




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Events Are Subject to Change		Happy Birthday 12th - David A. 17th - Bill L. 30th - Violet C.		May Day 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Phil L. H 6:00 A Evening Movie	9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
3 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub 6:00 A Evening Movie	4 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Resident Council Meeting 1:00 O Shopping Outing - Walmart - Temecula 3:30 A Game - Horse Racing 6:00 A Evening Movie	5 Cinco De Mayo 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 1:00 D Root Beer Floats 3:00 C Cinco De Mayo Celebration Fiesta! 6:00 A Evening Movie	6 9:15 C Garden Club 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Lunch Outing - P.F. Chang's - Temecula 1:30 L Love on a Leash - Therapy Dogs Visit 3:00 A Spanish 101 with Jose 6:00 A Evening Movie	7 National Day of Prayer 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 3:00 C Mother's Day Tea Party 6:00 A Evening Movie	8 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Byrne & Harriet N. H 6:00 A Evening Movie	9 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 10:45 O Shopping Outing - Major Market - Fallbrook 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
10 Mother's Day 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub 6:00 A Evening Movie	11 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Trips: Costco - Temecula 3:30 A Craft Club 6:00 A Evening Movie	12 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:00 A Evening Movie	13 9:15 C Garden Club 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Meal Outing - Aquaterra - Pala Resort 1:00 LB Weekly Puzzle Solving 3:00 A Paint & Sip 6:00 A Evening Movie	14 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:00 A Evening Movie	15 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Dan D. H 6:00 A Evening Movie	16 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
17 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub 6:00 A Evening Movie	18 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Food Committee Meeting 1:00 O Shopping Outing - Trader Joe's - Temecula 3:30 D Game: Bean Bag Throwing 6:00 A Evening Movie	19 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:00 A Evening Movie	20 9:15 C Garden Club 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Meal Outing - Benihana - Temecula 1:00 LB Weekly Puzzle Solving 3:00 A Armchair Travels - Destination: Guatemala 6:00 A Evening Movie	21 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:00 A Evening Movie	22 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Ron E. H 6:00 A Evening Movie	23 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
24 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub	25 Memorial Day 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Outing - Dollar Tree, Grocery Outlet & Bank Of America 1:00 A Discussion Group: Origins of Memorial Day 3:30 A Craft Club 6:00 A Evening Movie	26 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 12:30 O Freany & Friends Concert - Fallbrook Library 3:00 A BINGO! 6:00 A Evening Movie	27 9:15 C Garden Club 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O AL - Scenic Drive - Fallbrook 3:00 A Chair Yoga with Arida 6:00 A Evening Movie	28 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:00 A Evening Movie	29 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 12:15 PD Monthly Birthday Lunch 1:30 CS Country Store Shopping 6:00 A Evening Movie	30 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
31 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 2:00 D Recital by: Natasha and Friends						