



EVENTS TO SIGN UP FOR AT CONCIERAGE

The following are upcoming events to **RSVP** for in the **BLACK** binder. Sign-Up sheets will be in the book starting the **MORNING** of the **FIRST DAY OF THE MONTH**.

RESIDENT BIRTHDAYS

Sheila P. - May 8th
Linda F. - May 11th
Margaret G. - May 14th
Leverna C. - May 17th
Jane D. - May 17th
Marilyn P. - May 18th
Mary K. - May 20th
Mary S. - May 23rd
James H. - May 27th



May 5th at 11am In House: Cards with Crystal
May 7th at 9:30am Outing: Harris Teeter
May 12th at 11am In House: Cards with Crystal
May 13th at 11am In House: Art with Ali
May 14th at 9:30am Outing: Food Lion
May 14th at 11:30am Outing: Ladies' Lunch: Bonefish Grill
May 15th at 11:30am Outing: Holy Name of Jesus Cathedral
May 19th at 11am In House: Art with Cathy (Beaded Necklaces)
May 20th at 11am In House: Plant Stakes/Suncatchers Craft
May 21st at 9:30am Outing: Harris Teeter
May 21st at 11:30am Outing: Men's Lunch: Bad Daddy's Burger
May 21st at 2PM In House: Poker Keno Game
May 22nd at 1pm Outing: Goodberry's Frozen Custard
May 26th at 11am In House: Art with Ali
May 28th at 9:30am Outing: Food Lion
May 29th at 1pm Outing: Dorcas Ministries

Check your InTouch App or Channel 1340 for information!

Please return any cart or wagon you borrow to the Lobby (under the staircase). Please return library books to the original library you borrowed them from. Thank you for your understanding!



\$3,500 RESIDENTIAL REFERRAL BONUS

FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE BOONE CONNECT

Independent Living

May, 2026



SINGH

3550 Horton St, Raleigh, NC 27607
www.waltonwood.com | 919-569-5444



May Highlights

May is shaping up to be a vibrant and meaningful month in our community, filled with opportunities to celebrate, connect, and honor special traditions together.

We begin on **May 1st** with a delightful **Mother's Day Dinner**, a wonderful occasion to celebrate the incredible mothers in our lives.

The very next day, residents can enjoy the excitement and pageantry of the **Kentucky Derby** at our **Watch Party on May 2nd**.

In honor of Mother's Day, we'll continue the celebration with a charming **Mother's Day Tea on May 9th**.

Later in the month, residents can enjoy some friendly competition at our **Poker Keno Game on May 21st**—a possible new favorite for those who enjoy games and social time.

As we approach Memorial Day, we are honored to host a special **presentation on May 22nd by veteran Larry Dandridge**, who will share insights from his book on the Helicopter War. This meaningful event offers a chance to reflect, learn, and pay tribute to those who have served our country.

We look forward to sharing these memorable experiences with our residents throughout the month of May!

COMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Jared Dicks
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Andre' Vaughn
Environmental Services Manager

Alex Smith
Culinary Services Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Clarissa Cook
Assisted Living Wellness Coordinator

Rachel Walters
Memory Care Wellness Coordinator

Jennifer Noyd
Independent Living Life Enrichment Manager

Holly Bryant
Assisted Living Life Enrichment Manager

Taylor Rountree
Memory Care Life Enrichment Manager

ASSOCIATE SPOTLIGHT: Matthew Wright

We are thrilled to announce Matthew Wright as our associate of the month! He is a dedicated member of our culinary service team here at Waltonwood, and has been part of the team for the past seven months. Originally from the Bronx, New York, Matthew brings energy and enthusiasm to his role every day. Outside of work, he enjoys running and playing video games. His favorite part of working at WWLB is caring for the residents and anticipating their needs. He truly values the time he spends with them and takes pride in creating a positive experience for everyone he serves. Matthew looks forward to continuing his journey here, loves spending time with the residents, and plans to be part of the Waltonwood family for many years to come.



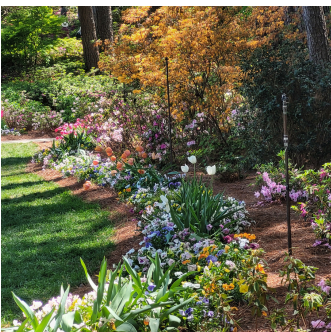
APRIL HIGHLIGHTS

08

We celebrated our unique and fierce style with a Tacky Day happy hour!

10

We visited the beautiful WRAL Azaela Garden.

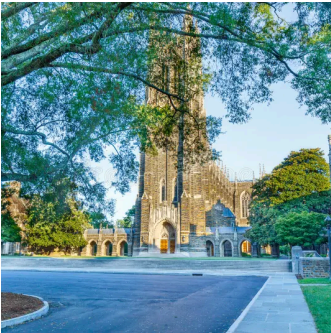


21

We had a wonderful class creating fabric self-portraits with Cathy!

30

We went to Duke University Chapel for a tour and organ demonstration!



FOREVER FIT: Keep Moving

Weather this time of the year can wreak havoc on our bodies, especially those battling the aches and pains of arthritis. Cool morning and hot humid days can trigger arthritis flare ups that leave even the most active seniors bound to their chairs. The good news is there’s something you can do to help ease the discomfort, move! While it main seem counterintuitive getting up and getting moving can actual help keep muscles strong and joints mobile. By incorporating a daily walk, some light resistance training and gentle stretching you can face those arthritis pains head on and come out stronger and feeling better than before.

Curiosity University Lecture

An Evening with Leonardo DaVinci: Tuesday, May 26th, 2:30PM

Kenneth Bartlett, University of Toronto

What creates and drives genius? Why are some geniuses universal in their ability and others focused on a single discipline or interest? This class will investigate perhaps the most remarkable universal genius produced by the Italian Renaissance – or any other historical period. Leonardo Da Vinci was a painter, sculptor, military and civil engineer, experimental scientist and courtier. His work remains among the most celebrated in the history of art, as his Mona Lisa is the single most famous painting in the world; and his speculation on human flight, military machines and huge public works, such as diverting rivers, operate on a scale previously unimaginable.

MAY SPECIAL EVENTS

02

Cheer on your favorite horses as they run for the roses at our Kentucky Derby watch party!

08

Join us for our Mothers’ Day Tea at 3PM in the IL Bistro to celebrate the wonderful mothers in our community!

21

Join us for a fun afternoon of the bingo--poker combination game: Poker Keno! Light refreshments will be provided.

22

Join us for an amazing presentation on the Helicopter War by US Veteran and author Larry Dandridge.



EXECUTIVE DIRECTOR CORNER

As we step into May, I’m reminded of how much energy and renewal this season brings—not just in nature, but within our community as well. This is a time of growth, connection, and continued progress, and I’ve seen so many meaningful moments recently between residents, families, and team members that truly reflect the heart of who we are. Our focus this month remains centered on engagement and purpose—ensuring every resident has opportunities to connect, contribute, and enjoy each day in ways that are meaningful to them, whether through activities, conversations, or simply time spent together. Thank you for your continued trust, feedback, and involvement, as it plays a vital role in shaping the experience here and guiding our ongoing improvements. As always, my door is open, and I welcome the opportunity to connect with you, and I look forward to a wonderful month ahead filled with sunshine, connection, and growth.

-Cameron Gregory, Executive Director