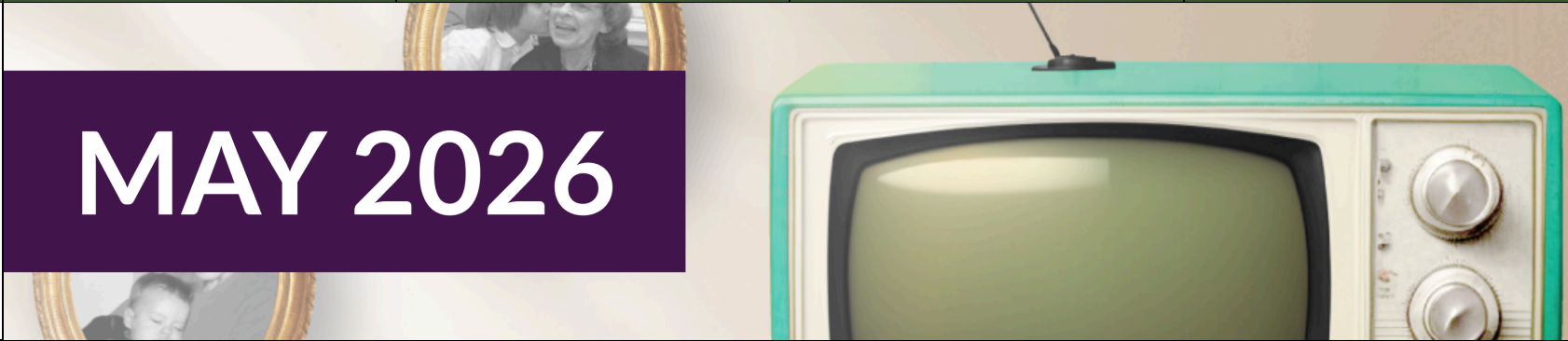


| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY   |  |
|---|--|--|---|--|--|--|--|
| 31<br>10:00 AM ● Gentle Stretching (AUD)<br>10:30 AM ● Board Games (CLB)<br>11:30 AM ● Sunday Brunch (DR)<br>1:30 PM ● Seated Strength Workout (AUD)<br>2:00 PM ● Afternoon Matinee (AUD)<br>6:00 PM ● Classic Card Games (CRD)                   |    |  |   |  |  | 1<br>10:00 AM ● Seated Full Body Strength Workout (AUD)<br>10:30 AM ● Fun Facts about May Day (CLB)<br>11:00 AM ● Rummikub Game (CLB)<br>2:00 PM ● Faith Baptist Church Service (AUD)<br>3:00 PM ● Dominoes (CLB)<br>6:00 PM ● Evening Movie (AUD) | 2<br>10:00 AM ● Seated Flexibility Workout (AUD)<br>10:30 AM ● Classic Card Games (CRD)<br>1:30 PM ● Afternoon Stretch (AUD)<br>2:00 PM ● Board Games (CLB)<br>3:00 PM ● Word Puzzles (CLB)<br>6:00 PM ● Evening Movie (AUD) |
| 3<br>10:00 AM ● Gentle Stretching (AUD)<br>10:30 AM ● Board Games (CLB)<br>11:30 AM ● Sunday Brunch (DIN)<br>1:30 PM ● Seated Strength Workout (AUD)<br>2:00 PM ● Afternoon Matinee (AUD)<br>6:00 PM ● Classic Card Games (CRD)                   | 4<br>10:00 AM ● Range of Motion Workout (AUD)<br>10:30 AM ● Classic Card Games (AUD)<br>11:00 AM ● Travelogue & Trivia- Guatemala (AUD)<br>2:00 PM ● Travels w/ Monika- European Travels: Greece (AUD)<br>3:00 PM ● Craft Corner: Watercolor Paint Design (AUD)<br>6:00 PM ● Evening Movie (AUD)                       | 5<br>10:00 AM ● Seated Abs & Core Workout (AUD)<br>10:30 AM ● Historical Events of the 1950's (AUD)<br>11:00 AM ● History of Cinco De Mayo (AUD)<br>1:30 PM ● Poker Club (CLB)<br>2:00 PM ● Resident Led Bible Study (AUD)<br>3:00 PM ● Cinco De Mayo Celebration (CLB)<br>6:00 PM ● Evening Movie (AUD) | 6<br>10:00 AM ● Rehab in Motion Workout (AUD)<br>10:30 AM ● Morning Devotional (AUD)<br>11:00 AM ● Sequence Card Game (CLB)<br>2:00 PM ● Healthy Indulgence 365: Blueberries (CLB)<br>3:00 PM ● Fun Facts about Idioms (CLB)<br>6:00 PM ● Jeopardy Game Night (AUD)       | 7<br>9:30 AM ● Bible Study w/ First Baptist Church of Tarboro (CLB)<br>10:00 AM ● Chair Pilates Workout (AUD)<br>10:30 AM ● Pokeno (AUD)<br>11:00 AM ● May Random Trivia (AUD)<br>1:30 PM ● Classic Card Games (CRD)<br>3:00 PM ● Happy Hour Social (CLB)<br>4:15 PM ● Daniel's Restaurant Outing (LOB)<br>6:00 PM ● Men's Poker Night (CLB) | 8<br>10:00 AM ● Seated Full Body Strength Workout (AUD)<br>10:30 AM ● Ladderball (AUD)<br>11:00 AM ● Treats for Teacher Appreciation (AUD)<br>2:00 PM ● Blueberry Smoothies (AUD)<br>3:00 PM ● World History w/ Jeffrey Wilhelm (AUD)<br>6:00 PM ● Evening Movie (AUD) | 9<br>10:00 AM ● Seated Flexibility Workout (AUD)<br>10:30 AM ● Classic Card Games (CRD)<br>1:30 PM ● Afternoon Stretch (AUD)<br>2:00 PM ● Board Games (CLB)<br>3:00 PM ● Word Puzzles (CLB)<br>6:00 PM ● Evening Movie (AUD)                       |  |
