

MARCH HIGHLIGHTS

ST. PATRICK'S DAY CELEBRATION



Celebrating...

4-14 Patty M



Redefining Retirement Living

SINGH

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TWELVE OAKS CONNECT

APRIL 2026



"Spring is April's way of saying, "Let's, Bloom."

April is also about new beginnings. So, for our Detroit Tiger fans there is nothing more exciting than a new baseball season. So, don your *Tiger Spirit Wear*, grab a box of Cracker Jack's and let's cheer on our **Detroit Tiger's** during their Home Opener on **Friday, April 3rd!**

Our community will be celebrating the religious holidays of **Passover** and **Easter** in a variety of ways. So, please join us at our *Family Easter Brunch, Passover Sedar, Easter Basket Weaving Craft, Coloring of Easter Eggs, the showing of the "Ten Commandments", Good Friday "Stations of the Cross", "The Passion of Christ" and "Risen"*

April is also **Volunteer Appreciation Month!** Our community is blessed to have so many wonderful, dedicated Volunteers:

Sunday Catholic Eucharistic Ministers:

Marianne, Rosemary, Michael, Judy & Jane

Faith Presbyterian Church: *Sue & the Lay Ministers*

St. James Catholic Church: *Deacon Pete and Friends*

Non Denomination Service: *Pastor RaeLee & Lay Minister Margaret & Mike*

Jewish Holidays Celebrants: *Leah & school children*

Musical Entertainment: *Dr. Sue, Derek & Angelina, Lily & Jim Duprey*

Pet Therapy: *Tino (Michelle) & Collies (Lisa & Dave)*

Thank you! We couldn't bloom without you!

COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Ionvannisci
Business Office Manager

Artie Romualdo
Environmental Services Mgr

Jacob Chamberlain
Culinary Services Manager

Independent Living Manager

Stefanie Roland-Jones
Life Enrichment Manager

Heather Laskos
Marketing Manager

Casey Hess
Marketing Manager

Shay McClendon
Resident Care Manager

Tynesia Cobb
Wellness Coordinator

Priyanka Ghelani
Wellness Coordinator

PATTY'S WALTONWOOD ADVENTURE: "Some of her Favorite Things"

Family ♥ Books ♥ Grosse Pointe Woods ♥ Friends



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT- SHAY MCCLENDON

Shay McClendon is our new Resident Care Manager. She joined our team on 2/9/26. Shay knew she wanted to work at WTO since she moved back to Michigan in 2022 and worked with agency at Waltonwood Main. She is very excited and happy to be here and will choose gratitude and joy when she shows up every day! Shay remembers wanting to be a nurse since she was young. After high school she went to work and got caught up in the corporate world. When her twin daughters were born, she was inspired to get back into nursing school. She became an LPN in June 2020 during the height of the pandemic, at the time she lived in Austin, Texas. She didn't shy away from being a care worker and worked in many different positions in order to gain a solid nursing foundation. Shay is currently working on her BSN Degree and then plans to get her Masters. Her ultimate goal is to work with woman who are dealing with trauma and mental health issues. She wants to help these women heal. Shay's is of Jamaican descent. Her dad's side of the family is a very prominent family in Jamaica. The House where the Parliament meets is named the Gordon House after her family. Her family is honored in the Jamaican National Hero's Museum. Shay is a grateful and in love mom of 10-year-old twin girls named Harmony and Taya, which means "beautiful blending of parts perfectly formed." Shay grew up on stage and loves singing and dancing. She also enjoys working out, arts and crafts, Legos and roller and ice skating. She loves pizza!!



TRANSPORTATION INFORMATION

Join us this month as we venture out to...

- April 1** Visit the Novi Library – includes an Art Tour
- April 8** Walk in Maybury Park
- April 15** Church Tour of Nativity of the Virgin Mary (Greek Orthodox Church. It will still be decorated from Easter) - Lunch to Follow
- April 22** Luncheon – Buddy's Pizza
- April 29** Ford Piquette Plant Tour – Where it all began

The bus is available for Transportation on **Thursday** for Doctor's Appointments. Please complete a Shuttle Request form and return to the Concierge at least 2 weeks in advance.

MARCH HIGHLIGHTS

4

A few members from our Kindness Council dropped of the Hygiene Kits we put together earlier at **Another Day Resource Center**.

17

Fun was had by all at our **St. Paddy's Day Celebration!**



23

Patty enjoyed a **Waltonwood Adventure** that was filled with "Some of her favorite Things" including a lunch with her daughters.

25

What a wonderful experience exploring the **Detroit Historical Museum**. What a beautiful and educational treasure we have available.



FOREVER FIT – FIT AND FLEXIBLE

As we age muscles lose their elasticity becoming more rigid and stiff. This age-related decline can cause pain, stiffness and decrease our ROM. By maintaining our flexibility as we age, we help to minimize the risk of falls while maximizing our performance of daily activities. Below are just a few tips and exercises that can help keep you loose, limber and feeling your best.

- Identify the joints and surrounding muscles that are in the most need of attention, and use than as a starting point.
- Warm the body up emphasizing proper posture and technique to ensure safe and effective flexibility training
- Move slowly to the point of mild tension not to the point of pain
- Hold each static stretch for 10-90 seconds minimizing bouncing, jerking or excessive force that could cause injury.
- Breathe! Inhale before the stretch, exhale upon it and breather normally while holding the movement.

APRIL SPECIAL EVENTS

2

Stu Johnson is back with another wonderful **Music Ed Program**. Join us for "An Afternoon with Rogers & Hart"

22

Join us on **Earth Day** for a very appropriate **Educational Talk, "Recycling Happens"** presented by Sarah, the Education Coordinator at RRRASOC

27

Sherry returns to share some special stories with us today on **National Storytelling Day**.

30

Join us as we get ready for the **Kentucky Derby Race on May 1st** by decorating our **Derby Hats and grooming our "Derby Horses"**.



EXECUTIVE DIRECTOR CORNER – Joe Whitney

April showers bring May flowers...well with the changing climate I do not know if this is still true, but what is true is the start of the baseball season. April 3rd is the "home" opener for the Tigers, who by all accounts should have a good team this year. Whether you are a baseball fan or not, baseball is still America's past time and I always grew up during summers listening to Ernie Harwell and following the Tigers. So, let's get ready for a long and hopefully successful baseball season and GO TIGERS!!!