

## Eloise's Family Vegetable Soup

A hearty family soup made with tender stew meat, vegetables, and elbow macaroni—simple, comforting, and full of flavor.

### Ingredients

- Stew meat (browned)
- 1 can tomato sauce
- 1 can water (use tomato sauce can)
- Frozen mixed vegetables
- Finely chopped onions
- Finely chopped green, yellow, and red peppers
- Garlic (optional)
- Additional water to taste
- Small elbow macaroni

### Instructions

1. Brown the stew meat in a pan.
2. Add a can of tomato sauce and a can of water to a large pot.
3. Add frozen mixed vegetables.
4. Add finely chopped onions and finely chopped green, yellow, and red peppers.
5. Add garlic if desired.
6. Add more water to taste.
7. Add small elbow macaroni.
8. Let everything cook together until fully done and flavors are combined.