| Mother's Day 10<br>10:00 AM ● Gentle Stretching (AUD)<br>10:30 AM ● Dominoes (CLB)<br>11:30 AM ● Mother's Day Lunch- Family Event (DR)<br>2:00 PM ● Afternoon Matinee (CLB)<br>3:00 PM ● Word Puzzles (CLB)<br>6:00 PM ● Classic Card Games (CRD) | 11<br>10:00 AM ● Resistance Band Workout (AUD)<br>10:30 AM ● Cornhole (AUD)<br>11:00 AM ● What's Your Verdict? (AUD)<br>1:00 PM ● Music w/ Violinist Dave Binanay (AUD)<br>2:00 PM ● Travels w/ Monika- European Travels: Italy (AUD)<br>3:00 PM ● Coffee & Chat w/ Steve (AUD)  | 12<br>9:30 AM ● Raleigh Museum of Art (LOB)<br>10:00 AM ● Balance & Mobility Workout (AUD)<br>10:30 AM ● Scattergories Categories (AUD)<br>12:00 PM ● Veterans Lunch (DR)<br>1:30 PM ● Poker Club (CLB)<br>3:00 PM ● Happy Hour w/ Anna Heckert (AUD)<br>6:00 PM ● Evening Movie (AUD)                   | 13<br>10:00 AM ● Rehab in Motion Workout (AUD)<br>10:30 AM ● Morning Devotional (AUD)<br>11:00 AM ● Blank Slate (AUD)<br>2:00 PM ● NC History w/ John Mills (AUD)<br>3:00 PM ● Scrabble (CLB)<br>6:00 PM ● Evening Movie (AUD)  | 14<br>9:30 AM ● Sylvan Heights Bird Park (LOB)<br>10:00 AM ● Seated HIIT Workout (AUD)<br>10:30 AM ● Bingo (AUD)<br>11:00 AM ● Turtle Trivia (AUD)<br>2:00 PM ● Prayer & Communion w/ Stephen (CLB)<br>3:00 PM ● Happy Hour Social (CLB)<br>6:00 PM ● Men's Poker Night (CLB)  | 15<br>10:00 AM ● Seated Full Body Strength Workout (AUD)<br>10:30 AM ● Fun Facts about Chocolate Chips (CLB)<br>11:00 AM ● Rummikub Game (CLB)<br>2:00 PM ● Coke & Cheerwine Floats (AUD)<br>3:00 PM ● Guess the Price (AUD)<br>6:00 PM ● Evening Movie (AUD)          | 16<br>10:00 AM ● Seated Flexibility Workout (AUD)<br>10:30 AM ● Classic Card Games (CRD)<br>1:30 PM ● Afternoon Stretch (AUD)<br>2:00 PM ● Board Games (CLB)<br>3:00 PM ● Word Puzzles (CLB)<br>6:00 PM ● Evening Movie (AUD)                      |  |
| 17<br>10:00 AM ● Gentle Stretching (AUD)<br>10:30 AM ● Board Games (CLB)<br>11:30 AM ● Sunday Brunch (DIN)<br>1:30 PM ● Seated Strength Workout (AUD)<br>2:00 PM ● Afternoon Matinee (AUD)<br>6:00 PM ● Classic Card Games (CRD)                  | 18<br>10:00 AM ● Range of Motion Workout (AUD)<br>10:30 AM ● Rehab in Motion Health Talk (AUD)<br>12:00 PM ● Resident Birthday Luncheon (DR)<br>2:00 PM ● Travels w/ Monika- European Travels: England (AUD)<br>3:00 PM ● Craft Corner: Stars & Stripes Jar Lanterns (AUD)<br>6:30 PM ● Evening Service w/ The Barnett | 19<br>8:30 AM ● Airborne & Special Forces Museum Outing (LOB)<br>10:00 AM ● Seated Abs & Core Workout (AUD)<br>10:30 AM ● Dominoes (CLB)<br>1:30 PM ● Poker Club (CLB)<br>2:00 PM ● Resident Led Bible Study (AUD)<br>3:00 PM ● Happy Hour Social (CLB)<br>6:00 PM ● Methodist