

ANNOUNCEMENTS & EVENTS

Krafty Klatsch & Coffee | **Mondays**, 10:00 am, Great Room - A time for working on your craft, whether it be knitting, crocheting, drawing, etc. Sitting around with neighbors as you work on your own projects. Enjoy Coffee and small sweets.

Canvas Cruisers | **Tuesdays at 10 am**, Meet out front and walk the Town Center with your neighbors to get some fresh air and exercise

Bocci Ball | **Sundays at 2 pm**, Bocci Court- Join fellow neighbors and showcase your Bocci skills

Game Night | **Saturdays**, 7:00 pm, Great Room -| Join fellow neighbors and play table games. Any ideas for games are welcome!

Canvas Craft Fair | **Saturday, May 2nd**, 10 am - 2 pm Great Room - Shop at our Craft Fair and support your neighbors and friends

Kentucky Derby Party | **Saturday, May 2nd**, 6 pm Great Room- Enjoy the Race and Kentucky Derby themed dinner!

Cinco De Mayo Celebration | **Tuesday, May 5th**, 6:30 pm Great Room- The ultimate Taco Tuesday- Enjoy a night of celebration!

Food Truck | **Wednesday, May 6th**, 5:00 pm, Behind the Building- No need to cook! Grab dinner from WOW Food Truck between 5-7 PM

Wine Down Wednesday | **Wednesday, May 6th**, 6:30 pm, Great Room - Enjoy some wine and light snacks and mingle with fellow residents

Billiards and Beer | **Friday, May 8th**, 3:00 pm, Game Room - Calling all pool players! Stop in for a game and enjoy some brew and a snack.

Mother's Day Carnation Giveaway | **Saturday, May 9th** Leasing Center- All women can pickup a fresh carnation at the Leasing Office during business hours

Acrylic Painting | **Monday, May 11th**, 1:30 pm, Canvas Room - No matter your artistic skill level, Shayna will give you step-by-step instructions to create a beautiful piece to take home.

EHD Insurance | **Tuesday, May 12th**, 11 am Great Room - EHD Insurance Group will provide a light lunch and present different insurance options

Trivia Night with Eileen | **Tuesday, May 12th**, 6:30 pm Great Room | Have a Blast with a night of trivia featuring our very own Eileen as your host!

Longwood Gardens Trip | **Wednesday, May 13th** Meet in Lobby at 12 pm- Enjoy a day trip to Longwood Gardens and admire all the botanical beauty they have to offer. Room is still available if you have not yet signed up.

Book Club | **Thursday, May 14th** 7:00 pm, Library - This month's book is "Theo of Golden" by Allen Levi. The Book Club meets once a month, every second Thursday in the Library, at 7:00 pm.

Celebrate May Birthdays | **Thursday, May 14th**, 2:00 pm, Great Room - Come enjoy cake and wish all our May Birthdays a Happy Day!

Left Center Right - Ladies Night | **Friday, May 15th**, 7:00 pm, Great Room. This event is resident-run. BYOB and snacks to share are appreciated but not mandatory. Friends welcome.

Do Something Nice for your Neighbor Day | **Saturday, May 16th**- Send a thoughtful note or a small act of kindness for your neighbor today. A little care goes a long way!

Glass Painting with Nancy | **Tuesday, May 19th**, 6 pm Canvas Room- Create fun designs on glass with step by step instructions and lots of fun!

Movie Night | **Tuesday, May 19th** 7:00 pm - Media/Poker Room - Sit, relax and enjoy movie snacks and watch a movie. (Movie TBD)

Wine Down Wednesday | **Wednesday, May 20th**, 6:30 pm, Great Room - Enjoy some wine and light snacks and mingle with fellow residents

Breakfast on the Go | **Thursday, May 21st** 9 am - You can sleep in and Grab breakfast on the Go!

