



Now offering transportation to the Carrollton Public Library twice a month. Please join us on Thursday, March 5th & 19th at 1pm. Please sign up in the activity book.



Entertainers For This Month's Happy Hours!

Paul Anderson is known for his deep voice and amazing stage presence. He'll be here on Thursday, March 5th at 5pm!

Walker & Adams – Wednesday, March 18th at 4pm in the dining room. This dynamic duo consists of vocals and guitar! Wear your green that day!

Texas Safari Day Trip in Glen Rose TX

Join us for a wild adventure at Fossil Rim Wildlife Center on **Friday, March 27th at 9am**. Enjoy a scenic guided tour where you'll see giraffes and other exotic animals up close and personal, minimal walking required. **Tickets are \$45 and will be billed to your account.** Afterward, we'll have lunch, not included in the ticket price.

Estimated return after 5pm. **Deadline for sign up is 3/13.**



HomeWell CARE SERVICES

Flowerpot Painting w/ Amy Tuesday, March 24th at 4pm in the dining room. Please sign up in the activities book.

Monthly Canned Food Drive



We are now accepting canned proteins for the month of March!

All donations will be going to the North Texas Food Bank!

No glass jars Thanks!

BINGO

St. Patty's Bingo w/ Special Guest Caller King O' Bingo

Tuesday, March 17th at 1:30pm

Get ready for a shamrockin' good time! This interactive bingo experience requires no quarters. With King O' Bingo calling the numbers, you won't want to miss a single round! Everyone is welcome! Prizes will be awarded, and refreshments will be served.



Charm, Cheer & Luck A TOUCH OF Luck

Feeling Lucky To Have New Residents Join Our Community! Please Welcome ...

**Dorothy Harry 1330
Natalie Brown 1336
Brenda Myers 1429
Dave & Pam Sylvester 1430
Donna Baer 1105**

ATLAS POINT
— AT PRESTONWOOD —
an allure active adult community



Spring is here and with it comes this bright, kind of energy that feels almost electric! The season invites us into a vibrant, high-spirited atmosphere where shared experiences blend connection & fun, turning gatherings into lasting memories. As we step into this time together, let's carry the warmth and spark of togetherness into everything we do!



Check out more photos from our events on our Facebook!

Resident Potluck – Entree: Corned Beef Wednesday, March 11th at 5pm in the Dining Room
Please sign up what you'll be bringing, dishes can be homemade or store bought! Your dish will be admission to the event. Atlas point will provide the entree.



DIY Green Tie Dye Handkerchiefs Craft – Thursday, March 12th at 4pm in the dining room
Want to avoid getting pinched this month? We will provide all the materials. If you want more than a handkerchief, you're more than welcome to bring another article of clothing to tie dye!



Join us as we head to Downtown Plano to indulge in Irish fare on Friday, March 13th at 12pm. Come Hungry!



3033 E. Hebron Pkwy, Carrollton, TX 75010 | 469.210.3033

Atlas Point Staff

Tonia Hillis - Community Manager
Charlette Lee - Life Enrichment Coordinator / Driver
Mercedes Vazquez - Maintenance Supervisor
Adolfo Ortega - Maintenance Tech
Yenny Urdaneta - Housekeeping

Atlas Point Directory

Atlas Office | 469.210.3033
Salon by Maryum | 469.471.8117
Blair's Nail Salon | 214.450.8421
Maintenance Emergency - Follow Prompt

