

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:15a Morning Headlines CE 9:30a Making/Baking Bread 10:30a SAIL Fitness FPE 10:30a Catholic Prayer Svc SS 11:00a Communion SS 11:00a Brain Games SCF 1:00p Musical Movement FPE 2:00p Pinbo FSI 3:00p I-Spy SCF 3:00p Scenic Bus Ride LL 6:15p TV Time Canada Day	2 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Molly & Friends 3:00p Colonial Spirit in July 6:15p TV Time	3 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night	4 Happy 4th of July 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Reminisce with Me FSI 4 th of July Stories 11:00a Brain Games SCF 1:00p Yoga/Stretching FPE Celebrating Our 21st Year 4th of July Event starting at 3:00pm American Legion Band, BBQ, Live Music/Front of Building 6:15p Evening Movie Independence Day (U.S.)
5 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Memory Match SCF 3:00p Bingo SCF 6:15p Movie Night	6 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:15p America 250 Crafts AE 3:00p Balloon Games FPE 6:15p Movie Night	7 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p America 250 Crafts AE 3:00p Word Search SCF 6:15p TV Time	8 9:15a Morning Headlines CE 9:30a Aromatherapy 10:30a SAIL Fitness FPE 10:30a Catholic Prayer Svc SS 11:00a Communion SS 11:00a Brain Games SCF 1:30p Musical Movement FPE 2:00p Ball Challenge FSI 3:00p I-Spy SCF 3:00p Scenic Bus Ride LL 6:15p TV Time	9 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Molly & Friends 3:00p America 250 Crafts AE 6:15p TV Time	10 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Marty J Wine Social 6:15p Movie Night	11 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Exploring Color Through Sensory AE 11:00a Brain Games SCF 1:00p Harmonycare Presentation 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p America 250 Crafts AE 3:00p Word Puzzles CE 3:00p Scenic Bus Ride LL 6:15p Evening Movie
12 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Memory Match SCF 3:00p Bingo SCF 6:15p Movie Night	13 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:15p America 250 Crafts AE 3:00p Balloon Games FPE 6:15p Movie Night	14 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p Scrapbook Pages AE 3:15p Patty Mannie Historian 6:15p TV Time Bastille Day	15 9:15a Morning Headlines CE 9:30a Making/Baking Bread 10:30a SAIL Fitness FPE 10:30a Catholic Prayer Svc SS 11:00a Communion SS 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:00p Table Hockey FSI 3:00p I-Spy SCF 3:00p Scenic Bus Ride LL 6:15p TV Time	16 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Molly & Friends 3:00p Cards & Puzzles SCF 6:15p TV Time	17 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 1:00p Doug Deems Music FSI 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night	18 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Reminisce with Me FSI 11:00a Brain Games SCF 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Scrapbook Pages AE 3:00p Word Puzzles CE 3:00p Scenic Bus Ride LL 6:15p Evening Movie
19 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Memory Match SCF 3:00p Bingo SCF 6:15p Movie Night	20 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Musical Movement FPE 2:00p Songbirds FSI 3:00p Balloon Games FPE 6:15p Movie Night	21 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p Craft Hour AE 3:00p Word Search SCF 6:15p TV Time	22 9:15a Morning Headlines CE 9:30a Aromatherapy 10:00a Cheryl Z. Music FSI 10:30a Catholic Prayer Svc SS 11:00a Communion SS 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:00p Hula Hoop Games FSI 3:00p I-Spy SCF 3:00p Scenic Bus Ride LL 6:15p TV Time	23 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Molly & Friends 3:00p Cards & Puzzles SCF 6:15p TV Time	24 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night	25 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Exploring Color Through Sensory AE 11:00a Brain Games SCF 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p America 250 Crafts AE 3:00p Word Puzzles CE 3:00p Scenic Bus Ride LL 6:15p Evening Movie
26 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Memory Match SCF 3:00p Bingo SCF 6:15p Movie Night	27 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Musical Movement FPE 2:00p Songbirds FSI 3:00p Balloon Games FPE 6:15p Movie Night	28 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p Scrapbook Pages AE 3:00p Word Search SCF 6:15p TV Time	29 9:15a Morning Headlines CE 9:30a Making/Baking Bread 10:30a SAIL Fitness FPE 10:30a Catholic Prayer Svc SS 11:00a Catholic Mass SS 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:00p Table Hockey FSI 3:00p I-Spy SCF 3:00p Scenic Bus Ride LL 6:15p TV Time	30 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Resident Birthday Party With David R Music FSI America 250 Craft AE 3:00p TV Time 6:15p	31 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night	Legend: SCF – Stimulate Cognitive Function CE – Continuing Education FPE – Fitness and Physical Engagement LL – Lifestyle and Leisure SS – Spiritual Support AE – Artistic Expression FSI – Foster Social Interaction