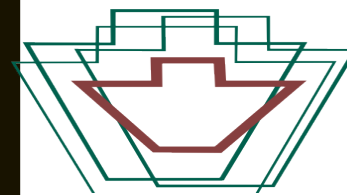





INTERIM MEMORY CARE JUNE 2026



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monthly Theme Vineyard Vibes</p> 	<p>1 9:30- Fitness Dice-FR-(P) 10:00- Communion w/Keith-T-(R) 10:30-Music Therapy w/ Rusty-Cottage-(MT) 12:30- Rosary-Theater-(R) 2pm- Table Top Roll Game-3A-(P) 3pm- Name that Tune-FR-(S) 5pm- Puzzle Time-FR-(T)</p>	<p>2 9:30- Topic Talks-FR-(E) 10:30- Immersive Interactive Exercise-3A-(P) 1pm- Adult Coloring-(T)-FR 2pm- Courtyard Conversation-(E) 3pm- Holistic Helpers Making Wine Glass Parfaits-(T) 4pm- Whistle While We Work-(T) 5pm- Relaxing Meditation and Pineapple Hand Massage-FR-(M)</p>	<p>3 9:30- Memory Game and Coffee-(C) 10:30-Meditation w/ Rob-3A 12:30- Rosary-T-(R) 1pm- Music Therapy w/ Sarah the Fiddler-(MT)-2A 2pm- Wii Bowling Cheerleaders-Theater-(S) 3pm- Pet Therapy w/ Abby in the Courtyard-(PT) 5pm- Bingo-(S)-2A</p>	<p>4 9:30- Concentration Puzzles-2A-(C) 10:00- African Drumming w/ Tara-IL Dining Room 1pm- Exercise w/ Rachel-T 2pm- Richie Mitnik Performs-3A 3pm- Mocktails & Popcorn Club-(S)-T 5pm- Talk and Toss-(E)-FR</p>	<p>5 9:30- Smile Club Meets-2A-(S) 10:30- Adaptive Boxing-3A-(P) 11:30- Outing for Lunch at Red Robin 12:30- Rosary- Theater-(R) 1pm- Easy Card Games-2A-(S) 2pm- Who What Where When-2A-(C) 3pm- Making Beaded Garden Stakes w/ Cottage-(T) 5pm- Peaceful Scenes and Massage-(MS)-FR</p>	<p>6 10:30- Bingo for Prizes-3A-(S) 12:30pm- Read Aloud-2A 2pm- Honky Tonk Piano Man-3A-(MT)</p>
<p>7 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S)</p>	<p>8 9:30- Fitness Dice-FR-(P) 10:00- Communion w/Keith-T-(R) 10:30-Music Therapy w/ Rusty-Cottage-(MT) 12:30- Rosary-Theater-(R) 1pm- Manicures-FR-(E) 2pm- Dave Colucci Performs-3A-(S) 3pm- Name that Tune-FR-(S) 5pm- Puzzle Time-FR-(T)</p>	<p>9 9:30- Topic Talks-FR-(E) 10:30- Planting Herbs and Flowers in the Courtyard-(T) 1pm- Adult Coloring-(T)-FR 2pm- Mike and Dan Performs-3A-(S) 3pm- Holistic Helpers Making-Chacueterie Cups Cottage-(T) 4pm- Whistle While We Work-(T) 5pm- Relaxing Meditation and Mango Hand Massage-FR-(M)</p>	<p>10 9:30- Memory Game and Coffee-(C) 10:30- Spring Sticker Pots w/ Cottage and Planting-(T) 12:30- Rosary-T-(R) 1pm- Wii Bowling Cheerleaders-Theater-(S) 2pm- Hip Hop Chair Dance w/ Rondae-3A-(P) 3pm- Pet Therapy w/ Abby in the Courtyad-(PT) 5pm- Bingo-(S)-2A</p>	<p>11 9:30- Concentration Puzzles-2A-(C) 10:30- Shooting Hoops in the Gym 11:30- Monthly Birthday Luncheon-Pub for those with June Bdays 1pm- Exercise w/ Rachel-T 2pm- Steve the Duo Performs-3A 3pm- Mocktails & Popcorn Club-(S)-T 5pm- Talk and Toss-(E)-FR</p>	<p>12 9:30- Smile Club Meets-3A-(S) 10:00- Artsong w/ Amy-(AT) 12:30- Rosary- Theater-(R) 2pm-Easy Card Games-(S) 3pm-Funniest Home Videos-(E) 5pm- Peaceful Scenes and Massage-(MS)-FR</p>	<p>13 9:30- Coffee Chat-2A 10:30 Dime Bingo-3A 1pm- Card Game for Prizes 2pm- Joanne and Donna Lee Performs-3A</p>
<p>14 Flag Day 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S)</p>	<p>15 9:30- Fitness Dice-FR-(P) 10:00- Communion w/ Keith Theater-(R) 10:30-Music Therapy w/ Rusty-Cottage-(MT) 12:30- Rosary-T-(R) 1pm- Manicures-FR-(E) 2pm- Balloon Volleyball-3A-(P) 3pm- Finish the Lyric-FR-(C) 5pm- Puzzle Time-FR-(T)</p>	<p>16 Caregiver Appreciation 9:30- Topic Talks-FR-(E) 10:30- Paint and Sip (sparkling Grapejuice) w/ Cottage 1pm- Divine Discussion w/ Judy and Laurie-Theater 3pm- Holistic Helpers Making a Dill Pickle Dip w/ Cut Veggies-(T) 5pm- Relaxing Meditation and Strawberry Lemon Hand Massage-FR-(M)</p>	<p>17 9:30- Memory Game and Coffee- (C) 10:30- Harvest Basket Game-(P) 12:30- Rosary-T-(R) 1:30- Mark Performs from Berkshire Hills Performs Piano-(MT)-3A 2pm- Wii Bowling Cheerleaders-Theater-(S) 3pm- Walking Club- Outside-(P) 5pm- Bingo-(S)-2A</p>	<p>18 9:30- Concentration Puzzles-2A-(C) 10:30- June Talking Tidbits-(C) 1pm- Exercise w/ Rachel-T 2pm- Dave Brinnel Performs-3A-(S) 3pm- Mocktails & Popcorn Club-(S)-T 5pm- Talk and Toss-(E)-FR</p>	<p>19 Celebrating our Keystone Gentlemen JUNETEENTH 9:30- Smile Club Meets-3A-(S) 10:30- Adaptive Boxing-3A-(P) 12:30- Burgers and Brews-Courtyard 2pm-Sarah the Fiddler Performs-3A 3pm- Funny Dad Videos-FR-(E) 5pm- Peaceful Scenes and Massage-(MS)-FR</p>	<p>20 10:15- Caden Performs Piano-1st Floor Piano Room 12:30pm- Read Aloud-2A 2pm- Bingo for Prizes-3A</p>
<p>21 Father's Day 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S)</p> 	<p>22 9:30- Fitness Dice-FR-(P) 10:00- Communion w/ Keith Theater-(R) 10:30- Music Therapy w/ Rusty-Cottage-(MT) 1pm- Scenic and Ice Cream Outing 2pm- Corn Hole-3A 3pm- Resident Council Meeting-FR-(E) 5pm- Puzzle Time-FR-(T)</p>	<p>23 9:30- Topic Talks-FR-(E) 10:30- Cork Stamping Flowers w/ Cottage-(AT) 1pm- Adult Coloring-(T)-2A 2pm- Tony Fazio Performs-3A-(S) 3pm-Holistic Helpers Making Cheesecake Fruit Salad Roll-ups-(T) 5pm- Relaxing Meditation and Citrus Hand Massage-FR-(M)</p>	<p>24 9:30- Memory Game and Coffee-(C) 10am- Men's Group w/ George-Pub Donuts and Coffee 12:30- Rosary-T-(R) 1pm- Hang Man-(C)-FR 2:30pm- Line Dancing-(P)-2A 3pm-Springtime Reminisce-(E)-FR 6:45- Summer Concert Series- Docs of Dixie- Courtyard</p>	<p>25 9:30- Concentration Puzzles-2A-(C) 10:30- Would you Rather-E) 1pm- Exercise w/ Rachel-T 2pm- Bill Shontz Performs-3A 3pm- Happy Hour and Talent Show on Youtube-FR 5pm- Talk and Toss-(E)-FR</p>	<p>26 9:30- Smile Club-2A 10am- Artsong w/ Amy-(AT) 12:30- Rosary-T-(R) 1pm- Easy Card games-(S) 2pm-Reminiscing Basket-FR_(E) 3pm-I Love Lucy- Stomping Grapes Episode-FR 5pm- Peaceful Scenes and Massage-(MS)-FR</p>	<p>27 10am- Pet Therapy w/ Brewer and Tiffany- Lobby-(PT) 10:30- Dime Bingo-3A 1pm- Card Games for Prizes 2pm- Popcorn Club- Theater</p>
<p>28 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S)</p>	<p>29 9:30- Fitness Dice-FR-(P) 10:00- Communion w/ Keith Theater-(R) 10:30- Music Therapy w/ Rusty-Cottage-(MT) 11:30- Picnic at Chicopee State Park 1pm- Manicures-(E) 2pm- Pool Noodle Hockey-3A-(P) 3pm- Resident Council Meeting-FR-(E) 5pm- Puzzle Time-FR-(T)</p>	<p>30 9:30- Topic Talks-FR-(E) 10:30- Immersive Interactive Exercise-3A-(P) 3pm- Holistic Helpers Making Pineapple Upside Down Cupcakes-(T) 5pm- Relaxing Meditation and Lavendar Hand Massage-FR-(M)</p>	<p>Room Key 2A- 2nd Floor Activity Room 3A- 3rd Floor Activity Room L- Library FR- FiresideRoom ILD- Independent Dining Room C- Courtyard T- Theater PR- Piano Room FL- Front Lobby</p>	<p>Code Key P- Physical C- Cognitive E- Emotional M- Meditation/Yoga/Tai Chi MT- Music Therapy AT- Art Therapy MS- Multi Sensory T- Task Oriented S- Social</p>	<p>Monthly Birthdays 6/1 Judith Lymneous 6/4 Patricia Mackay 6/7- Betty Mack 6/17- James Dunn 6/19- Irene Giguere 6/21- Candy Palai-« 75th » 6/22- Alice Beauchemin 6/22- Dottie Cain</p>	<p>Monthly Birthdays 6/23- Barbara Scott-“95th” 6/24- Jackie Boardway 6/26- Dale McCarl 6/27- Jean McPherson 6/28- Ray Prych</p>