

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Sunny Cove Activities



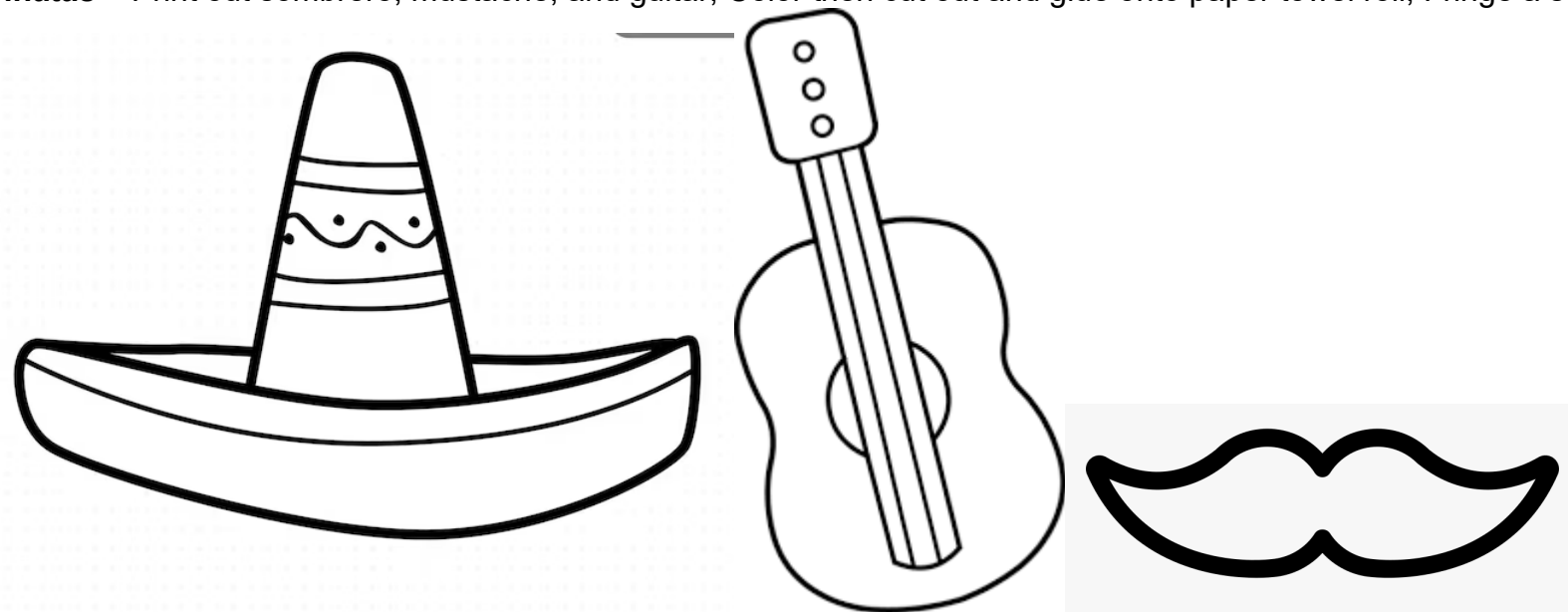
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Kentucky Derby Horse Race! 11:00 Chair Yoga- YM 1:45 Out and About-PE 2:30 Trivia-CE 6:00 Coloring Group- ART May Day	
3 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats!	4 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Sombrero Headbands - ART 3:30 Sing-Along-CE 6:00 Balloon Ball with Music-PE	5 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Paper Plate Tacos- ART 3:30 Cinco De Mayo Party!! Cinco de Mayo	6 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE 6:00 Wood Working Group-CE	7 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Mini Piñatas- Art 3:30 Physical Task Group-PE	8 10:00 Table Game-CE 11:00 Chair Yoga-YM 1:45 Out and About-PE 2:30 Shake Loose a memory-CE 6:00 Coloring Group-ART	9 10:30 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE
10 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats! Mother's Day National Skilled Nursing Care Week	11 10:00 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE 3:30 Sing Along-CE 6:00 Balloon Ball with Music-PE	12 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Men's Coffee with Joe! 3:30 Task Group-CE	13 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE 3:00 Music with Steve! 6:00 Wood Working Group-CE	14 10:00 Table Game-CE 11:00 Exercise-PE 12:00 Picnic on the Patio Lunch! 1:45 Rosary-YM 2:30 Puzzles and Coloring-ART 3:30 Physical Task Group-PE	15 10:00 Table Game-CE 11:00 Chair Yoga-YM 2:30 Trivia-CE 6:00 Coloring Group-ART	16 10:30 Table Game-CE 11:00 Exercise-PE 1:00 Children's Pino Recital Armed Forces Day
17 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats!	18 10:00 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE 3:30 Sing Along-CE 6:00 Balloon Ball with Music-PE Victoria Day (Canada)	19 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Patio Social and planting! -SM 3:30 Task Group-CE	20 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE 6:00 Wood Working Group-CE	21 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Model Making and Guys Talk- CE 3:30 Physical Task Group-PE Shavuot Begins	22 10:00 Table Game-CE 11:00 Chair Yoga-YM 1:45 Out and About-PE 2:30 Flower Pot- ART 6:00 Coloring Group-ART	23 10:30 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE
24 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats!	25 MEMORIAL DAY 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Memorial Day Craft and Social! Memorial Day	26 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Model Making! - SM 3:30 Task Group-CE	27 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE 3:00 Music with Steve! 6:00 Wood Working Group-CE	28 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:00 ICE CREAM OUTING! 3:30 Physical Task Group-PE	29 10:00 Table Game-CE 11:00 Chair Yoga-YM 1:45 Out and About-PE 2:30 Scattergories- CE 6:00 Coloring Group-ART	30 10:30 Table Game-CE 11:00 Exercise-PE 2:00 Lounging with lemonaid-SM
31 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats!	<p> ART – Art Program CE – Cognitive Exercise MP – Musical Program PE – Physical Exercise YM/SM – Yoga/Meditation/Stress Management </p>					



Sombrero head bands- Glue paper cups to paper plates and decorate, then glue onto head band

Paper plate tocos- Glue strips of paper all around the inside edge of paper plate, fold in half and staple/ glue together

Mini piñatas – Print out sombrero, mustache, and guitar, Color then cut out and glue onto paper towel roll, Fringe a strip of paper to create skirt



flower pot art- Cut 2 liter in half, keep the cap on to prevent spilling, fill with sand or rocks and artificial plants

Memorial day streamer- strips of red white steamers, paint tube blue and glue on white stars (can cut out on cricut) Attach red and white streamers, use hole punch to add string to hang the streamers from.