SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Mar 1	**Mar 2** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	**Mar 3** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 11:00am - 4:00pm - Swim w/Buddy P 1:00pm-Movie Matinee-T 6:30pm - Game Night - GR	**Mar 4** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm-Scripture w/Debra	**Mar 5** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am-10:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:30pm- Mahjong - GR	**Mar 6** 8:30 am - 4:00pm - Swim w/Buddy - P 11:00am - Kunkel Ambulance-GR blood pressure and sugar checks 1:30pm Table Tennis - GR	**Mar 7** GREAT ROOM RESERVED 12:00pm-6:00pm
Mar 8 SPRING FORWARD Daylight Saving Time Begins	**Mar 9** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR 3:00pm-Book Club - GR	**Mar 10** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am- Veteran's Coffee Hour- GR 11:00am - 4:00pm - Swim w/Buddy P 1:30pm-Senior Theater Group-GR 6:30pm - Game Night - GR	**Mar 11** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm-Scripture w/Debra	**Mar 12** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am-10:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 1:30pm- Mahjong - GR 3:00pm-Resident Meet n' Greet! - GR	**Mar 13** 8:30 am - 4:00pm - Swim w/Buddy - P 10:00am-The Neighborhood Center, Brain Teasers with Alfacia.	**Mar 14**
Mar 15	**Mar 16** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy - P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	**Mar 17** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 1:00pm-St. Patrick's Day Party-GR with Paul Gleba Entertainment 6:30pm - Game Night - GR	**Mar 18** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 10:30am-DIY Homemade Sloppy Joe 1:30pm-Scripture w/Debra	**Mar 19** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G 11:00am - 2:00pm - Swim w/Buddy - P 1:30pm-Cardmaking w/Dorothy - CR 1:30pm- Mahjong - GR	**Mar 20** 8:30 am - 2:00pm - Swim w/Buddy - P 1:00pm-Movie Matinee-T 1:30pm Table Tennis 	**Mar 21** Mark is back to do the Defensive Driving Course. The course is $35.00. Registration begins at 8:00am. Sign-up is needed no later than March 16th.
Mar 22 	**Mar 23** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	**Mar 24** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 10:00am- Veteran's Coffee Hour- GR 3:00pm-Resident Association-All Resident Meeting - GR 6:30pm - Game Night - GR	**Mar 25** 8:30am-Flexible Fitness GR 8:30am - 4:00pm - Swim w/Buddy - P 9:00 am - Grocery Shopping - B 1:30pm-Scripture w/Debra INDUSTRY NIGHT 5:00PM-7:00PM	**Mar 26** 8:30 am - Stamina/Strength/Stretch - GR 9:00 am - 1:00 pm - Dr Appt - B 9:45am - Aqua Aerobics - P 10:00am - Pool/Billiards - G PAINT & DESSERT with DONNA T. 6PM-8PM $30.00 PER PERSON	**Mar 27** 8:30 am - 2:00pm - Swim w/Buddy - P 9:00am- National "Something" on A Stick Day! Breakfast sausage wrapped pancake on a stick- GR 1:30pm Table Tennis - GR	**Mar 28**
Mar 29	**Mar 30** 8:30am - Fitness w/ Lauren GR 8:30am - 4:00pm - Swim w/Buddy-P 10:00am - Pool/Billiards - G 1:30pm - Bingo GR	**Mar 31** 8:30am-Balance & Stretch-GR 9:00 am - 1:00 pm - Dr Appt - B 9:45 am - Aqua Aerobics P 1:00pm- Joe's Show Of Love - GR Comedy, trivia, & music all rolled into one! 6:30pm - Game Night - GR				

MARCH

LOCATION KEY

B = Bus
BP = Back Patio
CR = Craft Room
FC = Fitness Center
G = Game Room
GR = Great Room
L = Library
P = Pool
T = Theater

Allure Life

♦Healthy♦ ♦Social♦ ♦Mindful♦
♦Playful♦ ♦Creative♦ ♦Centered♦ ♦Inquisitive♦

OFFICE HOURS

Monday - Friday 8:30 am - 4:30 pm
Saturday By Appointment
Sunday CLOSED

GREAT ROOM