



PROVIDENCE CONNECT

MAY 2025



APRIL REFLECTION

May is here, bringing longer days, warmer weather, and a fresh burst of energy. As we move closer to summer, it's the perfect time to reset goals, embrace new opportunities, and enjoy the moments that make this season special. From upcoming events and exciting updates to stories worth sharing, there's plenty to look forward to this month. As always, if you need anything please feel free to reach out via phone or email bethany.degennaro@singhmail.com

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\$3,500 RESIDENTIAL REFERRAL BONUS

FAMILY & FRIENDS REFERRAL PROGRAM!

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



ASSOCIATE SPOTLIGHT: GEORGIA

Congratulations to our Associate of the month, Georgia! You will find her at the concierge desk. She has worked at Waltonwood Providence for 1 and ½ years. She loves interacting with residents and staff. She hails from Jamaica where she found her love for jerk chicken and rice (she also loves Thai food!). She has 3 boys, she loves to sing and one day she wants to experience scuba diving. We are so happy to have you Georgia!



TRANSPORTATION INFORMATION

Waltonwood will provide transportation for medical appointments on Wednesdays, and Thursdays. Please notify the Concierge of your appointment as far in advance as possible with the time, date and location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30 pm.



APRIL HIGHLIGHTS

1

April Fools

9

Master's Tournament



14

Bunny Blessings

15

Read Across America



KEEP MOVING

Weather this time of the year can wreak havoc on our bodies, especially those battling the aches and pains of arthritis. Cool morning and hot humid days can trigger arthritis flare ups that leave even the most active seniors bound to their chairs. The good news is there's something you can do to help ease the discomfort, move! While it may seem counterintuitive getting up and getting moving can actually help keep muscles strong and joints mobile. By incorporating a daily walk, some light resistance training and gentle stretching you can face those arthritis pains head on and come out stronger and feeling better than before.

MAY SPECIAL EVENTS

5

Cinco De Mayo

10

Mother's Day

19

Senior Citizen Day

25

Memorial Day



Well, there haven't been many April showers but we are still seeing May flowers. It is an exciting time as we move into Spring and have a lot of fun events planned. I do want to keep up with communication and let you know that next week we will be sending out letters with areas where we will focus after the completion of the annual surveys. While this is a very good time to share with us where we can improve and what we are doing well I encourage all to not wait to communicate any of this. We are always available and welcome new ideas.

One of the fun events we have planned is Camp Waltonwood. This is a great intergenerational event and a time where we can share fun with multiple ages. Camp Waltonwood is planned for June 27th. Please call in to make reservations. We will Celebrate Cinco De Mayo on (you guessed it May the 5th.) Pinatas, social hours and a themed dinner. We have trips planned for the Lazy Five Ranch and the mint Museum.

All of these fun programs will have greater detail in near future.

As always I want to thank you for making Waltonwood your home. Take walks, have talks, and let's have a great Spring!