

Care Center Courier

Skilled Nursing • Respite Care • Rehabilitation Services

Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Resident

April 6	Joyce R.
April 14	Missy B.



Good News

A huge thank you to our wonderful dietary team for the incredible St. Patrick's Day meal! The Reubens were easily the highlight of the day—perfectly prepared and enjoyed by everyone. We truly appreciate all the hard work and heart you put into making our holiday celebrations so delicious.

Moments That Made Us Smile

March has brought a fresh energy to our halls! We took a trip to the Emerald Isle with a classic screening of "The Quiet Man," sparking plenty of smiles and nostalgia.

The highlight of the month was a high-energy visit from local 5th graders for a cross-generational karaoke session. Whether they were hitting the high notes or we were cheering from the front row, the room was full of laughter. We also took advantage of the turning season by heading outdoors for some fresh air, soaking up the first hints of spring sunshine.



313 Stoughton Road, Edgerton, WI 53534
608.884.1617

Amy Ramirez., Administrator

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



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SENIOR HOUSING INC.

EdgertonCareCenter.org

WE ACCEPT CREDIT CARDS

WE ARE HIRING!

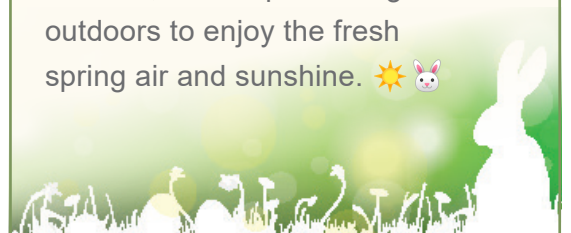
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What's Happening

April is here, and our main focus is enjoying the turn of the season. We will be celebrating Easter on Sunday, April 5th, with some holiday treats and themed decor around the center. As the weather continues to settle, we are prioritizing time outdoors to enjoy the fresh spring air and sunshine. 🌞🐰




Edgerton Care Center | April 2026 Calendar


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 APRIL FOOLS' DAY 09:30AM - Bake&Bond on 1st Floor - Activity Room 11:00AM - Table Talk 01:00PM - OneOnOnes 02:00PM - Bake&Bond/Fun & Games 04:00PM - Balloon Volleyball 6:00-7:00PM - Pampered Up	2 09:30AM - Creative Hour 11:00AM - Throwback Thursday 01:00PM - OneOnOnes 02:00PM - BINGO with Bob 04:00PM - Balloon Volleyball 6:00-7:00PM - Puzzle Palooza	3 09:30AM - Creative Hour 11:00AM - Table Talk 01:00PM - OneOnOnes 02:00PM - Movie & Munchies 04:00PM - Balloon Volleyball 6:00-7:00PM - Resident Choice	4 09:30AM - Color&Chat/Card Making 11:00AM - Brain Games 01:00PM - Balloon Volleyball on 1st Floor - Cafeteria 02:00PM - Fun & Games Word Searches, Crosswords
5 EASTER 09:30AM - LiveStream Church on 1st Floor - Chapel 11:00AM - Table Talk & Music 02:00PM - Fun & Games Word Searches, Crosswords	6 09:30AM - Birthday Crafting 11:00AM - Slow Stretches 01:00PM - Resident Council on 1st Floor - Activity Room 04:00PM - Balloon Volleyball Table Talk, Music 6:00-7:00PM - Pampered Up	7 09:30AM - Birthday Crafting 11:00AM - Trivia with Missy 01:00PM - OneOnOnes 02:00PM - BINGO with Bob 04:00PM - Balloon Volleyball 6:00-7:00PM - Puzzle Palooza	8 09:30AM - Bake&Bond on 1st Floor - Activity Room 11:00AM - Table Talk 01:00PM - OneOnOnes 02:00PM - Bake&Bond/Fun & Games 04:00PM - Balloon Volleyball 6:00-7:00PM - Pampered Up	9 09:30AM - Creative Hour 11:00AM - Throwback Thursday 01:00PM - OneOnOnes 02:00PM - BINGO with Bob 04:00PM - Balloon Volleyball 6:00-7:00PM - Puzzle Palooza	10 09:30AM - Creative Hour 11:00AM - Table Talk 01:00PM - OneOnOnes 02:00PM - Movie & Munchies 04:00PM - Balloon Volleyball 6:00-7:00PM - Resident Choice	11 09:30AM - Color&Chat/Card Making 11:00AM - Brain Games 01:00PM - Balloon Volleyball on 1st Floor - Cafeteria 02:00PM - Fun & Games Word Searches, Crosswords
12 09:30AM - LiveStream Church on 1st Floor - Chapel 11:00AM - Table Talk & Music 02:00PM - Fun & Games Word Searches, Crosswords	13 09:30AM - Chronicle & Creative 11:00AM - Slow Stretches 01:00PM - Fun & Games (Resident Choice) 04:00PM - Balloon Volleyball Table Talk, Music 6:00-7:00PM - Pampered Up	14 09:30AM - Birthday Crafting 11:00AM - Trivia with Missy 01:00PM - OneOnOnes 02:00PM - BINGO with Bob 04:00PM - Balloon Volleyball 6:00-7:00PM - Puzzle Palooza	15 09:30AM - Bake&Bond on 1st Floor - Activity Room 11:00AM - Table Talk 01:00PM - OneOnOnes 02:00PM - Bake&Bond/Fun & Games 04:00PM - Balloon Volleyball 6:00-7:00PM - Pampered Up	16 09:30AM - Creative Hour 11:00AM - Throwback Thursday 01:00PM - OneOnOnes 02:00PM - BINGO with Bob 04:00PM - Balloon Volleyball 6:00-7:00PM - Puzzle Palooza	17 09:30AM - Creative Hour 11:00AM - Table Talk 01:00PM - OneOnOnes 02:00PM - Movie & Munchies 04:00PM - Balloon Volleyball 6:00-7:00PM - Resident Choice	18 09:30AM - Color&Chat/Card Making 11:00AM - Brain Games 01:00PM - Balloon Volleyball on 1st Floor - Cafeteria 02:00PM - Fun & Games Word Searches, Crosswords
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Move Over April Fools! Let's Celebrate "Fun Day" on April 1