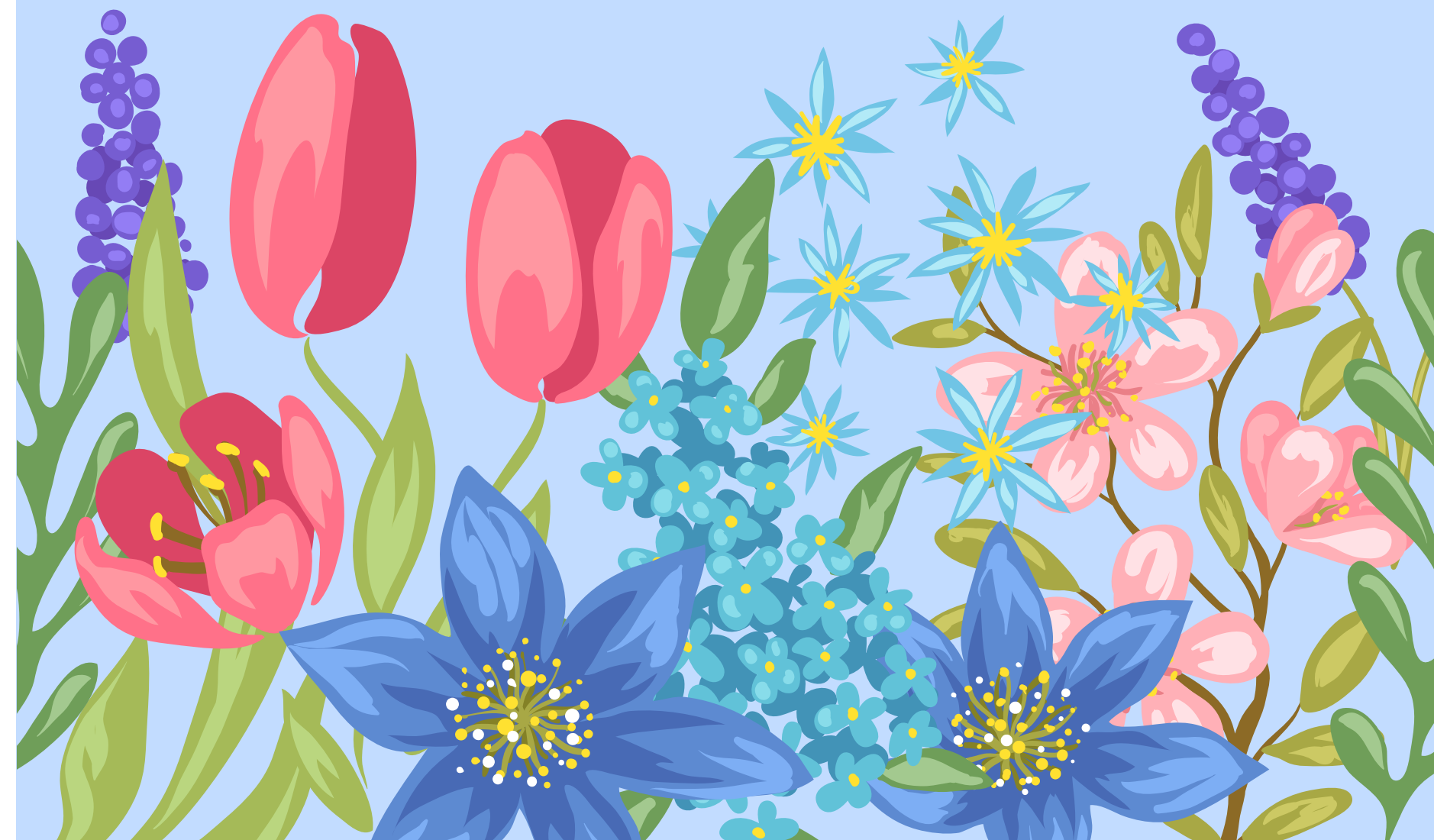
Acrylic Painting | **Monday, May 25th**, 7:00 pm Canvas Room - Intuitive painting. Relax and let your mind go with this one! No painting is alike and all are a reflection of you!

Cooking Demonstration | **Wednesday, May 27th**, 6 pm Great Room - Watch a cooking demonstration and learn how to recreate the dish at home

Dance Party with DJ Jeff Soul and Eileen | **Friday, May 29th** 7:00 pm Great Room - Bring your dancing shoes to the party and dance the night away! DJ Jeff Soul and Eileen will bring the entertainment to Canvas for the night!

Classical Music Concert Series | **Sunday, May 31st**, 7:00 pm, Lounge - Enjoy extraordinary, award-winning classical musicians

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OFFICE PHONE:

484-747-6975

For Maintenance Emergency, Follow Prompt

FOR ALL OTHER EMERGENCIES

PLEASE DIAL 911

OFFICE HOURS

Mon-Thurs 9am -6pm

Fri - 8am - 5 pm

Sat - 10 am - 5pm

Sun - 12pm - 5pm

CIAO BELLA SALON

Tues 11:00 am - 7:00 pm

Thurs 11:00 am - 7:00 pm

Fri 9:00 am - 2:00 pm

Phone: (610) 990-7557

info@ciaobellasalon.com



NOTE: Weekly On-going Resident-Run Activities on calendar are noted in **BLUE print on calendar**. All welcome to participate!



