



MAY ANNOUNCEMENTS

Welcome Latasha!

Hello Waltonwood Residents and Family Members,
I am truly delighted to introduce myself as the new Resident Care Manager for Assisted Living and Memory Care. Joining this community is an exciting new chapter for me, and I feel honored to be part of a place that is so deeply committed to compassion, connection, and quality care.

With over 20 years of experience in healthcare, I bring not only knowledge and dedication, but also a genuine passion for supporting residents and their families. I believe that every individual deserves to feel valued, heard, and cared for in a meaningful way, and I am committed to helping create an environment where that happens every day.

Outside of work, I enjoy shopping, reading, staying active through exercise, and most importantly, spending time with my family, something that reminds me just how important community and connection truly are.

I am incredibly excited to be here and look forward to getting to know each of you. Please don't hesitate to say hello. I can't wait to meet you all and begin this journey together!

Warmly,
LaTasha Archie, BSN, RN, RCM



HAPPY BIRTHDAY

Fiona M.
May 13

Dan B.
May 18

Tom K.
May 25

Phillip R.
May 29

FAMILY & FRIENDS REFERRAL PROGRAM!

\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE BOONE CONNECT

MAY 2026

Hello May!



Blooming into May!

As May arrives, it brings with it a fresh sense of energy, warmth, and renewal. Flowers are in full bloom, the days grow longer, and there's a natural invitation to spend more time outdoors and enjoy the beauty of the season. May is a wonderful time to embrace new beginnings, celebrate special moments, and connect with one another. Whether it's through shared activities, time in the sunshine, or simply appreciating the little joys around us, this month offers countless opportunities to make meaningful memories. Let's welcome May with open hearts and a spirit of positivity!



SINGH

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COMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Jared Dicks
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Andre' Vaughn
Environmental Services Manager

Alexander Smith
Culinary Service Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Latasha Archie
Resident Care Manager

Clarissa Cook
Assisted Living Wellness Coordinator

Rachel Walters
Memory Care Wellness Coordinator

Jennifer Noyd
Independent Living Life Enrichment Manager

Holly Bryant
Assisted Living Life Enrichment Manager

Taylor Rountree
Memory Care Life Enrichment Manager

ASSOCIATE SPOTLIGHT:
Matthew Wright

Matthew Wright, a dedicated server at Waltonwood, has been part of the team for the past seven months. Originally from the Bronx, New York, Matthew brings energy and enthusiasm to his role every day. Outside of work, he enjoys running and playing video games. His favorite part of working at Waltonwood Lake Boone is caring for the residents and anticipating their needs. He truly values the time he spends with them and takes pride in creating a positive experience for everyone he serves. Matthew looks forward to continuing his journey here and plans to be part of the Waltonwood family for many years to come.



APRIL HIGHLIGHTS



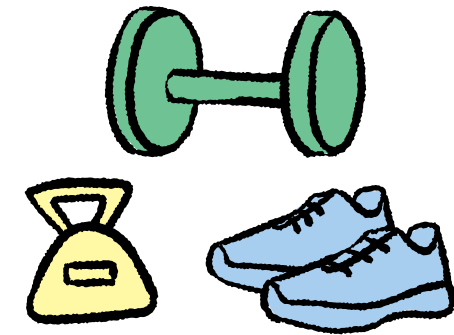
FOREVER FIT: FOCUS ON FITNESS

Keep Moving

Weather this time of the year can wreak havoc on our bodies, especially those battling the aches and pains of arthritis. Cool morning and hot humid days can trigger arthritis flare ups that leave even the most active seniors bound to their chairs. The good news is there's something you can do to help ease the discomfort, move! While it may seem counterintuitive getting up and getting moving can actually help keep muscles strong and joints mobile. By incorporating a daily walk, some light resistance training and gentle stretching you can face those arthritis pains head on and come out stronger and feeling better than before.

National Senior Health & Fitness Day

National Senior Health & Fitness Day is the nation's largest annual older adult health and wellness event. For 32 years, the event has been held the last Wednesday in May. Seniors benefit in numerous ways from physical activity and exercises can be done at home, a community pool or a local center. In fact, seniors aren't limited to just one type of exercise either. There are many to choose from, including activities modified to fit any limitations. Yoga, walking and swimming are all low impact routines that offer a range of benefits late in life and for all abilities.



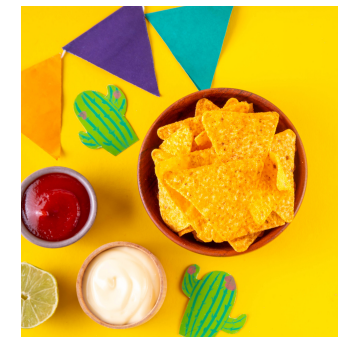
MAY SPECIAL EVENTS

5

Cinco De Mayo

8

Mother's Day Tea



25

Memorial Day

27

Razzmatazz



EXECUTIVE DIRECTOR CORNER

As we step into May, I'm reminded of how much energy and renewal this season brings—not just in nature, but within our community as well. This is a time of growth, connection, and continued progress, and I've seen so many meaningful moments recently between residents, families, and team members that truly reflect the heart of who we are. Our focus this month remains centered on engagement and purpose—ensuring every resident has opportunities to connect, contribute, and enjoy each day in ways that are meaningful to them, whether through activities, conversations, or simply time spent together. Thank you for your continued trust, feedback, and involvement, as it plays a vital role in shaping the experience here and guiding our ongoing improvements. As always, my door is open, and I welcome the opportunity to connect with you, and I look forward to a wonderful month ahead filled with sunshine, connection, and growth.

Cameron Gregory