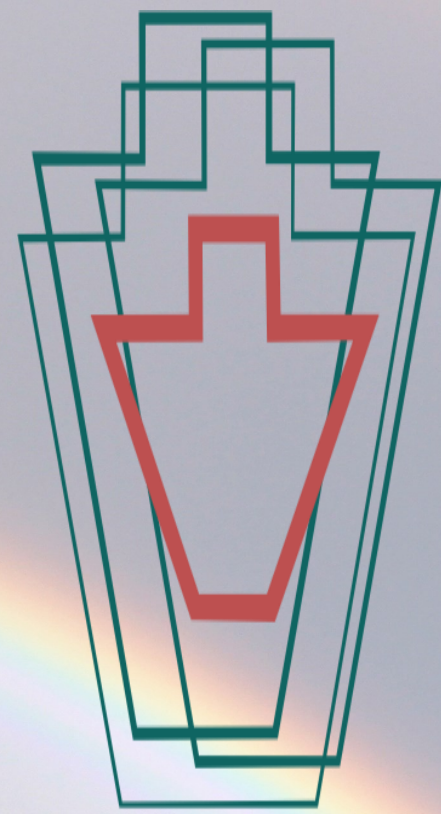


# April Place 2026

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|--|--|---|--|--|
| <p><b>Restaurant Phone: 319-393-7905</b></p>  | <p><b>Free Transportation between 8 a.m. and 2 p.m. to Dr.appointments Monday-Friday</b></p> <p><b>48 Hour Notice</b></p> <p><b>Call The Cedars office at 319-393-9500</b></p>   |  | <p><b>1 April Fools Day!</b></p> <p>10:00 Rummikub AR</p> <p>11:00 Blood Pressure Checks CH</p> <p>1:00 500 CH</p> <p>1:15 <b>Walking Club</b> Lob</p> <p>1:30 Farkle AR</p> <p>3:00 <b>Music:</b> Lob</p> <p>7:00 Nickel Bingo AR</p>   | <p><b>2</b></p> <p>8:30 Water Exercise P</p> <p>10:30 Chair Yoga F</p> <p>1:30 Monthly Birthday Party, &amp; Sing- A-Long AR</p> <p>2:00 Men's Pool League CH</p> <p>2:45 <b>Music:</b> Lob</p> <p>3:00 <b>Mini Massages</b> F</p> <p>6:30 Resident Led Games CH</p> <p>6:30 KCOP Practice AR</p>   | <p><b>3 Non Medical Drives 12-2pm</b></p> <p>8:45 Chair Fitness F</p> <p>10:15 <b>Bank &amp; Post Office</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 Sequence AR</p> <p>2:15 Chair Fitness F</p> <p>3:00 Happy Hour AR</p> <p><b>Good Friday</b></p>            | <p><b>4</b></p> <p>10:00 <b>Easter Egg Hunt</b> CY</p> <p>10:30-2:00 <b>Easter Brunch</b> R</p> <p>1:00 Pinochle CH</p> <p>3:15 KCOP Practice AR</p> <p>6:30 Resident Led Games AR</p> |
| <p><b>5</b></p> <p>9:00 Catholic Service AR</p> <p><b>Happy Easter</b></p>  | <p><b>6</b></p> <p>8:45 Chair Fitness F</p> <p>10:15 <b>Shopping</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 Cauliflower Crust Pizza Nutrition AR</p> <p>3:00 Rosary CH</p> <p>3:15 KCOP Practice AR</p> <p>6:30 Resident Led Games AR</p> <p>6:30 Hand &amp; Foot CH</p> | <p><b>7</b></p> <p>8:30 Water Exercise P</p> <p>10:00 Bingo AR</p> <p>1:30 Universal Yums Box, Brazil AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 Balance Class F</p> <p>3:00 <b>Drum Class/Presentation</b> AR</p> <p>3:15 KCOP Practice AR</p> <p>6:00 Bridge CH</p> | <p><b>8</b></p> <p>10:00 Woman's Coffee Chat AR</p> <p>11:00 Blood Pressure Checks CH</p> <p>1:00 500 CH</p> <p>1:00 Feedback Focus Group AR</p> <p>1:30 Creative Input Focus Group AR</p> <p>3:00 <b>Guitar Music/ Presentation</b> AR</p> <p>3:15 KCOP Practice CH</p> <p>7:00 Nickel Bingo AR</p> | <p><b>9</b></p> <p>8:30 Water Exercise P</p> <p>10:30 Chair Yoga F</p> <p>1:30 Famous Faces &amp; Places AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 <b>Music:</b> Lob</p> <p>3:15 KCOP Practice AR</p> <p>6:30 Resident Led Games AR</p> <p>6:30 <b>Dress Rehearsal, "The Little Mermaid"</b> Lob</p>                                | <p><b>10</b></p> <p>8:45 Chair Fitness F</p> <p>9:00 <b>Casino:</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 KCOP Show AR</p> <p>3:00 Happy Hour AR</p>  | <p><b>11</b></p> <p>1:00 Pinochle CH</p> <p>6:30 Resident Led Games AR</p>   |
| <p><b>12</b></p> <p>9:00 Catholic Service AR</p> <p>2:00 Movie" What About Bob?" With Captions AR</p> <p>6:30 Movie" What About Bob?" No Captions AR</p>                    | <p><b>13</b></p> <p>8:45 Chair Fitness F</p> <p>10:15 <b>Shopping</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 Kale Apple Nut Butter Smoothie AR</p> <p>3:00 Rosary AR</p> <p>6:30 Resident Led Games AR</p> <p>6:30 <b>Community Concert, "Divas Of Soul"</b> Lob</p>     | <p><b>14</b></p> <p>8:30 Water Exercise P</p> <p>9:30 Resident Meeting R</p> <p>10:30 Bingo AR</p> <p>1:30 Make Your Own Humming Bird Feeder AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 Balance Class F</p> <p>6:00 Bridge CH</p>                                     | <p><b>15</b></p> <p>10:00 Dice Bingo AR</p> <p>11:00 Blood Pressure Checks CH</p> <p>1:00 500 CH</p> <p>1:15 <b>Walking Club</b> Lob</p> <p>1:30 Titanic Remembrance Documentary AR</p> <p>3:00 Speaker "China" AR</p> <p>7:00 Nickel Bingo AR</p>   | <p><b>16 Pajama Day!