Canvas at Valley Forge
101 Bryce Lane, King of Prussia, PA 19406



SUNDAY

MONDAY

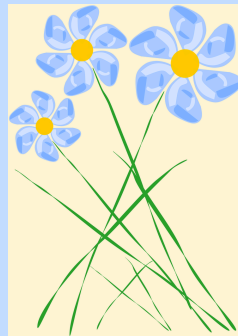
TUESDAY

WEDNESDAY

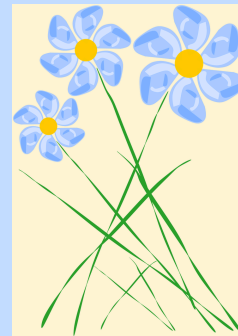
THURSDAY

FRIDAY

SATURDAY



“The world’s favorite season is the spring. All things seem possible in May.” – Edwin Way Teale



30
10:00 am Billiards / GaR
11:00 am- Phillies Game Bus Trip
12:00 pm Pinochle / L
2:00 pm Men’s poker / GR
4:00 pm Chair Yoga /FC
5:00 pm Yoga / FC
6:30 Rummikub / L



1
9:00 am Dance Fitness /FC
10:00 am Pilates
10:00 am Intermed Bridge
2:30 pm Open Poker / PMR



2
9:00 am Balance Class / FC
9:30 am Stretch & Tone / FC
10:00 am Craft Fair / GR
1:00 pm Mah Jongg /L
6:00 pm Kentucky Derby Gala
7:00 pm Game Night / GR



3
9:00 am Yoga Class / PMR
10:15 am Chair Yoga / PMR
11:15 am Meditation / LI
2:00 pm Bocci Ball

4
9:00 am Pilates/Barre/Fusion
10:00am Canasta / L
10:00 am Krafty Klatsch & Coffee / GR
10: 00 am Billiards /GaR
12:30 pm Pinochle / PMR
1:00 pm Mahjong / L
5:00 pm Scripture Study /PMR
7:00 pm Mahjong /L
7:00 pm Rummikub/ L

5
9:00 am Pilates / FC
10:00 am CANVAS CRUISERS
1:00 pm Bingo / GR
3:30 pm Ladies Poker / L
6:30 Cinco De Mayo Celebration/ GR



6
9:00 Dance / FC
10:00 am Ping Pong / GaR
11:00 am Mahjong / L
2:30 pm Mens Poker / PMR
4:00 pm Chair Yoga /FC
5:00 pm Yoga / FC
5:00 pm WOW Food Truck
6:30 pm- Wine Down Wednesday / GR



7
10:00 am Billiards / GaR
12:00 pm Pinochle / L
2:00 pm Men’s poker / GR
6:30 Rummikub / L

8
9:00 am Dance Fitness /FC
10:00 am Pilates
10:00 am Intermed Bridge
2:30 pm Open Poker / PMR
3:00 pm Billiards & Beer /GaR
7:00 pm Live-Streamed Shabbat Service / MPR

9
9:00 am Balance Class / FC
9:30 am Stretch & Tone / FC
1:00 pm Mah Jongg / L
7:00 pm Game Night / GR



MOTHER'S DAY CARNATION

10
11: 15 am Meditation / LI



11
9:00 am Pilates/Barre/Fusion
9:00 am Yoga Class / PMR
10:15 am Chair Yoga / PMR
10:00am Canasta / L
10:00 am Krafty Klatsch & Coffee /GR
10: 00 am Billiards /GaR
12:30 pm Pinochle /PMR
1:30 pm Acrylic Painting / CR
1:00 pm Mahjong / L
3:00 pm Scrabble
5:00 pm Scripture Study /PMR
7:00 pm Mahjong /L
7:00 pm Rummikub / L

12
9:00 am Pilates / FC
10:00 am CANVAS CRUISERS
11:00 am Lunch with EHD Insurance
1:00 pm Bingo / GR
3:30 pm Ladies Poker / L
7:00 pm Guest Speaker, Ken Sklar



13
9:00 am Dance / FC
10:00 am Ping Pong /GaR
12:00 pm Longwood Gardens Trip
1:00 pm Mahjong / L
2:30 pm Mens Poker / PMR



