

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

			<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 10:30 Shopping-CVS, L 12:30 Cocktails & Trivia, C 2:00 Bingo, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>Medical Transportation 9:30 Table Word Puzzles C 10:00 Catholic Services, FL 1:00 Afternoon Stroll, L 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Photos with Easter Bunny, LR 2:00 Birthday Celebration David & Lynn, DR 5:30 Evening Movie, FL</p>	<p>10:00 Morning Exercise, DR 2:00 Balloon Volley Ball C 2:30 Word Games, DR 5:30 Evening Movie, FL 6:00 Table Games, C</p>
<p>9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL</p> <p>Easter Sunday</p>	<p>9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>9:00 Morning Musical, FL 9:30 Table Word Puzzles C 10:00 Exercise & Strength 1:00 Wii Bowling, C 1:30 Hand & Foot, FL 2:00 Afternoon Stroll, L 3:00 Music Lovers, C 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 10:30 Shopping-QFC, L 12:30 Cocktails & Trivia, C 2:00 Crafty Creation, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>Medical Transportation 9:30 Table Word Puzzles C 10:00 Catholic Services, FL 1:00 Afternoon Stroll, L 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 11:00 Lunch Outing-Mod Pizza, L 2:00 Happy Hour with Duane, DR 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>10:00 Morning Exercise, DR 2:00 Balloon Volley Ball C 2:30 Word Games, DR 5:30 Evening Movie, FL 6:00 Table Games, C</p>
<p>9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL</p>	<p>9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>9:30 Table Word Puzzles C 10:00 Exercise & Strength 12:00 Swing Dance-North Bellevue Senior Center, L 1:30 Hand and Foot, FL 3:00 Afternoon Musical, FL 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 10:30 Shopping-CVS, L 12:30 Cocktails & Trivia, C 2:00 Bingo, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>Medical Transportation 9:30 Table Word Puzzles C 10:00 Catholic Services, FL 1:00 Activity Talk, C 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 12:30 Adult Coloring, C 2:00 Happy Hour with Lindi Moo DR 3:00 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>10:00 Morning Exercise, DR 2:00 Balloon Volley Ball C 2:30 Word Games, DR 5:30 Evening Movie, FL 6:00 Table Games, C</p>
<p>9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL</p>	<p>9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L 1:30 Scenic Drive, L 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>9:00 Morning Musical, FL 9:30 Table Word Puzzles C 10:00 Exercise & Strength 11:00 Food & Fashion, L 1:30 Hand & Foot, FL 2:00 Afternoon Stroll, L 3:00 Scategories Word Games, C</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 10:30 Shopping-QFC, L 12:30 Cocktails & Trivia, C 2:00 Bingo, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>Medical Transportation 9:30 Table Word Puzzles C 10:00 Catholic Services, FL 1:00 Food Committee With Josh, DR 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 11:00 Lunch Outing-Red Robin, L 2:00 Entertainment with C.C, DR 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>10:00 Morning Exercise, DR 2:00 Balloon Volley Ball C 2:30 Word Games, DR 5:30 Evening Movie, FL 6:00 Table Games, C</p>
<p>9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L 2:00 Bingo, DR 5:30 Evening Movie, FL</p>	<p>9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L 1:30 Resident Meeting Come Share your Ideas, DR 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>9:00 Morning Musical, FL 9:30 Table Word Puzzles C 10:00 Exercise & Strength 1:00 Casino, Time, L 1:30 Hand & Foot, FL 3:00 Scategories Word Games, C 3:00 Music Lovers, C 5:30 Evening Movie, FL</p>	<p>9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 10:30 Shopping-CVS, L 12:30 Cocktails & Trivia, C 2:00 Bingo Bash, DR 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C</p>	<p>Medical Transportation 9:30 Table Word Puzzles C 10:00 Catholic Services, FL 1:00 Chef Demo With Josh, DR 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL</p>		

April 2026

THE MONTHLY GAZETTE

*"A gush of bird-song, a patter of dew,
A cloud, and a rainbow's warning.
Suddenly sunshine and perfect blue—
An April day in the morning."*

~ Attributed to Harriet Prescott Spofford



Animal of the Month – Peregrine Falcon

The majestic peregrine falcon is known for its spectacularly fast flying and is the fastest animal in the world. It averages between 25 and 34 miles per hour while traveling, but reaches 69 to 200 miles per hour when pursuing food. This powerful bird's meal of choice is small- to medium-sized birds, such as pigeons, sparrows, doves, and ducks. Bird-eating raptors are called *avivores*. They swoop down from high above, snatching prey from the air. If birds are scarce, they will hunt for rodents, bats, small reptiles, and insects. Peregrine falcons have been trained by humans



for hunting for more than a thousand years. They typically live well into their teens, with the oldest on record reaching nearly 20 years old. This falcon enjoys nesting on cliffs and lives in a range of habitats, from urban environments to shorelines. The females are larger than the males. Peregrines are found on all continents except Antarctica.

Special Days

April Fools' Day
April 1

Good Friday
April 3

Easter
April 5

Last Day of Passover
April 9

Orthodox Easter
April 12

Tax Day
April 15

Earth Day
April 22

Flower – Daisy



April's flower is the dainty daisy. It gets its name from the Anglo-Saxon *day's* eye, as it looks like a sun and opens with sunshine, and it represents innocence and purity. Legend tells that the first daisy appeared when a young nymph transformed into one to avoid unwanted attention. In Norse mythology, the daisy is the flower of Freya, goddess of love, motherhood, and beauty. Romantics often pull off daisy petals one by one to tell if "he loves me" or "loves me not."

Birthstone – Diamond



The gorgeous, glittery diamond is the birthstone for April. For centuries, this stone has been synonymous with romance, intrigue, power, greed, and magic. In the Middle Ages, it was believed to cure headaches and to create love potions. Today, diamonds symbolize everlasting love and devotion and are traditionally the stone of choice for engagement rings. The diamond is the hardest material in the world, making it useful for cutting, carving, and polishing.



Assisted Living

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

April 3rd @ 2:00 PM

Birthday Celebration with David & Lynn

April 10th @ 11:00 AM

Lunch-Outing Mod Pizza

April 10th @ 2:00 PM

Happy Hour with Duane

April 14th @ 12:00 PM

Swing Dance-North Bellevue Senior Center

April 17th @ 2:00 PM

Happy Hour with Lindi Moo

April 21st @ 11:00 PM

Food & Fashion-Crossroads Mall

April 23rd @ 1:00 PM

Food Committee with Josh

April 24th @ 11:00 PM

Lunch Outing- Red Robin

April 24th @ 2:00 PM

Happy Hour with C.C

April 27th @ 1:30 PM

Resident Meeting-Come Share your Ideas

April 28th @ 1:00 PM

Casino Time

April 30th @ 1:00 PM

Chef Demo with Josh

Scenic Drive Every Monday with Dianna