendor-Service</p>