

May 2026

COTSWOLD CONNECT

MAY 2026

MEMORY CARE EDITION



Redefining Retirement Living

SINGH.

5215 Randolph Rd., Charlotte, NC 28211

www.waltonwood.com | 704-496-9310

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April Showers Bring May Flowers

May has arrived, bringing warmer days, blooming flowers, and a renewed sense of energy throughout our community. As we welcome the beauty of the season, we're also excited to share a full calendar of engaging programs, special celebrations, and opportunities to connect.

This month, we are looking forward to our annual Waltonwood Cotswold prom. It will be held on Wednesday, May 13th throughout the afternoon and early evening. We will begin with makeup and hair care at 2pm in the hobby room. We will have a special piano performance by Patrick Hudson at 3:30 pm in the living room. Lastly, residents will be treated to a special prom dinner beginning at 4:30 pm. All residents are welcome to attend these prom-themed events, and we encourage everyone to take the opportunity to get dressed up for the afternoon. We want all of our residents to be able to look and feel their best.

It's that time of the year again – make sure to mark your calendars for Camp Waltonwood! Our beloved annual intergenerational event is back, bringing together residents and children from their families or the local community for a night of fun and connection. This year's theme is "The Great Outdoors," so join us on Friday, June 5th from 5:30 pm to 7:30 pm for an exciting evening of themed programs. Dinner will be served for all participants and their parents/guardians. Don't miss this special opportunity to create lasting memories across generations.

- Your Waltonwood Family

COMMUNITY LEADERSHIP

Jeff Plummer

Regional Director of Operations

Christine Hames

Executive Director

Sharyn Riddle

Business Office Manager

Hadiyyah Hilton

Housekeeping Supervisor

Sophia Wicker

Life Enrichment Manager

Jaynie Segal

Marketing Manager

Donna Eaton

Resident Care Manager

Tiffany McKinney

Wellness Coordinator

Dana Price

Culinary Services Manager

John Williams

Environmental Services Manager

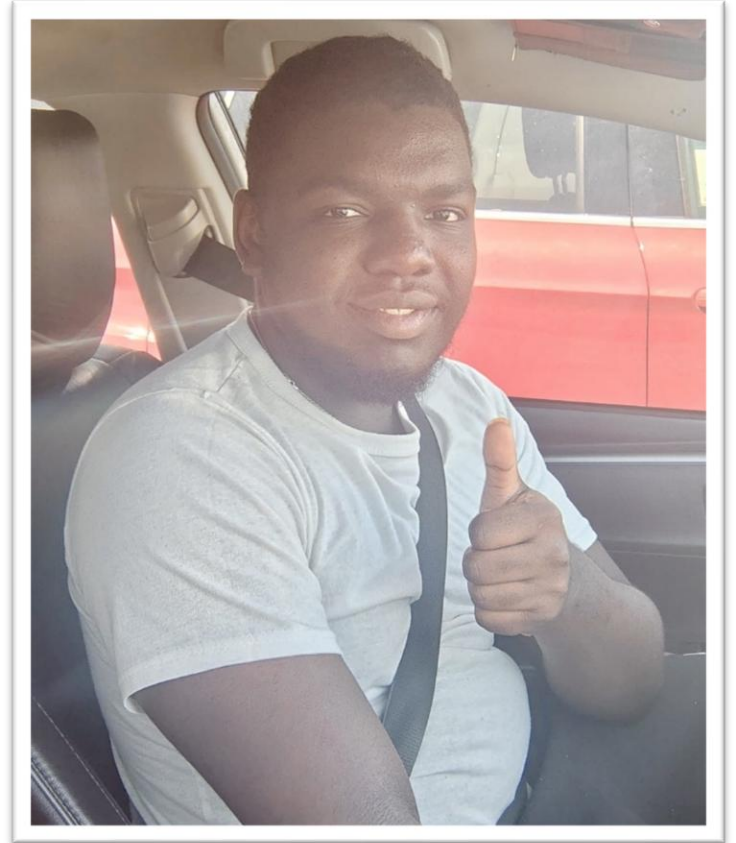
ASSOCIATE SPOTLIGHT KINGSTON STEWART

Kingston has worked at Waltonwood for almost a year now as a server on our culinary team. He is originally from Charlotte, but has lived in other states before making his way back to his hometown with his family. He is the oldest of three kids, with a younger brother and sister. He loves being their big brother and does his best to spend his free time with them and help them out. In fact, Kingston is very close to his whole family and has said that he cannot find the words to express how thankful he is for all of them and their support for him. He also has the pleasure of working alongside his mother, Kimberly, who is a caregiver here at Waltonwood!

Outside of work, Kingston enjoys hanging out with his family, going uptown, and playing games. Currently, his favorite game is "Burnout Paradise". Kingston has also been enjoying driving, as he just got his driver's license! He has found that chatting while driving is a great way to relieve stress.

When you see Kingston around the community, you can count on him to willingly help you with whatever you need. You can also count on him to be full of energy, fueled by his love of coffee. Although, Kingston would like people to know that he is relaxed even if he doesn't always seem like it, especially outside of work. He likes to reserve his energy for his residents, coworkers, and family.

We are so grateful to have Kingston as a member of our Waltonwood Family and look forward to seeing him grow in the future!



APRIL HIGHLIGHTS by *Shaniece Davis, LE*

Assistant

This past month, as spring blossomed around us, we we're filled with joy from the vibrant garden. Imagine birds chirping, flowers blooming, and a warm breeze in the air.

