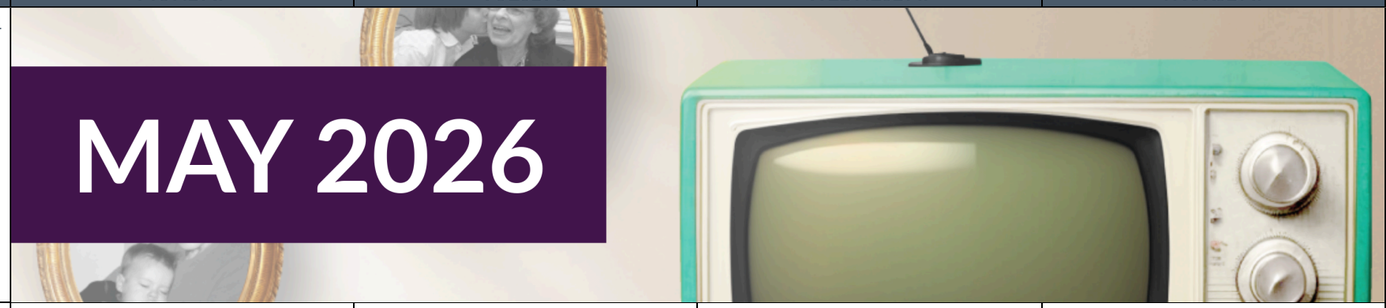
GLENNCREST

Social/Celebration
Community/Connection
Physical Fitness
Entertainment
Cognitive/Sensory/Learning
Creativity/Culinary
Spiritual/Mental Health
Outing

MC | 1950s | RETRO REVIVAL



MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 9:00 AM St. Benedict's Catholic Communion (AR) 9:45 AM Group Exercise Class (AR) 10:15 AM Generosity Club (AR) 11:00 AM Online Church Service (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)					1 9:45 AM Group Exercise Class (AR) 11:30 AM News & Current Events (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	2 10:00 AM Piano Music by Linda (AR) 10:30 AM Exercise w/ Erich (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)
3 9:00 AM St. Benedict's Catholic Communion (AR) 9:45 AM Group Exercise Class (AR) 10:15 AM Generosity Club (AR) 11:00 AM Online Church Service (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	4 9:45 AM Group Exercise Class (AR) 10:30 AM Thinking Cap Game (AR) 11:00 AM Arts & Crafts (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	5 9:45 AM Group Exercise Class (AR) 10:00 AM Comforting Touch w/ Joanita (AR) 11:00 AM Baking Club (AR) 1:00 PM Walking Club (AR) 1:30 PM Small Group Games (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	6 9:45 AM Group Exercise Class (AR) 10:15 AM Thinking Cap Game (ACT) 1:00 PM Walking Club (AR) 1:30 PM Outside Time (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	7 9:45 AM Group Exercise Class (AR) 10:30 AM Bingo (AR) 11:30 AM Lunch Outing (OUT) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	8 9:45 AM Group Exercise Class (AR) 11:30 AM News & Current Events (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	9 10:00 AM Piano Music by Linda (AR) 10:30 AM Exercise w/ Erich (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)
Mother's Day 10 9:00 AM St. Benedict's Catholic Communion (AR) 9:45 AM Group Exercise Class (AR) 10:15 AM Generosity Club (AR) 11:00 AM Online Church Service (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	11 9:45 AM Group Exercise Class (AR) 10:30 AM Thinking Cap Game (AR) 11:00 AM Arts & Crafts (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	12 9:45 AM Group Exercise Class (AR) 10:15 AM Exercise w/ Noel (AR) 11:00 AM Baking Club (AR) 1:00 PM Walking Club (AR) 1:30 PM Music w/ Jerry Gilmore (AR) 1:30 PM Small Group Games (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	13 9:45 AM Group Exercise Class (AR) 10:15 AM Thinking Cap Game (ACT) 1:00 PM Walking Club (AR) 1:30 PM Outside Time (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	14 9:45 AM Group Exercise Class (AR) 10:30 AM Bingo (AR) 11:30 AM Lunch Outing (OUT) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	15 9:45 AM Group Exercise Class (AR) 11:30 AM News & Current Events (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	16 10:00 AM Piano Music by Linda (AR) 10:30 AM Exercise w/ Erich (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)
17 9:00 AM St. Benedict's Catholic Communion (AR) 9:45 AM Group Exercise Class (AR) 10:15 AM Generosity Club (AR) 11:00 AM Online Church Service (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	18 9:45 AM Group Exercise Class (AR) 10:30 AM Thinking Cap Game (AR) 11:00 AM Arts & Crafts (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	19 9:45 AM Group Exercise Class (AR) 11:00 AM Baking Club (AR) 1:00 PM Walking Club (AR) 1:30 PM Music w/ Rockin' Rick (AR) 1:30 PM Small Group Games (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	20 9:45 AM Group Exercise Class (AR) 10:15 AM Thinking Cap Game (ACT) 1:00 PM Walking Club (AR) 1:30 PM Outside Time (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	21 9:45 AM Group Exercise Class (AR) 10:30 AM Bingo (AR) 11:30 AM Lunch Outing (OUT) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	22 9:45 AM Group Exercise Class (AR) 11:30 AM News & Current Events (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	23 10:00 AM Piano Music by Linda (AR) 10:30 AM Exercise w/ Erich (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)
24 9:00 AM St. Benedict's Catholic Communion (AR) 9:45 AM Group Exercise Class (AR) 10:15 AM Generosity Club (AR) 11:00 AM Online Church Service (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	Memorial Day 25 9:45 AM Group Exercise Class (AR) 10:30 AM Thinking Cap Game (AR) 11:00 AM Arts & Crafts (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	26 9:45 AM Group Exercise Class (AR) 11:00 AM Baking Club (AR) 1:00 PM Walking Club (AR) 1:30 PM Small Group Games (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Quiet Moments (AR)	27 9:45 AM Group Exercise Class (AR) 10:15 AM Exercise w/ Noel (AR) 10:15 AM Thinking Cap Game (ACT) 1:00 PM Walking Club (AR) 1:30 PM Outside Time (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	28 9:45 AM Group Exercise Class (AR) 10:30 AM Bingo (AR) 11:30 AM Lunch Outing (OUT) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	29 9:45 AM Group Exercise Class (AR) 11:30 AM News & Current Events (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)	30 10:00 AM Piano Music by Linda (AR) 10:30 AM Exercise w/ Erich (AR) 1:00 PM Walking Club (AR) 2:30 PM Afternoon Social (AR) 3:30 PM Daily Chronicle (AR) 6:00 PM Meditation Music (AR)