

Activity Updates and Upcoming Events

June is bringing a full calendar of engaging and enjoyable activities designed to celebrate the summer season and encourage connection, creativity, and fun among our residents.

We are especially excited for our Trishaw Rides, which offer residents a unique opportunity to enjoy fresh air and scenic views while sharing a memorable outdoor experience. Another highlight this month is our Ice Cream Social on the back patio, where residents can relax together, enjoy a sweet treat, and take in the beautiful weather.

Creative expression will also be a focus in June, with a variety of crafts and our Painting in the Park outing, giving residents the chance to explore their artistic side in a refreshing outdoor setting. Our Veterans Coffee and Conversation continues this month as well, providing a meaningful space for fellowship, reflection, and camaraderie among those who have served.

Residents can also look forward to a relaxing Patio Picnic, a fun and refreshing Fishing Trip, and a wide range of entertainment and group games scheduled throughout the month. These activities are designed to promote social engagement, laughter, and plenty of opportunities to spend time with friends and neighbors.

Alzheimer's Association Fundraiser

On June 19th from 11:00 a.m. to 3:00 p.m., Bell Tower Residence will be hosting a Grill & Cookout Fundraiser in support of the Alzheimer's Association. For just \$5, guests can enjoy a cheeseburger, chips, a pickle, and a soda/water while coming together for a meaningful cause. This event is dedicated to raising awareness and support for those impacted by Alzheimer's disease, which touches so many families in our community and beyond. We are deeply passionate about supporting this mission and hope you will join us in making a difference while enjoying great food and fellowship.

Bell Tower Residence NEWSLETTER

 www.belltowerresidence.org

 715-536-5575

 info@belltowerresidence.com
or Find us on Facebook



Set on 12 beautifully landscaped acres with over 68,000 square feet of living and common spaces, Bell Tower is a friendly assisted living community where residents feel at home and live life well with purpose and dignity. We offer private apartments, religious services, activities, outings, delicious home-cooked meals and our caring and compassionate staff are always nearby to help.

For more information or to schedule a tour, please reach out to our Admissions Coordinator, Mikaela Plautz at mplautz@carriagehealthcare.com

A Newsletter for Residents and Friends,
about *Life* at Bell Tower

- June 2026 -

Bell Tower Residence

Celebrating June

3rd- World Bicycle
Day

5th- World
Environment Day

6th- Fishing Week
Begins

7th- National Garden
Week Begins

8th- World Oceans
Day

10th- Garden Gnome
Day

11th- Under Water
Adventures

13th- Dragon Fly
Day

14th- Flag Day

17th- Nursing
Assistance Day

18th- International
Picnic Day

21st- Father's Day

23rd- Hula Hoop
History Day

25th- Catfish Day

26th- Take your Dog
to Work Day

28th- Tapioca Day

29th- Tropical
Getaway Day

30th- Willy Wanka
Chocolate Factory
Anniversary

Embracing the Outdoors

As the warm summer weather arrives, we are excited for all the opportunities our residents have to enjoy the outdoors here at Bell Tower! Spending time outside offers so many wonderful benefits for both physical and emotional well-being. Whether it is taking a stroll on our walking paths, relaxing outside with friends and family, or simply sitting and admiring the beautiful flowers and sunshine, fresh air can truly brighten the day.

Being outdoors encourages movement and exercise, which can help improve strength, balance, and overall health. Even short walks can increase energy levels and support heart health. Sunshine also provides natural Vitamin D, which is important for healthy bones and can help improve mood.

One of the greatest benefits of summer is the opportunity to connect with nature. Listening to birds sing, feeling a warm breeze, and enjoying colorful flowers can create a sense of peace and relaxation. Spending time outdoors has been shown to reduce stress, improve sleep, and support mental wellness.

This summer, we encourage residents and families to take advantage of our outdoor spaces and walking paths. Families are always welcome to join their loved ones outside to enjoy the fresh air together. We are looking forward to a season full of sunshine, smiles, outdoor activities, and wonderful memories here at Bell Tower!

