

MAY

RESIDENT BIRTHDAYS

6th- Leota H.

- Cathy M.

8th -Doretha H.

9th – Steve L.

10th- Ann P.

-Ken R.

11th-Maxine R.

15th- Fred K.

19th-Dan C.

LIVE ENTERTAINMENT Thursday with Fred on the piano

7th-Ethan Uslan

12th-Giovanni

14th-David Shoff

15th-Patrick Hudson

18th- John Sharpe

20th- Patrick Hudson

21st- Brian McCarn

23rd-John Lewis

25th- Jim Ruth

27th-Jim Ruth



PROVIDENCE CONNECT MAY 2026



Redefining Retirement Living

SINGH

11945 Providence Rd,
Charlotte, NC 28277

www.waltonwood.com

704-246-8636

Facebook: /Waltonwood
Providence

OUTING SCHEDULE

Mondays @ 9:30am- Bank/Pharmacy

Mondays @ 10:30am- Grocery Store

Sundays @ 10:30am Weddington Methodist Church

1st-11:30am-Lunch at The Great Wall

-2:00pm- Kohl's

4th-2:00pm-Walmart

8th - 11:30am-Lunch at Trio

-2:00pm-The Farmers Market

11th-2:00pm- Popshelf/Dollar Tree

15th-9:30am- Mint Museum/Lunch at Catalina's Kitchen

16th-2:00pm Walmart

22nd-11:30am-Lunch at Chili's

-2:00pm-Thrift Stores

25th-2:00pm-Trader Joe's

29th- 11:30am-Picnic in the park

2:00pm-Versona Apparel and Accessories

WHAT'S HAPPENING THIS MONTH

“Sweet May hath come to love us. Flowers, trees, their blossoms don.”

-Heinrich Heine

May 2nd will be the 152nd Kentucky Derby. Come before dinner for a Mint Julep and Benedictine sandwich. The Run for the Roses post time is 6:57pm

Happy Mother's Day to all of our Waltonwood moms! We will celebrate with Brunch on May 3rd

We will have our first Guy Talk men's group on the 4th come by and enjoy a beverage, snack and conversation. Come and see what it's all about.

May 5th we will enjoy Cinco De Mayo with a Mexican dinner and some margaritas.

On the 8th we will celebrate strawberries with Strawberry Day. Wear red or pink.

May 15th we will go to the Mint Museum of Art and see the Caravaggio exhibit. An Italian painter, he helped cultivate the Baroque style through his use of shadow, light, realism and vivid intensity. At 3:30 we will be partying! It is Fred K.'s 100th birthday! John Lewis will be here.

We will have a new entertainer on the 18th, John Sharpe will be here to play his guitar and sing.

We will commemorate Memorial Day with a brief ceremony and moment of silence in the library, followed by a cookout lunch and an ice cream truck.

COMMUNITY MANAGEMENT

John Ficker
Executive Director

Laura Anton
Business Office Manager

Jesus Roman
Culinary Manager

Ashley Jensen
Independent Living
Manager

Matt Swaney
Marketing Manager

Cara Nirenberg
Marketing Manager

Cathy Hill
Life Enrichment Manager

Isaac Harris
Environmental Services
Manager

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



ASSOCIATE SPOTLIGHT

Congratulations to our Associate of the month, Georgia! You will find her at the concierge desk. She has worked at Waltonwood Providence for one and a half years. She loves interacting with residents and staff. She hails from Jamaica. That is where she found her love for jerk chicken and rice (she also loves Thai food!). She has 3 boys. Georgia also loves to sing. One day she wants to experience scuba diving. We are so happy to have you Georgia!



TRANSPORTATION INFORMATION

Waltonwood offers transportation for medical appointments on Tuesdays, Wednesdays, and Thursdays. Please notify the Concierge of your appointment 24-48 hours in advance with the time, date & location. After reservations are made, each resident will be advised of a departure time within 24 hours prior to each appointment. Appointments will be scheduled between the hours of 8:30 am and 3:30pm, within a 10-mile radius. A Waltonwood driver will drop off & pick up residents in as timely a manner as possible. Please note appointments that are beyond a 10-mile radius will acquire a \$2.00 charge per mile for every additional mile.

In order to ensure the health and safety of our residents and bus drivers, residents must sanitize their hands before and after boarding the transportation vehicle for their appointment.

Each month we have outings to banks, shopping centers, pharmacies, restaurants, grocery stores, and other places. Please see the calendar for specific dates and times and sign up at the table by the mail boxes.

APRIL HIGHLIGHTS

2nd	17th	22nd	29th
Easter Dinner	Glencairn Gardens	Garden Party	Knights Baseball game

Keep Moving

Weather this time of the year can wreak havoc on our bodies, especially those battling the aches and pains of arthritis. Cool morning and hot humid days can trigger arthritis flare ups that leave even the most active seniors bound to their chairs. The good news is there's something you can do to help ease the discomfort, move! While it may seem counterintuitive getting up and getting moving can actually help keep muscles strong and joints mobile. By incorporating a daily walk, some light resistance training and gentle stretching you can face those arthritis pains head on and come out stronger and feeling better than before.

MAY HIGHLIGHTS

2nd	8th
Kentucky Derby	Strawberry Day
15th	25th

Mint Museum of Art Memorial Day



EXECUTIVE DIRECTOR CORNER

Well, there haven't been many April showers but we are still seeing May flowers. It is an exciting time as we move into Spring and we have a lot of fun events planned. I do want to keep up with communication and let you know that next week we will be sending out letters with the areas that we will focus on after receiving the results of the annual surveys. We appreciate you sharing with us where we can improve and also what we are doing well. As always, I encourage all to continue communicating throughout the year. One of the fun events we have coming up is Camp Waltonwood. This is an intergenerational event. It is happening June 27th from 11-1. Please call to make a reservation. As always, I want to thank you for making Waltonwood your home. Take walks, have talks, and let's have a great Spring!

John Ficker