

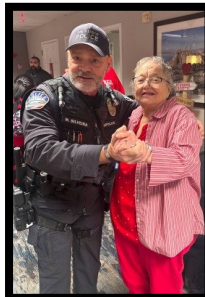
Bringing independence to living and quality to life

Valentine's Day at Regency on Whidbey

On Friday, February 13th Regency on Whidbey Residents, Staff and Family and Friends celebrated Valentine's Day. The annual dance in Assisted Living was a huge success thanks to Jada and Tiffany, who worked diligently to decorate the Activity Room and collaborated with the kitchen to prepare snacks and sweets for the event. As always, DJ Moose Moran provided music for dancing. To add to the fun, this year, we added the photo booth from Elaine's Photos.

Residents in both buildings received a special holiday treat from the Cooties, a service organization associated with the VFW, and the Coupeville Lion's Leo Club presented Residents with cards. In Memory Care, Residents celebrated "Pal"-entine's Day with special snacks, that included charcuterie plates and cake-pops. Nurse Sarah's daughter made cards, which she gave to the Residents, and the ladies received a red rose in honor of the event. Residents also had the opportunity to don fun glasses and headbands to pose for pictures with Family and Staff. We hope that your Valentine's Day was just as sweet as ours!

April
2026



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Marcy Dawe LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawwna Hodges
MC Life Enrichment Director

Annette Krugel
Dietary Manager

Rebecca Letendre
Payroll/HR Director

Jeff Lujan
Maintenance Director

Megan Rivers
AL Resident Care Coordinator

Rizaleen "Riza" Tito
MC Resident Care Coordinator



Residents

- **Betty Sue Boyd—4/1**
- **Sherwood Minckler—4/4**
- **Robert Jackson—4/14**
- **Mary Fraser—4/15**
- **Barbara Kordonowy—4/17**
- **Ann Baker—4/24**
- **Steven Diklich—4/30**



Microwave Do's & Don'ts

- Don't put Styrofoam containers in the microwave—transfer your food to a plate for reheating
- Don't run the microwave with nothing in it—this can cause a fire
- Don't put paper bags in the microwave—they can release harmful chemicals & cause a fire
- Don't over-heat water— it can erupt and scald you
- Don't place fine china or metallic trimmed dishes in the microwave
- Do not try to hard-boil eggs in the microwave—the pressure can cause the egg to explode & scald you



Available

Tuesdays & Thursdays
By Appointment ONLY
11:00am—3:00pm



Regency's Beauty Salons

Regency on Whidbey is thrilled to introduce our new beautician, Naomi Lucente.

Naomi comes to us with 35+ years of experience. For the last four years, she has been beautifying the Residents at Sun Towers Retirement Community in Sun City Center, Florida. Prior to that she taught and managed for nearly ten years at the Marinello and Avalon Schools of Beauty in California.

Naomi is looking forward to meeting Residents, and discussing their beauty needs.

**In addition to full salon services, Naomi will also offer...
Waxing, Pedicures,
and Manicures**

**If you would like to make an appointment, you can contact Naomi directly at ...
813-748-4511**





- Joyce Olalia—4/1
- Jennipher Delos-Santos—4/7
- Christy Wilcox—4/8
- Arnida Delos-Santos—4/15
- Anne Pedimonte—4/15
- Kay Haynes—4/18
- Mari Torres—4/24



After Hour Calls

It is best to call during normal business hours, 8:30am—5:00pm

While we apologize for any inconvenience, after 5 o'clock Staff are working to care for your loved one, and are not always able to take calls.

We appreciate your understanding!



The Front Memory Care parking area should only be used by those visiting Memory Care.

Assisted Living visitors should utilize the parking beside and behind the Assisted Living Building.

Daytime Staff should use the lot behind Memory Care and Assisted Living parking (only from the dumpster back)

Street parking is also available, however, please adhere to the applicable signage for each area.

Thank you for your cooperation!



Door Hours

Regency on Whidbey's
Front door is unlocked from
8:30am—5:00pm Daily

Please schedule visits appropriately.

If you will be visiting or returning to the building after 5:00pm, please contact the front desk for the door code.

Thank you!!



While we focus on our Employee Fund during the Holidays, even referring to it as a "Holiday Fund", it is really so much more!

Every year, some moneys are reserved for other Employee benefits.

On their Birthdays and work Anniversaries, Staff receive a card with a monetary gift from you, the Residents.

We also use Fund money to order pizza or other snacks for Staff.

Managers can use the Fund to take Staff to lunch or dinner as a thank you for their hard work.

Most importantly, the Fund is used as an Emergency Fund for Employees. If a Staff member has an unexpected financial expense or an emergency, they can request a small loan from the Fund to cover that cost.



