SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 2pm- Needlework-L 7pm- Cozy Cinema Time: “Something’s Gotta Give”-T	2 10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo w/ Reighan- B 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “The Incredibles”- T	3 10am- Exercise w/ Betty- B 10:30am- Trader Joe’s Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Nevada Museum of Art Trip ($13 Admission Fee)- BT 3pm- Happy Hour & Music w/ John Palmore- DR 7pm- Cozy Cinema Time: “Seabiscuit”-T	4 10am- Seated Balloon Volleyball- B 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip- BT 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “Funny Lady”-T 7pm- Comedy Club Night (Rated A)- PD	5 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study- T 1:30pm- Getting Your Blood Pressure in Check w/ GreenWell Health- DR 3pm- Happy Hour & Music w/ John Kuhner- DR 7pm- Cozy Cinema Time: “Chicago”- T	6 10am- Trivia- CR 10:30am- Junkee’s Clothing Exchange & Thrift Store- BT 11am-1pm- Tech Table w/ Spencer Thorne- DR 11am- Line Dancing Class- B 1pm- Pinochle/ Bridge- CR 1:30pm- Olympian David Wise Presentation by Kathy Wise- DR 1:30pm- Smiths Trip- BT 7pm- Cozy Cinema Time: “Mamma Mia!”-T	7 9:30am- Walking Exercise Video- T 10am- Needlework- L 10am- Body & Balance w/ Vicki- T 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: “Second Lions”- T
8 DAYLIGHT SAVINGS TIME STARTS 2pm- Needlework-L 7pm- Cozy Cinema Time: “La La Land”-T	9 10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo w/ Reighan- B 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “Play the Game”- T	10 10am- Exercise w/ Betty- B 10:30am- Smiths Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- South Valleys Library Trip- BT 1:30pm- Protecting Yourself from Scams w/ The Better Business Bureau- DR 1:30pm- The Store by Residents Open- Front Lobby 3pm- Happy Hour & Music w/ Jim Beuhler- DR 7pm- Cozy Cinema Time: “Hanging Up”-T	11 10:30am- Grief Group w/ Eden Health- T 11:30am- Lunch Action Station w/ Chef Joe- DR 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip- BT 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “Beyond the Sea”-T 7pm- Comedy Club Night (Rated B)- PD	12 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study- T 1pm- Art Class Hosted by Christina- B 2-4pm- Music w/ Jacques & Vince- DR 3pm- Happy Hour- DR 7pm- Cozy Cinema Time: “Night at the Museum”-T	13 10am- Trivia- CR 10:30am- Target Trip- BT 11am- Line Dancing Class- B 11am- Oreo Cookie Crawl- DR 1pm- Pinochle/ Bridge- CR 1:30pm- Ross Trip- BT 2pm- The Store by Residents Open- Front Lobby 7pm- Cozy Cinema Time: “Angels in the Outfield”-T	14 9:30am- Walking Exercise Video-T 10am- Needlework- L 10am- Body & Balance w/ Vicki- T 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: “Cheaper by the Dozen”-T
15 11am- Sunday Brunch- DR 2pm- Needlework-L 7pm- Cozy Cinema Time: “Wild Hogs”-T	16 10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo w/ Reighan- B 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “Love Story”-T	17 10am- Exercise w/ Betty- B 10:30am- Savers Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Smiths Trip- BT 1:30pm- Spring into Heart Health w/ Comprehensive Home Health Solutions- DR 3pm- Happy Hour & Music w/ Uni-Tee (Diana DiNucci & Bobby Maldonado)- DR 7pm- Cozy Cinema Time: “The Blind Side”-T	18 10am- Seated Balloon Volleyball- B 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip- BT 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “August Rush”- T 7pm- Comedy Club Night (Rated A)- PD	19 10am-Chair Yoga- T 11am- Communion w/ Michael- PD 1pm- Bible Study- T 2:30pm- 5:30pm- House of Cards Senior Prom- DR 7pm- Cozy Cinema Time: “De-Lovely”-T	20 10am- Trivia- CR 10:30am- Dollar Tree & Hobby Lobby Trip- BT 11am- Line Dancing Class- B 11am-1pm- Tech Table w/ Spencer Horne- DR 1pm- Pinochle/ Bridge- CR 1:30pm- WinCo Trip- BT 7pm-Cozy Cinema Time: “Inception”-T	21 9:30am- Walking Exercise Video-T 10am- Needlework- L 10am- Body & Balance w/ Vicki- T 10:45am- Native American Flute Playing w/ Joey & Reighan- DR 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: “The Greatest Game”- T
22 2pm- Needlework-L 7pm- Cozy Cinema Time: “ A Star is Born”- T	23 10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo w/ Reighan- B 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “The Family Stone”-T	24 10am- Exercise w/ Betty- B 10:30am- Costco Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- In N Out Trip- BT 1:30pm- The Store by Residents Open- Front Lobby 2pm-4pm- Music w/ Jacques & Vince- DR 3pm- Happy Hour- DR 7pm- Cozy Cinema Time: “Meet the Fockers”-T	25 10am- Seated Balloon Volleyball- B 1:30pm- Bingo w/ Alexa- B 2pm- Walmart Trip- BT 2pm- Mahjongg- PD 2:30pm- Monthly Dining Meeting w/ Residents- DR 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “Evita”-T 7pm- Comedy Club Night (Rated C)- PD	26 10am- Exercise w/ Betty- B 11am- Communion w/ Michael- PD 1pm- Bible Study- T 1:30pm- Body Butter Workshop (Sign Up Required)- B 3pm- Happy Hour & Music w/ Terri & Haley Bond- DR 7pm- Cozy Cinema Time: “Elvis”-T	27 10am- Trivia- CR 10:30am- Smiths Trip- BT 11am- Line Dancing Class- B 1pm- Pinochle/ Bridge- CR 1:30pm- Flowing Tide Pub Trip- BT 1:30pm- Chairside Adventures (Sign Up Required)- T 2pm- The Store by Residents Open- Front Lobby 7pm- Cozy Cinema Time: “Madea’s Family Reunion”- T	28 9:30am- Walking Exercise Video-T 10am- Needlework- L 10am- Body & Balance w/ Vicki- T 1:30pm- Bingo-B 2:30pm- Rummikub- CR 7pm- Cozy Cinema Time: “The Prince & Me”-T
29 2pm- Needlework-L 7pm- Cozy Cinema Time: “Ray”- T	30 10am- Trivia- CR 10:30am- Rosary Prayer w/ Michael- PD 1:30pm- Bingo w/ Reighan- B 2pm- Mahjongg- PD 2:45pm- Bean Bag Baseball- B 7pm- Cozy Cinema Time: “Goodwill Hunting”- T	31 10am- Exercise w/ Betty- B 10:30am- Wilbur D. May Arboretum Trip- BT 1pm- Pinochle/ Bridge- CR 1:30pm- Los Compadres Restaurant Trip- BT 1:30pm- Name That Tune!- B 3pm- Happy Hour & Music w/ Phil Prunier- DR 7pm- Cozy Cinema Time: “Catch and Release” -T				

