

Bringing independence to living and quality to life

The Super Bowl was a Super Big Deal at Regency on Whidbey

On Sunday, January 25th, activity plans at Regency on Whidbey were turned upside down when the Seattle Seahawks beat the Denver Broncos to head to Super Bowl LX. While Residents always enjoy watching the big game, having our local team participating meant that this year's party needed to be bigger and better than ever! Our holiday tree was in need of a Seahawk's makeover! With a sparkling 12 at the top, and custom decorations, the tree definitely displayed our team-spirit. Outside, we proudly flew the 12 flag, donated to us, on the flagpole, and the corner sign displayed a special Seahawks banner. A couple Blitz cut-outs and we were ready!

To get Residents geared up, we tie-dyed T-shirts in Seahawk's Blue and Green. Once the dye was set, Jada applied special Iron-ons to the shirts as a finishing touch. In crafts, Residents created Seahawk noisemakers with dyed rice, beads, glitter, and bells. Finally, on Friday afternoon, Residents took turns testing their football skills with our giant inflatable football and goal post. Our aim was not always successful, but we sure had a lot of laughs!

The day of the game, Residents began staking-out their seats for our watch party four hours before kick-off. By the start of the game, the Activity Room was full, beverages were flowing and snacks were being served. The game did not disappoint, ending with a 29-13 Seahawks victory, and many cheers of celebration. Go Hawks!!!

March
2026



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Marcy Dawe LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawwna Hodges
MC Life Enrichment Director

Annette Krugel
Dietary Manager

Rebecca Letendre
Payroll/HR Director

Jeff Lujan
Maintenance Director

Megan Rivers
AL Resident Care Coordinator

Rizaleen "Riza" Tito
MC Resident Care Coordinator



Residents

- **Linda Biggs—3/4**
- **Joan Hughes—3/4**
- **Marvin Hughes—3/6**
- **Julian Sayers—3/8**
- **Shirley Leblanc—3/9**
- **Betty Eidsmoe—3/10**
- **Annie Owens—3/10**
- **Joan Adams—3/11**
- **Dennis Oeth—3/13**
- **Wendy Busch—3/13**
- **Susan Swanson—3/14**
- **David Stoddard—3/18**
- **Jane Johnston—3/21**
- **Lois Ewing—3/28**



After Hour Calls

It is best to call during
normal business hours,
8:30am—5:00pm

While we apologize for any
inconvenience, after 5 o'clock
Staff are working to care for your
loved one, and are not always able
to take calls.

We appreciate your
understanding!



Available

Tuesdays & Thursdays
By Appointment ONLY
11:00am—3:00pm



Regency on Whidbey is pleased to
introduce Marcy Dawe our new
Assisted Living Nurse Manager.

Marcy is a self-proclaimed nomad.
She has resided in many places
including California, Missouri, North
Carolina, Tennessee, Oregon, and,
most recently, Arizona.

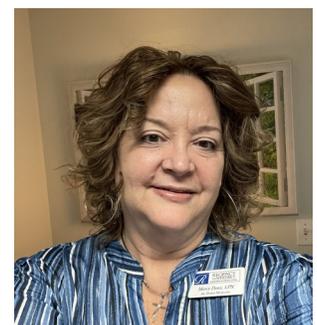
In 2024, Marcy and her daughter
visited Whidbey Island. They loved
the area and Marcy began working on
a plan to move to the island.
Everything finally came together this
past holiday season, Marcy was able
to relocate to Oak Harbor and began
work at Regency on Whidbey
on January 5th.

Marcy worked as a CNA for many
years before becoming a nurse.
Her nursing career has been varied,
including working at a convent caring
for retired nuns and in occupational
health at a slaughter house. She says
that she enjoyed learning the
different aspects of nursing in each of
these positions.

While Marcy has not worked in
Assisted Living before, so far, she
likes everything about her new
position at Regency on Whidbey. She
said that everyone has been very
warm and welcoming, and she is
enjoying getting to know both
Residents and Staff.

When she is not working, Marcy
enjoys outdoor pursuits and
completing home projects.
She is also anxiously awaiting the
arrival of her first Grandbaby.

Please join us in welcoming Marcy to
the Regency on Whidbey family!





- Rose Kolden—3/3
- Lyle La Pierre—3/14
- Linda Morales—3/14
- Amanda Streubel—3/17
- Rebecca Letendre—3/19
- Kathleen Pendleton—3/19
- Autumn Bellamy—3/21
- Haven Rice—3/25
- Carmina Lomeda—3/25
- Divine Grace Manalo—3/28
- Leilanie Coutee—3/31



Regency's Beauty Salons

February 19th was Jennifer Stinson's last day in our Salon. We wish her well in her next adventure. We are currently searching for a new stylist.



The Front Memory Care parking area will be closed March 1st thru March 15th due to flooring replacement in parts of Memory Care.

Visitors can utilize the parking beside and behind the Assisted Living Building or the parking behind Memory Care.

Daytime Staff should use the lot behind Memory Care and Assisted Living parking (only from the dumpster back)

Street parking is also available, however, please adhere to the applicable signage for each area. Thank you for your cooperation!



Regency on Whidbey's Front door is unlocked from 8:30am—5:00pm Daily

Please schedule visits appropriately.

If you will be visiting or returning to the building after 5:00pm, please contact the front desk for the door code.

Thank you!!



While we focus on our Employee Fund during the Holidays, even referring to it as a "Holiday Fund", it is really so much more!

Every year, some moneys are reserved for other Employee benefits.

On their Birthdays and work Anniversaries, Staff receive a card with a monetary gift from you, the Residents.

We also use Fund money to order pizza or other snacks for Staff.

Managers can use the Fund to take Staff to lunch or dinner as a thank you for their hard work.

Most importantly, the Fund is used as an Emergency Fund for Employees. If a Staff member has an unexpected financial expense or an emergency, they can request a small loan from the Fund to cover that cost.



Friday, March 6th 10:00am

Cupcake Wars at North Whidbey Middle School



Saturday, March 7th Before Bed

Spring Forward 1 Hour



Thursday, March 12th

2:00pm—3:00pm Dementia Support Group



Tuesday, March 17th at 3:00pm

Irish Flute Music with Beverly Sheridan



Friday, March 20th at 3:00pm

Irish Music with Maryann Nowicki

Resident Show-n-Tell



Happy New Year!!!



Oak Harbor H.S.—Between the Lines



3rd Annual Soup Contest



More Seahawks Fun



Memory Care Moments





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933