14
10:00 am Billiards / GaR
12:00 pm Pinochle / L
2:00 pm May Birthdays /GR
2:00 pm Men’s poker / GR
6:30 pm Rummikub / L
7:00 pm Book Club / LI



15
9:00 am Dance Fitness /FC
10:00 am Intermed Bridge
2:30 pm Open Poker / L
7:00 pm Ladies Night - Left, Center, Right / GR



16
9:00 am Balance Class / FC
9:30 am Stretch & Tone / FC
1:00 pm Mah Jongg / L
7:00 pm Game Night / GR
Do Something Nice for Your Neighbor Day!

17
9:00 am Yoga Class / FC
10:15 am Chair Yoga / FC
11: 15 am Meditation / LI
2:00 pm Bocci Ball



18
9:00 am Pilates/Barre/Fusion
10:00am Canasta / L
10:00 am Krafty Klatsch & Coffee / GR
10: 00 am Billiards /GaR
12:30 pm Pinochle /PMR
1:00 pm Mahjong / L
5:00 pm Scripture Study /PMR
7:00 pm Mahjong /L
7:00 pm Rummikub/L



19
9:00 am Pilates / FC
10:00 am CANVAS CRUISERS
1:00 pm Bingo / GR
3:30 pm Ladies Poker/ L
6:00 pm Glass Painting / CR
7:00 pm Movie Night / PMR



20
9:00 am Dance / FC
10:00 am Ping Pong /GaR
1:00 pm Mahjong / L
2:30 pm Mens Poker / PMR
6:30 pm Wine Down Wednesday w/ Trivia Night



21
9:00 am Breakfast on the Go
10:00 am Billiards / GaR
12:00 pm Pinochle / L
2:00 pm Men’s poker / GR
6:30 pm Rummikub / L

22
9:00 am Dance Fitness /FC
10:00 am Pilates
10:00 am Intermed Bridge
2:30 pm Open Poker / L
4:00 pm Chair Yoga /FC
5:00 pm Yoga / FC

23
9:00 am Balance Class / FC
9:30 am Stretch & Tone / FC
1:00 pm Mah Jongg / L
7:00 pm Game Night / GR

24
9:00 am Yoga Class / FC
10:15 am Chair Yoga / FC
11: 15 am Meditation / LI
2:00 pm Bocci Ball

25
9:00 am Pilates/Barre/Fusion
10:00am Canasta / L
10:00 am Krafty Klatsch & Coffee / GR
10: 00 am Billiards /GaR
12:30 pm Pinochle /PMR
1:00 pm Mahjong / L
5:00 pm Scripture Study /PMR
7:00 pm Mahjong /L
7:00 pm Rummikub / L
7:00 pm Acrylics Painting / CR

26
9:00 am Pilates / FC
10:00 am CANVAS CRUISERS
1:00 pm Bingo / GR
3:30 pm Ladies Poker/ L

27
9:00 am Dance / FC
10:00 am Ping Pong /GaR
11:00 am
1:00 pm Mahjong / L
2:30 pm Mens Poker / PMR
6:00 pm Cooking Demonstration / GR



28
10:00 am Billiards / GaR
12:00 pm Pinochle / L
2:00 pm Men’s poker / GR
4:00 pm Chair Yoga /FC
5:00 pm Yoga / FC
6:30 pm Rummikub / L

29
9:00 am Dance Fitness /FC
10:00 am Pilates
10:00 am Intermed Bridge
2:30 pm Open Poker / L
4:00 pm Chair Yoga /FC
5:00 pm Yoga / FC
7:00 pm Dance Party with DJ Jeff Soul & Eileen



30
9:00 am Balance Class / FC
9:30 am Stretch & Tone / FC
1:00 pm Mah Jongg / L
7:00 pm Game Night / GR

Location Key:

CYP = Courtyard Poolside
CYN = Courtyard North
CR = Canvas Room
FC = Fitness Center
GR = Great Room
GaR = Game Room
LI = Library
L = Lounge
PMR = Poker/Media Room
P = Pool

A... Healthy Inquisitive Centered
Creative Playful Mindful Social Life.

OFFICE HOURS Monday - Thursday 9:00 am to 6:00 pm
Friday 8:00 am to 5:00 pm
Saturday 10:00 am to 5:00 pm
Sunday 12:00 pm to 5:00 pm