</b></p> <p>8:30 Resident Led Water Exercise P</p> <p>9:30 9 Letter Word Square AR</p> <p>10:30 Chair Yoga Video F</p> <p>11:15 <b>Lunch Out:</b> Lob</p> <p>1:30 Brain Builders, Engineering Activities AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 <b>Mini Massages</b> F</p> <p>6:30 Resident Led Games AR</p> | <p><b>17 Non Medical Drives 12-2pm</b></p> <p>8:45 Chair Fitness W/ Amber F</p> <p>10:00 Alcohol Ink Bowls AR</p> <p>1:00 500 CH</p> <p>1:30 Euchre W/Sue AR</p> <p>3:00 Happy Hour AR</p>   | <p><b>18</b></p> <p>1:00 Pinochle CH</p> <p>2:00 Bible Study W/ Eileen R</p> <p>6:30 Resident Led Games AR</p>   |
| <p><b>19</b></p> <p>9:00 Catholic Service AR</p>  | <p><b>20</b></p> <p>8:45 Chair Fitness F</p> <p>10:15 <b>Shopping</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 Quinoa Tator Tots Nutrition AR</p> <p>3:00 Rosary AR</p> <p>6:30 Resident Led Games AR</p> <p>6:30 Hand &amp; Foot CH</p>                                   | <p><b>21</b></p> <p>8:30 Water Exercise P</p> <p>10:00 Bingo AR</p> <p>1:30 Tone Chime Choir W/ Elisabeth AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 Balance Class F</p> <p>6:00 Bridge CH</p>  | <p><b>22 National Jelly Bean Day</b></p> <p>10:00 Men's Coffee Chat AR</p> <p>11:15 <b>ROMEO:</b> Lob</p> <p>11:00 Blood Pressure Checks CH</p> <p>1:00 500 CH</p> <p>1:30 Jelly Bean Taste Test AR</p> <p>2:30 Indoor Walking Group Lob</p> <p>3:00 Chicken Foot AR</p> <p>7:00 Nickel Bingo AR</p> | <p><b>23</b></p> <p>8:30 Water Exercise P</p> <p>10:30 Chair Yoga F</p> <p>12:30 Resident Council AR</p> <p>1:30 Amada Senior Care Presentation AR</p> <p>2:00 Men's Pool League CH</p> <p>6:30 Resident Led Games AR</p>   | <p><b>24</b></p> <p>8:45 Chair Fitness F</p> <p>10:15 <b>Shopping</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 Worship Service, Non- denominational AR</p> <p>2:30 Chair Drumming F</p> <p>3:00 Happy Hour AR</p>  | <p><b>25</b></p> <p>1:00 Pinochle CH</p> <p>6:30 Resident Led Games AR</p>   |
| <p><b>26</b></p> <p>9:00 Catholic Service AR</p> <p>2:00 Movie" Death On The Nite Days" With Captions AR</p> <p>6:30 Movie" Death On The Nite Days" With No Captions AR</p> | <p><b>27</b></p> <p>8:45 Chair Fitness F</p> <p>10:15 <b>Shopping</b> Lob</p> <p>1:00 500 CH</p> <p>1:30 Strawberry Coconut Lime Juicing AR</p> <p>3:00 Book Club W/ Jo L</p> <p>3:00 Rosary AR</p> <p>6:30 Resident Led Games AR</p> <p>6:30 Hand &amp; Foot CH</p> | <p><b>28</b></p> <p>8:30 Water Exercise P</p> <p>10:00 Bingo AR</p> <p>1:30 Chat W/ Lynn AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 Balance Class F</p> <p>6:00 Bridge CH</p>   | <p><b>29</b></p> <p>10:00 Make May Day Baskets AR</p> <p>11:00 Blood Pressure Checks CH</p> <p>1:00 500 CH</p> <p>1:15 <b>Walking Club</b> Lob</p> <p>2:45 <b>Music:</b> Lob</p> <p>3:00 Bocce Ball CY</p> <p>7:00 Nickel Bingo AR</p>   | <p><b>30</b></p> <p>8:30 Water Exercise P</p> <p>10:30 Chair Yoga F</p> <p>1:30 Sensory Game, What's That Smell? AR</p> <p>2:00 Men's Pool League CH</p> <p>3:00 Cornerstone Caregiving Presentation AR</p> <p>3:00 <b>Mini Massages</b> F</p> <p>6:30 Resident Led Games AR</p>  | <p><b>Locations:</b></p> <p><b>AR - Activity Room</b></p> <p><b>P - Pool</b></p> <p><b>LOB - Lobby</b></p> <p><b>CY - Court Yard</b></p> <p><b>R - Restaurant</b></p> <p><b>L- Library</b></p> <p><b>CH- Club House</b></p> <p><b>F—Fitness Studio</b></p> | <p><b>Important Note:</b></p> <p><b>Any Activity in RED is an activity you will need to sign up for.</b></p> <p><b>The sign up book is located across from the mailboxes.</b></p>      |



March Birthday Party!



# The Keystones of Cedar Rapids

*A Life Fulfilling Retirement Community*



# Place



# April



# 2026