Men's Choir (AUD)         | 20<br>10:00 AM ● Rehab in Motion Workout (AUD)<br>10:30 AM ● Morning Devotional (AUD)<br>11:00 AM ● Name that Tune- 50's Edition (AUD)<br>2:00 PM ● Resident Town Hall Meeting (AUD)<br>2:30 PM ● Resident Dining Services Meeting (AUD)<br>6:00 PM ● Evening Movie (AUD) | 21<br>10:00 AM ● Chair Pilates Workout (AUD)<br>10:30 AM ● Pokeno (AUD)<br>11:00 AM ● Jeopardy (AUD)<br>1:30 PM ● Classic Card Games (CRD)<br>3:00 PM ● Happy Hour Social (CLB)<br>6:00 PM ● Men's Poker Night (CLB)   | 22<br>10:00 AM ● Seated Full Body Strength Workout (AUD)<br>10:30 AM ● Ladderball (AUD)<br>10:45 AM ● Tarboro Coffee House (LOB)<br>2:00 PM ● Strawberry Ice Cream Social (AUD)<br>3:00 PM ● 1950's Trivia (AUD)<br>6:00 PM ● Evening Movie (AUD)                      | 23<br>10:00 AM ● Seated Flexibility Workout (AUD)<br>10:30 AM ● Classic Card Games (CRD)<br>1:30 PM ● Afternoon Stretch (AUD)<br>2:00 PM ● Board Games (CLB)<br>3:00 PM ● Word Puzzles (CLB)<br>6:00 PM ● Evening Movie (AUD)                      |  |
| 24<br>10:00 AM ● Gentle Stretching (AUD)<br>10:30 AM ● Board Games (CLB)<br>11:30 AM ● Sunday Brunch (DR)<br>1:30 PM ● Seated Strength Workout (AUD)<br>2:00 PM ● Afternoon Matinee (AUD)<br>6:00 PM ● Classic Card Games (CRD)                   | Memorial Day 25<br>10:00 AM ● Resistance Band Workout (AUD)<br>10:30 AM ● Cornhole (AUD)<br>11:00 AM ● The Origins of Memorial Day (AUD)<br>12:00 PM ● Memorial Day BBQ- Family Event (DR)<br>2:00 PM ● Travels w/ Monika- European Travels: Ireland & Scotland (AUD)<br>6:00 PM ● Evening Movie (AUD)                 | 26<br>10:00 AM ● Balance & Mobility Workout (AUD)<br>10:30 AM ● Technology of the 50's (AUD)<br>11:00 AM ● Trivia- Who am I? (AUD)<br>1:30 PM ● Poker Club (CLB)<br>3:00 PM ● Happy Hour Social (CLB)  | 27<br>10:00 AM ● Rehab in Motion Workout (AUD)<br>10:30 AM ● Morning Devotional (AUD)<br>11:00 AM ● Blank Slate (AUD)<br>2:00 PM ● Taste of the 50's- Family Event (AUD)<br>3:15 PM ● Butterbean Auction (AUD)<br>6:00 PM ● Evening Movie (AUD)                           | 28<br>10:00 AM ● Seated HIIT Workout (AUD)<br>10:30 AM ● Bingo (AUD)<br>2:00 PM ● Prayer & Communion w/ Stephen (CLB)<br>3:00 PM ● Happy Hour Social (CLB)<br>4:15 PM ● Jack's Restaurant Outing (LOB)<br>6:00 PM ● Men's Poker Night (CLB)  | 29<br>10:00 AM ● Seated Full Body Strength Workout (AUD)<br>10:30 AM ● Creative Writing (CLB)<br>2:00 PM ● Hymns Sing-Along w/ Renee Bennett (AUD)<br>3:00 PM ● Family Feud (AUD)<br>6:00 PM ● Evening Movie (AUD)   | 30<br>10:00 AM ● Seated Flexibility Workout (AUD)<br>10:30 AM ● Classic Card Games (CRD)<br>1:30 PM ● Afternoon Stretch (AUD)<br>2:00 PM ● Board Games (CLB)<br>3:00 PM ● Word Puzzles (CLB)<br>6:00 PM ● Evening Movie (AUD)                      |  |