



The Holton News

— MANOR

APRIL
2026

Skilled Nursing • Inpatient & Outpatient Rehab Therapy • Aquatic Therapy • Respite Care • Hospice Care



Staff Anniversaries

Lisa F	4/8
Pete R	4/7

Activity Event

4/5 Easter Bingo with Residents at 1:00 

4/15 Cycling Without Age is back at 1:00 

4/21 FUN! Grandma's Apron's Presentation with Lanna at 1:30 

Holton
— MANOR

645 N. Church Street, Elkhorn, WI 53121
262.723.4963

Alyssa Sarasin, Administrator
Jody Welch, Business Office Mgr.
Rachel Quintero, Activities

 Like Us On Facebook

As a non/profit 501c3 community, we thank you for supporting our mission of service to seniors through tax/deductible donations of cash or useful items. Please call our office.

 **Wisconsin Illinois**
SENIOR HOUSING INC.

HoltonManor.org

WE ACCEPT CREDIT CARDS

A Letter from the Administrator

As we welcome the month of April, we are reminded that spring in Wisconsin brings both beauty and unpredictability. With the changing seasons comes blooming flowers, warmer days, and fresh energy throughout our community — but it also marks Tornado Awareness Month.

At Holton Manor, the safety of our residents, families, and team members remains our highest priority. Throughout April, we will be reviewing emergency preparedness procedures, reinforcing our severe weather protocols, and conducting internal education to ensure everyone feels confident and prepared. While we hope we never need to implement these plans, being proactive allows us to respond quickly and effectively should severe weather occur. Preparedness is one of the many ways we live out our commitment to Do the Right Thing — even when no one is watching.

In addition to safety planning, our team has been busy preparing the building and grounds for the spring and summer months. You'll begin to see seasonal touches throughout the facility as we freshen up common areas, plan outdoor activities, and look forward to enjoying more time outside. There is something special about this time of year, a sense of renewal and growth, and we are excited to create opportunities for our residents to experience that joy.

Thank you for your continued trust, partnership, and support. It is truly an honor to serve our residents and families each day. As always, if you have questions, suggestions, or simply want to connect, my door is always open.

Wishing you a safe and refreshing start to spring.

Warmly,

Alyssa Sarasin,
Holton Manor Administrator

From Holton Manor Residents and Staff

Check out current posts from Holton Manor on Facebook!



Job Openings

CNAs: All Shifts

Nurses: All Shifts

Housekeeping: Every other weekend

Activities: Casual

Rehab Success Story



“In May 2025, on my birthday, I was diagnosed with Heart Failure. The local Hospital I was going

to decided to prescribe a regimen of narcotics and sent me home. I lived alone and had nobody in Wisconsin who could help me. Things didn't go well. I was having trouble walking, I severely injured my left wrist, and after several trips to the ER, I wound up in a nursing home in Delavan for two weeks. Then came another week in detox, recovering from the narcotics. While I was in detox, I told the doctor who was assigned to me that if they sent me home again, I would probably die. That was my lucky day, because that same doctor was affiliated with Holton Manor. The plan was to keep me in Holton for recovery, therapy on my wrist, and evaluation. Then a plan would be developed from there.

The entire staff at Holton was amazing. The facility was like a health spa, which was a huge improvement over the nursing home in Delavan. My wrist was injured so badly that my left hand was useless, frozen into a hook shape that hurt to just look at. The therapy department used a thermal device of some kind on me, and after two weeks I slowly began to regain the use of the hand. In addition to heart failure, I also suffer from spinal stenosis. I was diagnosed when I was 42 years old and at 67 the heart failure made my condition exponentially worse. Therapy also taught me to get around with a walker, and eventually I reached a level of progress that prompted my insurance company to stop coverage. I was sent to an assisted living facility in Delavan, which will remain nameless.

Sadly, that facility was "unclean" to put it nicely and as a result I contracted a bacterial infection that put me in the emergency room. The infection required infusion treatments that only Holton Manor was equipped for. Shortly after being sent back to Holton, my infection took a very serious turn for the worse and I almost died. Seriously. The nurses at Holton worked a miracle and while I have almost no memory of the worst parts, I can say the nurses saved my life. Shout out to the Medtechs, CNAs, kitchen staff, laundry ladies, housekeeping, maintenance, office staff, administration, and anyone I might be accidentally forgetting for the very important parts they played as well. That being said, once I had recovered from the infection, the Hospital informed me that the infection had made my heart inoperable. They gave me less than three months to live.

The nurses at Holton had other plans. They found an actual Heart Surgeon in Milwaukee, and even though I had resigned myself to an early grave, that surgeon fixed my heart, because that's what good

surgeons do. However, the battle with the infection had really taken its toll. I lost 45% of my muscle mass. I looked like I had just been rescued from a concentration camp. I was a puddle of loose skin and bones laying in my bed. Of course, the surgery and meds really had my digestive machinery messed up. Weeks later, I hadn't been that proud of pooping like a big boy since I was two.

The therapists really had their work cut out for them. I couldn't lift my head off the pillow, let alone do jumping jacks and handstands. But they used the perfect combination of patience and prodding, and after a little over a month, they finally had me up on my feet with a walker, then a cane, and then I was sneaking up behind people just to scare them. Everyone had gotten so used to hearing my wheelchair bang into stuff or the clicking of my cane on the floor that when I was able to get around unaided in my socks, I managed to elicit a scream or three from the night nurses. Nothing quite like being scolded by a nurse who can't stop laughing.

And now my last day at Holton is less than a week away, and they asked me to type up my story. When this journey to Hell and back began, I had to liquidate all my assets, sell my jeep, and designate a Power of Attorney. I wasn't supposed to live but here I am, good looking as ever and full of sass like the good ole days. I'm heading up to my new kick ass apartment in Oshkosh to take full advantage of the fresh start these people have worked so hard to give me. Therapy is sending instructions and elastic bands with me so I can continue to build back my upper body. I'll be flexin' pecks in no time, so watch out ladies!

If you're trying to decide whether or not to stay here or trust them to care for a loved one, I can tell you without hesitation that you will never do better than Holton Manor”.

– Mark W.

WISH List

Do you love to sing or play an instrument? Do you love to talk about current events? Do you love to craft? Did you know you can share your talents with our Residents at Holton Manor? Volunteer with us! Stop by our receptionist desk and fill out a volunteer form. Or Call Rachel (Activity Director) at 262-723-4963 with questions. We would love to see you!