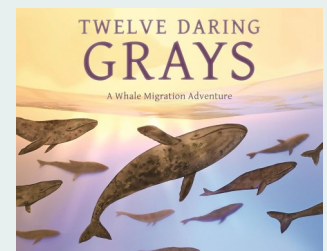
Thursday, April 2nd
2:00pm—3:00pm
Dementia Support Group



Sunday, April 5th
11:30am—1:00pm
Easter Brunch
Maximum 3 Guests
\$23 per Guest Meal



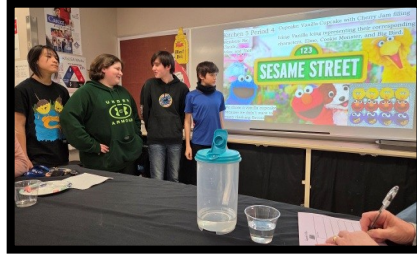
Sunday, April 19th
1:30pm
Author Nora Nickum
Twelve Daring Grays:
A Whale Migration Adventure



Friday, May 8th
Mother's Day Open House



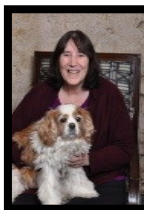
Cupcake Wars at North Whidbey Middle School



Coffee with Mayor Wright



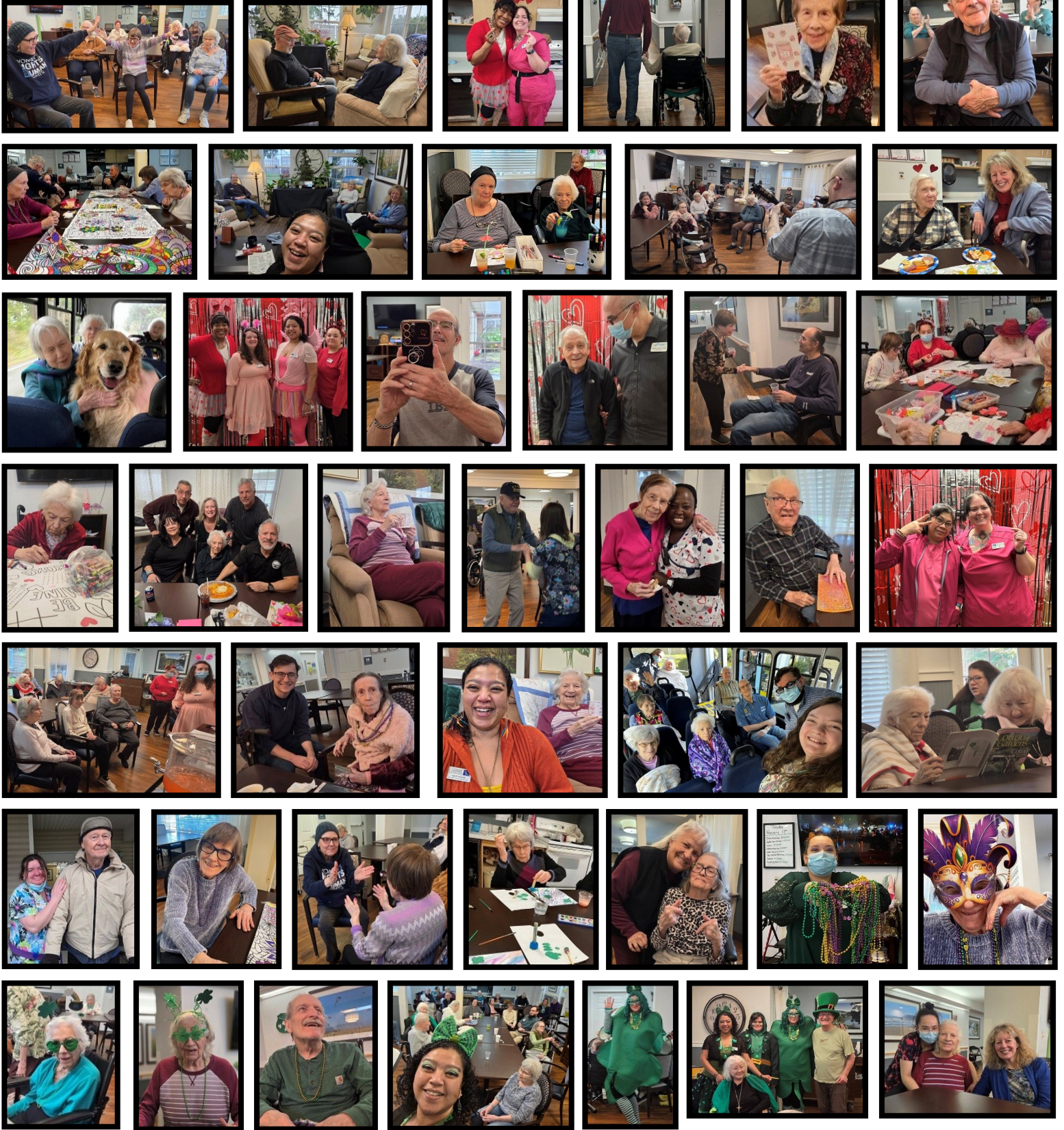
St. Patrick's Day



Valentine's Day Photo Booth



Memory Care Moments



St. Patrick's Day





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933



HAPPY EASTER