



MAY ANNOUNCEMENTS

May Birthdays!

Virginia H.
May 8th

Patsy H.
May 23rd

Amy H.
May 25th

Jo Ann L.
May 31st

Joan S.
May 31st

Mother's Day Tea

A delightful Mother's Day tea will be celebrated on May 8th at 2 p.m., bringing together family and friends to honor the love and care of mothers everywhere. The afternoon will feature light refreshments and snacks, all served in a warm and inviting setting. Guests can look forward to heartfelt conversations, laughter, and a relaxing atmosphere designed to make every mother feel appreciated and cherished. This special gathering promises to be a memorable way to celebrate the occasion and create lasting moments with loved ones.



\$3,500 RESIDENTIAL REFERRAL BONUS

FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE BOONE CONNECT

May 2026



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Hello May!



The month of growth

May brings a fresh sense of energy and renewal, making it the perfect time to embrace the outdoors and connect with our community. As spring reaches its peak, blooming flowers and warmer days create an uplifting atmosphere for events, gatherings, and new beginnings. This month also offers meaningful opportunities to celebrate and reflect, from honoring mothers on Mother's Day to remembering those who served on Memorial Day. We hope this May inspires you to enjoy the season, stay engaged, and make the most of all the moments it has to offer.

COMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Jared Dicks
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Andre' Vaughn
Environmental Services Manager

Alexander Smith
Culinary Service Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Latasha Archie
Resident Care Manager

Clarissa Cook
Assisted Living Wellness Coordinator

Rachel Walters
Memory Care Wellness Coordinator

Jennifer Noyd
Independent Living Life Enrichment Manager

Taylor Rountree
Memory Care Life Enrichment Manager

Holly Bryant
Assisted Living Life Enrichment Manager

ASSOCIATE SPOTLIGHT:

Matthew Wright

Matthew Wright, a dedicated server at Waltonwood, has been part of the team for the past seven months. Originally from the Bronx, New York, Matthew brings energy and enthusiasm to his role every day. Outside of work, he enjoys running and playing video games. His favorite part of working at WWLB is caring for the residents and anticipating their needs. He truly values the time he spends with them and takes pride in creating a positive experience for everyone he serves. Matthew looks forward to continuing his journey here and plans to be part of the Waltonwood family for many years to come.



MAY SPECIAL EVENTS

1

Mother's Day Dinner Buffett

8

Mother's Day Tea Social

12

Craft: Glass Bead Suncatchers

27

National Senior Health and Fitness Day



FOREVER FIT: FOCUS ON FITNESS

Keep Moving

Weather this time of the year can wreak havoc on our bodies, especially those battling the aches and pains of arthritis. Cool morning and hot humid days can trigger arthritis flare ups that leave even the most active seniors bound to their chairs. The good news is there's something you can do to help ease the discomfort, move! While it may seem counterintuitive getting up and getting moving can actually help keep muscles strong and joints mobile. By incorporating a daily walk, some light resistance training and gentle stretching you can face those arthritis pains head on and come out stronger and feeling better than before.

Happy Memorial Day!

Memorial Day is a time for our community to come together in remembrance and gratitude for the men and women who gave their lives in service to our country. We hold a special place of respect for the veterans in our neighborhood, whose dedication and sacrifice continue to inspire us every day. As we mark this day, we honor not only those we have lost but also the families and fellow service members who carry their legacy forward. We encourage everyone to take a moment to reflect, attend a local remembrance event, or simply reach out to a veteran with thanks and appreciation.



Welcome to the Team LaTasha!



Hello Waltonwood Residents and Families, I'm truly honored and excited to join this wonderful community as your new Resident Care Manager for Assisted Living and Memory Care. With over 20 years in healthcare, my heart is deeply rooted in providing compassionate, meaningful care and building genuine connections with residents and their families. I believe everyone deserves to feel valued, heard, and cared for every single day. It brings me great joy to be part of a community that shares these values. Outside of work, I enjoy reading, staying active, and spending time with my family—reminders of how important connection truly is. I can't wait to meet each of you and begin this journey together. Please don't hesitate to stop by and say hello!

Warmly,

LaTasha Archie, BSN, RN, RCM

EXECUTIVE DIRECTOR CORNER

As we step into May, I'm reminded of how much energy and renewal this season brings—not just in nature, but within our community as well. This is a time of growth, connection, and continued progress, and I've seen so many meaningful moments recently between residents, families, and team members that truly reflect the heart of who we are. Our focus this month remains centered on engagement and purpose—ensuring every resident has opportunities to connect, contribute, and enjoy each day in ways that are meaningful to them, whether through activities, conversations, or simply time spent together. Thank you for your continued trust, feedback, and involvement, as it plays a vital role in shaping the experience here and guiding our ongoing improvements. As always, my door is open, and I welcome the opportunity to connect with you, and I look forward to a wonderful month ahead filled with sunshine, connection, and growth.

Cameron Gregory