There are many ways to have fun, and the definition of "fun" can vary greatly from person to person. From connecting to your community, engaging in a passion that you enjoy, and pursuing new and creative activities, the sky's the limit to what fun can look like for you. When you add more fun to your day-to-day life, it can spark happiness and contentment! **Here are a few unique ideas:**


 **Outdoor Adventures:** As the weather starts to get warmer outside, enjoy a walk in the park, go on a picnic, do some gardening, or simply sit on the porch immersing yourself in the bright sunshine!


 **Community Connection:** Host a get-together with friends and family, go to an organized event with friends, or share stories with the people around you. When you make new friends and keep old ones, your level of fun and joy may increase tenfold!

 **Games and Play:** Dive into the magical world of board games, conquer challenging puzzles, embark on thrilling video game quests, or relive childhood joy with nostalgic games you played as a kid like chess or solitaire.

 **Creative Pursuits:** There are nearly limitless ways to let your creativity shine! Perhaps try writing

a story that's been on your mind lately, or photograph your room in a fun composition. You could also explore crafting a quick ten-minute craft, or let your inner musician shine by singing along to your favorite nostalgic music album.

 **Relaxation & Self-Care:** Indulge in luxurious spa days, find serenity with meditation, enjoy soothing bubble baths or showers, or watch a fun new movie or TV show.

 **Learning & Growth:** It's never too late to explore a topic that has always seemed interesting, pursue the hobbies that ignite your passion, and absorb knowledge from intriguing books or videos.

Visitation Guidelines

To ensure the health and safety of our residents, we kindly ask that all visitors sign in and out of our visitor book upon arrival and departure. This helps us keep track of who's visiting and ensures that everyone has a safe and enjoyable experience.

Community Contacts:

- Administrator**
608-884-1617
- Director of Nursing**
608-884-1137
- Admissions**
608-884-1129
- Housekeeping/Laundry**
608-884-1120
- Human Resources**
608-884-1339
- Social Worker**
608-884-1332
- Activities**
608-884-1133
- Dietary**
608-884-1675
- Therapy**
608-884-1125
- Transportation**
608-884-1134

Walking Benefits for Everyday Wellness

Lace up your comfortable shoes and step outside. Walking is one of the simplest ways to support your overall health, and the benefits add up quickly.

A daily walk of 30 to 60 minutes can help reduce the risk of heart disease, Type II diabetes, certain cancers, and stroke. It supports healthy blood pressure, improves circulation, strengthens the heart, maintains a healthy weight, and builds muscle without stressing the joints.

The benefits go beyond physical health. Regular walkers often sleep better, experience improved mood, and may even boost creativity.

You don't need one long walk to see results. Short walks throughout the day provide meaningful benefits. Try adding a few extra steps in simple ways:

- Walk around the courtyard, garden, or indoor hallways.
- Take a short stroll with a friend, family member, or staff.

Walking is gentle, accessible, and powerful. A few extra minutes each day can strengthen your body, refresh your mind, and support long-term wellness. *Please consult with your physician before making any changes to your exercise routine to know what is right for you.*

Spring Fun Activities

