SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					May 1 8:30 am - 4:00pm - Swim w/Buddy - P 11:00am - Kunkel Ambulance-GR blood pressure and sugar checks 9:00 am - Breakfast Bunch - B 1:30pm Table Tennis - GR	**May 2**
May 3	**May 4** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR 3:00pm-Book Club - GR	**May 5** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am- Veteran's Coffee Hour- GR 11:00am - 4:00pm - Swim w/Buddy P 6:30pm - Game Night - GR	**May 6** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 12:00pm - Turning Stone - B 1:30pm- Bible Study w/Pam	**May 7** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am-10:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:30pm- Mahjong - GR	**May 8** 8:30 am - 4:00pm - Swim w/Buddy - P 11:00am-Mother's Day Tea - GR 2:00pm Table Tennis	**May 9**
May 10 GREAT ROOM RESERVED 1:00pm-7:00pm	**May 11** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	**May 12** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am - BOSCOVs - B 6:30pm - Game Night - GR	**May 13** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm- Bible Study w/Pam MVCC CONCERT BAND 7:00PM	**May 14** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 11:00am - 2:00pm - Swim w/Buddy - P 1:30pm-Cardmaking w/Dorothy - CR 1:30pm- Mahjong - GR	**May 15** 8:30 am - 2:00pm - Swim w/Buddy - P 10:00am-The Neighborhood Center, Brain Teasers with Alfacia. 11:30am- Lunch Bunch - B 1:30pm Table Tennis	**May 16** ALS BINGO & BAKESALE All proceeds go to the local ALS Chapter!
May 17	**May 18** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR 3:00pm-Resident Association - Gr New Resident Meeting	**May 19** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am- Veteran's Coffee Hour- GR 11:00am - 4:00pm - Swim w/Buddy P 6:30pm - Game Night - GR	**May 20** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm- Bible Study w/Pam	**May 21** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - New Hartford Shopping Center- B 10:00am - Pool/Billiards - G 1:30pm- Mahjong - GR	**May 22** 8:30 am - 2:00pm - Swim w/Buddy - P 10:30am- Vernon Downs - B 1:30pm Table Tennis - GR	**May 23** MEMORIAL DAY PICNIC 11:00AM-1:00PM MONK ROWE & BAND!
May 24 / **May 31**	**May 25** THE OFFICE IS CLOSED IN OBSERVANCE OF MEMORIAL DAY! WE WILL RE-OPEN TUESDAY, MAY 26TH @ 8:30AM	**May 26** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 1:00pm-Movie Matinee-T 6:30pm - Game Night - GR	**May 27** SENIOR VENDOR FAIR 10:00AM-2:00PM 9:00 am - Grocery Shopping - B 12:00pm - Electic Chic - B 1:30pm- Bible Study w/Pam	**May 28** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:30pm- Mahjong - GR	**May 29** 8:30 am - 2:00pm - Swim w/Buddy - P 11:30am- Lunch Bunch- B 1:30pm Table Tennis - GR	**May 30**

LOCATION KEY

B = Bus
BP = Back Patio
CR = Craft Room
FC = Fitness Center
G = Game Room
GR = Great Room
L = Library
P = Pool
T = Theater

Allure Life

♦Healthy♦ ♦Playful♦ ♦Creative♦ ♦Social♦ ♦Centered♦ ♦Mindful♦ ♦Inquisitive♦

OFFICE HOURS

Monday - Friday 8:30 am - 4:30 pm
Saturday By Appointment
Sunday CLOSED

GREAT ROOM