

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats	2 10:00 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE 3:30 Sing-Along-MP 6:00 Balloon Ball-PE <small>Purim Begins</small>	3 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Truffula Tree Craft-ART	4 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE	5 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Puzzles and Coloring-MA	6 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Out and About-PE 2:30 Trivia-CE	7 10:30 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE
8 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats <small>Daylight Saving Time Begins</small>	9 10:00 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE 3:30 Sing-Along-MP 6:00 Balloon Ball-PE	10 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour-YM/SM 3:00 Task Group-CE	11 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE	12 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Puzzles and Coloring-MA	13 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Out and About-PE 2:30 Trivia-CE St Patrick's Dress-Up Day	14 10:30 Table Game-CE 11:00 Exercise-PE 2:00 Pi Day!!!
15 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats	16 10:00 Table Game-CE 11:00 Exercise-PE 2:00 St Patty's Craft-ART 3:30 Sing-Along-MP 6:00 Balloon Ball-PE	17 10:00 Table Game-CE 11:00 Exercise-PE 2:00 St Patty's Social St. Patrick's Dress-Up Day <small>St. Patrick's Day</small>	18 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE	19 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Rosary-YM 2:30 Irish Cheese Taste Test	20 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Out and About-PE 2:30 Trivia-CE Spring Dress-Up Day <small>Spring Begins</small>	21 10:30 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE
22 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats	23 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Sun Catchers Craft-ART 3:30 Sing-Along-MP 6:00 Balloon Ball-PE	24 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour-YM/SM 3:00 Task Group-CE	25 10:00 Catholic Service-MP 10:15 Table Game-CE 11:00 Exercise-PE 1:30 Protestant Service-MP 2:00 Out and About-PE	26 10:00 Table Game-CE 11:00 Exercise-PE 11:00 Lunch Out 1:45 Rosary-YM 2:30 Purple People Craft-ART (Wear Purple) <small>Epilepsy Awareness</small>	27 10:00 Table Game-CE 11:00 Exercise-PE 1:45 Out and About-PE 2:30 Trivia-CE	28 10:30 Table Game-CE 11:00 Exercise-PE 2:00 BINGO-CE
29 10:00 Church Video-MP 11:00 Exercise-PE 2:30 Root Beer Floats <small>Palm Sunday</small>	30 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Rainbow Fans-ART 3:30 Sing-Along-MP 6:00 Balloon Ball-PE	31 10:00 Table Game-CE 11:00 Exercise-PE 2:00 Relaxation Hour-YM/SM 3:00 Task Group-CE	 <h1 style="color: #D9534F;">March 2026</h1> <p>Sunny Cove Activity Calendar</p>			

CE – Cognitive Activity PE – Physical Activity MP – Music Program YM/SM – Yoga Meditation/Stress Mgmt ART – Art Programming MA – Multisensory Activity