-Elizabeth Grubb



Staff Birthdays

3rd– Lynn E
8th– Allyson B
9th– Phyllis S
19th– Emily F
25th– Allison H
25th–Dax D
25th– Jennifer A
30th– Laural M

Staff Anniversaries

1 year– Seth M
1 year– Dax D
2 years– James T
2 years– Aleysa W
2 years– Tatiana A
3 years– Phyllis S
3 years– Martha C
4 years– Sabrina W
4 years– Somchith S
6 years– Allison H

Resident Birthdays

5th– Betty M
6th– S. Carol C
16th– Ruth R
18th– Judi O
19th– Janet F
24th– S. John Marie
30th– Wilhelm R

Resident Anniversaries

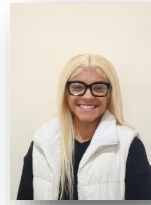
4 years– Arlene Y
7 years– Larry P
9 years– Marlene S



Welcome to Bell Tower



**Makenzie
Menge - PCW**



**Breyonna
Monson - PCW**



**Phyllis
Bauman - 1E**



**Norma
Hamus - 1W**

We are so glad you are here! Welcome to our Bell Tower Family! Bell Tower is still searching for Care Givers for all Shifts!

Our Bell Tower family would like to share a heartfelt farewell to our wonderful Chaplain, Phyllis Smoot, as she begins a new journey. We are incredibly grateful for everything she has done for Bell Tower and wish her nothing but happiness and success in her new adventures.

As we say goodbye to Phyllis, we are also excited to warmly welcome Jen as our new Chaplain. Please join us in wishing Phyllis well and giving Jen a warm Bell Tower welcome!

The Power of a Simple Embrace

Did you know that there is a hug holiday? June 29 is the official day, a day dedicated to showing love, reducing stress, and strengthening social bonds through hugs. It was created to promote the emotional and physical benefits of physical affection, especially for seniors and those in need of comfort. Why are hugs so important? They help reduce stress and anxiety, support immune health, can lower blood pressure and heart rate and they are free. Make sure to give and get hugs on the 29th!

“It is the month of June, the month of leaves and roses, when pleasant sights salute the eyes and pleasant scents the noses.” – Nathaniel Parker Willis

Holly B. DON

Employee of the Month

Congratulations to Nora Moonen on being selected to be Bell Towers Employee of the Month for May. This was well deserved, and we are glad to have you a part of our team!



Bell Tower Wish List:

- Roku TV for each neighborhood
- Sponsor a Zumba Class
- Sponsor a Birthday Cake
- Natural Color Nail Polish
- Sponsor Live Music
- Purchased Bingo Prizes
- Sensory Games
- Resident Social Hour Supplies
- Purchase Chocolate for Bingo
- Craft Kits
- 100 Pc Puzzles
- Puzzle Tables
- Board Games
- Craft Supplies

Amazon Wish List:

<https://a.co/0ipUkcHF>

Renovation and Project Updates

We are excited to share wonderful news regarding the continued growth and improvement of our Bell Tower community! Thanks to the incredible generosity and support of our residents, families, staff, and community supporters, the “Together We Preserve” Capital Campaign has successfully raised more than \$1.9 million to support important renovations and updates throughout our building.

With these generous contributions, several exciting improvements have already been completed. Recent updates include the installation of new adjustable lighting in the third-floor commons area, completed renovations to the 1 West and 2 East whirlpool rooms, and replacement of the third-floor fire doors to further enhance safety throughout our community.

Additional improvements are already underway. The fire doors in the 2 East dining area will be updated in the near future, while work on the lobby elevators is scheduled to begin in July or August of 2026. Plans for the lobby renovation are currently in the design stage, and we look forward to sharing more details as the project progresses. In addition, tuckpointing work to reinforce the exterior stonework of the building is anticipated to be completed later this year.

Our Memory Care neighborhoods will also continue to receive meaningful enhancements throughout 2026, including new kitchen cabinets, updated dining room furniture, new air conditioning units, and research into creating a new sensory area for residents to enjoy. Plans are also in place to install new kitchen cabinets throughout all first and second-floor neighborhoods in 2026.

These renovations represent our continued commitment to providing a safe, comfortable, and dignified environment for all who live and work at Bell Tower. We are deeply grateful to everyone whose generosity and support are helping make these improvements possible. Together, we are preserving and strengthening the place so many proudly call home

Joining the Monthly Mailing List

Are you interested in staying up to date with everything happening at Bell Tower? Join our monthly mailing list to receive the latest news, event updates, and special announcements! For more information or to sign up, please reach out to Allison Heckendorf at aheckendorf@carriagehealthcare.com, we’d love to keep you connected.

Belltowerresidence.org Call today to schedule a tour with our
(715)-536-5575 Admissions Coordinator