We enjoyed a fantastic lineup of live music, featuring performances by Carol Zureick, Ethan Uslan, Patrick Hudson, Brian McCarn, Xavier Musique, David Jennings, Kylie Kulwicki, Carol Kelly, and David Shoff. Our residents had the best time dancing and singing along with our talented musicians.

Our armchair travels took us to Israel, Belgium, Provence, and the French Riviera. Then, in the craft corner, residents enjoyed creating DIY Easter eggs, carrot canvas button art, tissue paper hyacinths, and Arbor Day watercolors. Our outings included Super Chix, Park Road Park, Amelie's French Bakery, and Eden's Café. We have all enjoyed exploring different destinations around our beautiful city on these trips, especially trying out a couple of brand new spots like Super Chix and Eden's. In the kitchen, we delighted in making our classic chocolate chip cookies for our associates, lemon cupcakes, roasted zucchini dip, and blueberry muffins.

We're so grateful for all these moments of connection and creativity this spring! As we embrace the beauty of spring, we look ahead with gratitude for each and every moment we've shared together. Thank you to all our residents, families, and associates for making Waltonwood Cotswold a truly special place.

Multidimensional Wellness by *Shirlena Hucks, FFC*

Join us on Wednesday May 27th as we celebrate National Senior Health and Fitness Day! The annual celebration highlights the impact that staying active and fit has on our overall health and wellness as we age. Mirroring the principles of the Waltonwood Forever Fit Program, National Senior Health and Fitness Day promotes the benefits of regular exercise by finding creative ways to incorporate fitness into your daily routine. This year we have planned a Health Fair with you in mind. It's never too late to pursue a more active and healthier lifestyle. Gather a few friends and join us as we celebrate National Senior Health and Fitness Day 2026!



TRANSPORTATION INFORMATION

Waltonwood Cotswold offers a variety of offsite outings throughout the week. Please refer to the calendar for the full schedule.

Here are our scheduled outings for the month!

- ❖ May 7th – Park Road Park
- ❖ May 14th – Vara Juice
- ❖ May 21st – Outback Steakhouse
- ❖ May 28th – Krispy Kreme



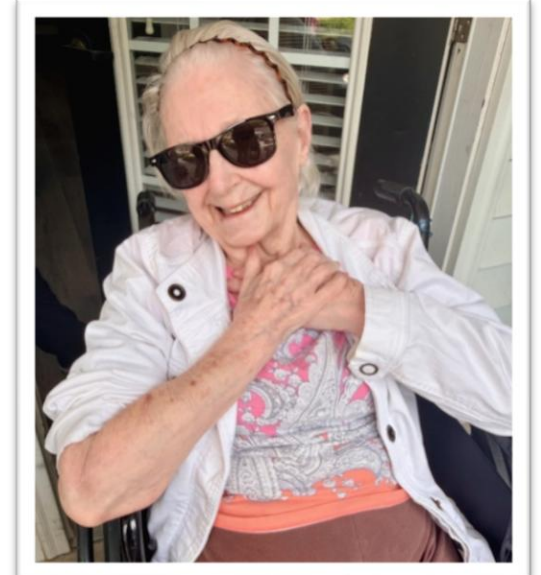
In addition to all of these outings, residents go on scenic drives every Monday at 10:00am to explore the various sights and neighborhoods that Charlotte has to offer.

SPECIAL EVENTS

1 **13**
Mother's Day Luncheon **Waltonwood Prom**
11:30am



25 **27**
Memorial Day **National Senior Health & Fitness Day**



EXECUTIVE DIRECTOR CORNER

Dear Residents and Families,

I am excited to share we have several exciting upcoming events on the horizon, including our intergeneration event, Camp Waltonwood. This annual, company-wide event began in 2018 and offers a wonderful opportunity for our residents to invite their children, grandchildren, and great-grandchildren to experience life at Waltonwood. It's a meaningful and fun way to connect across generations and create lasting memories.

Camp Waltonwood is scheduled for June 5th from 5:30pm to 7:30pm. This year, we will be embarking on an adventure through "The Great Outdoors", and have a variety of fun activities planned, along with a delicious menu that both residents and children will enjoy. We hope you'll join us for this engaging and fun-filled annual event.

Celebrating Birthdays This Month



HAPPY BIRTHDAY



“The longer I live, the more beautiful life becomes.”

-Frank Lloyd Wright



FRIENDS & FAMILY REFERRAL PROGRAM!

RESIDENT SPOTLIGHT KARLA B.



This month, we proudly recognize Karla B., a treasured member of the Waltonwood Cotswold community. Born on August 29th in Saline, Ohio, Karla grew up with her parents, Karl and Mary and her five siblings. Growing up, she enjoyed farming, reading, and sewing.

Karla later found herself in Boston, MA attending Harvard University studying government. After graduating, she married her husband, Joe. Together, the two of them built a family anchored in love, raising their daughter Katrina.

Karla’s career is a testament to her dedication—serving as a middle school teacher, postal worker, and an IRS trainer and manager. Her commitment to education and public service has left a lasting mark.

In our community, Karla is often found relaxing with a warm cup of coffee, enjoying her favorite mug, and unwinding with a good show on the couch. She loves ice cream, the scent of roses, and the simple joys of autumn days. Her passion for crafting, playing games, and sharing her warmth brightens every corner of Waltonwood.

Karla, we are deeply grateful for your kindness, your wisdom, and the joy you bring to our community.

IN-ROOM CHANNEL IS NOW AVAILABLE

channel 1394

Residents can now access the channel that displays on the hallway TVs in their apartments! This channel shows the daily programs, announcements, birthdays, outing information, photo highlights for the month, and more. Use your Spectrum TV remote to access the channel at any time.

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!