March Happenings

- 3/5 at 1:30pm- Getting Your Blood Pressure in Check w/ GreenWell Health- DR
- 3/6 at 1:30pm- Olympian David Wise Presentation by Kathy Wise- DR
- 3/10 at 1:30pm- Protecting Yourself from Scams w/ The Better Business Bureau- DR
- 3/11 at 10:30am- Grief Group w/ Eden Health- T
- 3/11 at 11:30am- Lunch Action Station w/ Chef Joe- DR
- 3/12 at 1pm- Art Class Hosted by Christina- B
- 3/13 at 11am- Oreo Cookie Crawl- DR
- 3/17 at 1:30pm- Spring into Heart Health w/ Comprehensive Home Health Solutions- DR
- 3/19 from 2:30-5:30pm- House of Cards Senior Prom- DR
- 3/25 at 2:30pm- Monthly Dining Meeting w/ Residents- DR
- 3/26 at 1:30pm- Body Butter Workshop (Sign-Up Required)- B
- 3/27 at 1:30pm- Chairside Adventures (Virtual Vacations, Sign-Up Required)- T

March Birthdays

3/1- Kathleen J. | 3/17- Pat Hargan | 3/20- Sue S.

Mountain Lakes Estates Managers

Executive Director- Lauren Turbett | Business Director- Donna Monroy | Marketing Director- Heather Wolf | Activities Director- Alexa Gross | Maintenance Director- Josh Burnah | Dining Director- Joe Leberski

March

2026