

Happy Birthday



## OTHER EVENTS THIS MONTH:

Happy May everyone! This month we have a lot of special events to look forward to including the Mother's Day Buffet, Cinco de Mayo, our Teachers Luncheon, Nurses Luncheon, Veterans Luncheon, Memorial Day, National Senior Health and Fitness Day, Memorial day BBQ, and more! Listed below are a few of the events that are highlighted, but make sure to check your monthly calendar for all events and their details!

### Mother's Day Buffet: May 2<sup>nd</sup>

Looking forward to our wonderful Mother's Day meal today at 12pm to celebrate Mother's Day this month!

### Cinco de Mayo: May 5<sup>th</sup>

We're having a Cinco de Mayo social at 2pm in the café! Come and join us for a fun party and delicious food to celebrate.

### National Teachers Day Luncheon: May 11<sup>th</sup>

This is a day to celebrate all of you who were in the teaching profession. If you were a teacher, please let Becca know to include you in our teacher's luncheon celebration on this day at 12pm and join us for a special lunch just for you!

### Nurses Appreciation Day Luncheon: May 12<sup>th</sup>

This is a day to celebrate all of you who were in the nursing profession. If you were a nurse, please let Becca know to include you in our nurse's luncheon celebration on this day at 12pm and join us for a special lunch just for you!

### National Plant something Day: May 19<sup>th</sup>

Today is our community planting day! We are having our master gardeners Sherry and Betsy joining us to plant some plants in our garden! Please come and join us in planting some flowers and herbs in our courtyard to make it look beautiful!

### Memorial Day BBQ Celebration: May 22<sup>nd</sup>

We are having a fun BBQ Day over in Independent Living with all communities invited! We will be heading over around 12pm for lunch and there will be games to play afterwards. We will also have live entertainment playing at 2pm!



## \$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

# CHERRY HILL CONNECT

MAY 2026

## MAY OUTING OPPORTUNITIES

Please sign up with Becca for all outings!

### May 7<sup>th</sup>

1:30PM

### Scenic Drive

Today we're taking a nice scenic drive to enjoy the spring weather from the comfort of the bus. We will be able to see the beautiful trees and landscapes from our windows while we listen to some tunes

Cost: none

### May 12<sup>th</sup>

1:30PM

### Barson Greenhouse

We're going on a trip to Barson Greenhouse to pick out some plants for our courthouse garden! Please join us to help us pick some great options or even to shop for yourself too

Cost: Depending on purchase per person

### May 14<sup>th</sup>

12:00PM

### Lunch Outing: Chili's

For this month's lunch outing we are heading to Chilli's! They have some great deals and some great food, please come and join us for a nice lunch out!

Cost: Depending on purchase per person

### May 21<sup>st</sup>

1:00PM

### Belle Isle Aquarium

We're heading to Belle Isle Aquarium today to see the fish and exhibits! Join us to explore and learn more about these fish and about the aquarium for a fun day trip out of the community!

Cost: Depending on purchase per person

### May 26<sup>th</sup>

1:30PM

### Shopping: Dollar Tree

We are taking a trip to the dollar tree for some shopping! They have a lot to offer including decorations, crafts, personal care items, snacks, drinks, cleaning tools and more! If you need to grab anything, come and join us!

Cost: Depending on purchase per person



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## COMMUNITY MANAGEMENT

Angie Hanson  
Executive Director

Lanor Jablonski  
Business Office Manager

Joel Vassallo  
Culinary Services Manager

Alexander Lillie  
Environmental Services  
Manager

Krystal Sidibe  
Independent Living Manager

Logan Winton  
IL Life Enrichment Manager

Rebecca Wilson  
AL Life Enrichment Manager

Mallory Bryant  
MC Life Enrichment Manager

Renee Ralsky  
Marketing Manager

Caneca Pinkston  
Resident Care Manager

Virginia Rios  
AL Wellness Coordinator

Brittney Harris  
MC Wellness Coordinator

## ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month  
**JACKIE**

*This month we're so thrilled to announce Jackie, our amazing Memory Care Life Enrichment Assistant, as our associate of the month! Jackie has such a big heart for our residents. She does a wonderful job keeping the residents engaged in activities each day she is here. Thank you, Jackie, for all you do and for your great compassion and care. We appreciate you and are very happy to have you as part of our life enrichment team.*



## LIFE ENRICHMENT CORNER:

Happy May everyone!

Spring weather is finally here and we will be trying to get outside as much as we can to enjoy the sun! There are some scheduled events on our calendar to get outside coming up including our walking clubs, outings, scenic drives, our Memorial Day BBQ, community planting day, gardening club, and more! Of course, in spring we also tend to get some rainstorms occasionally, so we will keep an eye on that each week and adjust our course as needed. Please let Becca or the front desk know anytime you'd like to go outside though, the courtyard is available to you whenever you'd like to sit out there and enjoy the nice weather!

I hope we have a wonderful spring ahead of us, let's continue to make it a great year, and as always, if there are any other activities, events, crafts, outings or anything you'd like to see in the future or next month, please let Becca know and she will try to schedule what you want to see on your upcoming calendars!

## FUN FRIDAY HAPPY HOURS THIS MONTH:

### 8 Spring Rolls & Spritzer

Since spring is finally here, I figured we should have some spring rolls to go with it! We will also be serving some refreshing strawberry basil spritzers!

### 15 Baked Cinnamon Apples

Come and join us for some delicious brown sugar cinnamon apples that will be served with a scoop of vanilla ice cream! A perfect appetizer before dinner! This will be in the Café at 3pm!



### 22 Memorial Day BBQ

We'll be celebrating Memorial Day with our annual BBQ cookout! This will take place at our normal lunchtime but you have the option to join us outdoors on the independent living patio and enjoy the BBQ!

### 29 Italian Cream Soda

Today's social is extra sweet with a strawberry Italian Cream Soda being served with some delicious scones to pair with it! Come to the Café at 3pm to enjoy!



## APRIL PICTURE HIGHLIGHTS



## FOREVER FIT: FIT & FLEXIBLE

Weather this time of the year can wreak havoc on our bodies, especially those battling the aches and pains of arthritis. Cool morning and hot humid days can trigger arthritis flare ups that leave even the most active seniors bound to their chairs. The good news is there's something you can do to help ease the discomfort, move! While it may seem counterintuitive getting up and getting moving can actual help keep muscles strong and joints mobile. By incorporating a daily walk, some light resistance training and gentle stretching you can face those arthritis pains head on and come out stronger and feeling better than before.

## EXECUTIVE DIRECTOR CORNER

The month of May has arrived with the welcome of freshly bloomed spring flowers and taking the time and focus to celebrate all mothers on their special day! Here at Waltonwood we are taking this time to focus on services, training and fresh starts. I am happy to report that our customer service results have arrived and the leadership team has come together to determine areas of focus for each neighborhood. A letter has been sent out with details of where we scored highest and what are plans are moving forward. In addition, we are having a companywide 3-day Symposium Conference on May 5-7 in Detroit where all department heads from each community will come together for team building, leadership training, to share best practices to keep elevated services on the forefront. We have planned additional staffing so not to disrupt services or programming while we are off site during this time. I hope you get the time this month to enjoy some sun and fresh air!!

-Angie Hanson