March 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 No Kroger Run Today 11:00 Champagne Brunch w/Biscuits & Gravy *DR 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 Trader Joe's</p>	<p>3 10:45 Strength & Balance w/ Deb *DR 12:00 Stroke Awareness Talk w/ Griswold Home Care *DR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Primary Election Voting Outing 6:30 Men's Bible Study *L</p> 	<p>4 10:00 Walmart / Target 11:30 Line Dancing w/ Cici *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 4:00 Brainstorming Activities Meeting (Bring Your Suggestions For Programming & Outings for the Spring!) *DR</p>	<p>5 11:00 Fitness Class w/ Ernesto *DR 1:00 Carrollton Public Library Outing 2:00 Blood Pressure Check w/ Cindy - Griswold Home Care *DR 5:00 Springtime Happy Hour w/ Vocalist Paul Anderson *DR</p>	<p>6 11:00 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 12:30 Legacy Hall Shopping & Lunch Outing 1:30 Cards Games *MR 7:00 Blank Slate *DR</p> 	<p>7 11:00 Crafts w/ Linda *DR 2:30 Mexican Train *PR 3:00 Movie Matinee *MR</p>
<p>9 10:00 Kroger 10:30 Discussion w/ Kingdom Seekers - "Dying To Tell My Story" *PR 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 Market Street</p>	<p>10 10:45 Strength & Balance w/ Deb *DR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Talk w/ Lizzie Home Instead - Seasonal Allergies *DR 6:30 Men's Bible Study *L</p> 	<p>11 10:00 Walmart / Target 12:00 Midweek Muscle w/ Charlette 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 5:00 Resident Potluck - Bring Your Favorite Dish - Entree: Corned Beef - sign up in the activities book & list what you're bringing *DR</p>	<p>12 11:00 Fitness Class w/ Ernesto *DR 2:00 Blood Pressure Check w/ Cindy *DR 4:00 DIY Green Tie Dye Handkerchiefs Craft (Optional - Bring Your Own Shirt or small clothing to tie dye - we will provide the other materials!) Sign up in the book! *DR</p>	<p>13 11:00 Yoga Class w/ Mitra *DR 12:00 St. Patty's Outing - The Fillmore Pub 12:30 Bridge *PR 1:30 Cards Games *MR 3:00 Silver Derby *DR *NEW TIME*</p>	<p>14 11:00 Crafts w/ Linda *DR 1:00 National Pi Day - Norma's Cafe Outing 2:30 Mexican Train *PR 3:00 Movie Matinee *MR *Shredding Bins Available in Dining Room*</p>
<p>16 10:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 H-E-B 5:00 Fire Pit Conversations - Hot Chocolate & S'mores @ The Pool</p>	<p>17 Happy St. Patrick's Day! 10:45 Strength & Balance w/ Deb *DR 12:00 Harris Jewelry Repair *DR 1:30 St. Patty's Bingo w/ Special Guest Caller King O' Bingo (FREE EVENT) *DR 1:30 Mahjong *MR 4:00 Technology 101 & Rent Cafe *DR 6:30 Men's Bible Study *L</p> 	<p>18 10:00 Walmart / Target 12:00 Midweek Muscle *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 4:00 Walker & Adams Entertainment - St. Patty's Celebration</p> 	<p>19 11:00 Fitness Class w/ Ernesto *DR 1:00 Carrollton Public Library Outing 2:00 Blood Pressure Check w/ Cindy *D 4:00 Birthday Bash Sponsored By Enhabit Home Health *DR</p> 	<p>20 11:00 Yoga Class w/ Mitra *DR 12:30 King Buffet Lunch Outing 12:30 Bridge *PR 1:30 Cards Games *MR 7:00 Blank Slate *D</p>	<p>21 11:00 Crafts w/ Linda *DR 2:30 Mexican Train *PR 3:00 Movie Matinee *MR</p>
<p>23 10:00 Kroger 10:30 Kingdom Seekers w/ Guest Speaker Pamela Culbertson - Dallas Life Homeless Recovery Center *PR 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 ALDI 4:00 What's Happening in April (Early Sign Up) *DR</p>	<p>24 10:45 Strength & Balance w/ Deb *DR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Flowerpot Painting Craft w/ Amy HomeWell Care Services 6:30 Men's Bible Study *L</p> 	<p>25 10:00 Walmart / Target 12:00 Midweek Muscle *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR</p>	<p>26 11:00 Fitness Class w/ Ernesto *DR 2:00 Blood Pressure Check w/ Cindy - Griswold Home Care *DR 5:00 Dinner w/ the Directors Outing - Hard Eight BBQ</p>	<p>27 11:00 Yoga Class w/ Mitra *DR 9:00 Day Trip: Fossil Rim Texas Safari Jeep Tour & Lunch (Admission \$45 Billed To Your Account - Lunch is Separate) Deadline 3/13 12:30 Bridge *PR 1:30 Cards Games *MR</p> 	<p>28 10-2 Crafty Designs by Cute Kitty Spring Craft Market *PR 11:00 Crafts w/ Linda *DR 2:30 Mexican Train *PR 3:00 Movie Matinee *MR</p>
<p>30 10:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 Sprouts 4:00 Film Club Meeting - What Movies Would You Like To See? *DR</p>	<p>31 10:45 Strength & Balance w/ Deb *DR 1:00 Mary Kay Sale w/ Amanda - Eye Cream & Ice Cream *L 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Technology 101 & Rent Cafe *D 6:30 Men's Bible Study *L</p>	<p>Legend CR - Coffee Room DR - Dining Room L - Library / Billiard Room MR - Media Room PR - Promenade Room PW - Prestonwood Transportation in Blue Special Events in Green</p>	<p>Donation of the Month - Canned Protein Donations go to the North Texas Food Bank</p> 	<p>Medical appointments can be scheduled Tuesday & Thursday from 10-2pm. Please submit requests 2 days in advance.</p> 	

Time to clear out those old papers! Secure shredding bins will be available in the smaller room in the dining room starting March 14th for the month of March. Bring any documents you'd like safely shredded and enjoy a little clutter-free peace of mind. DFW Shredding will shred on-site once the bins are full. If you have any questions, please contact us!

DFWShredding.com
972-380-8877 • 817-249-8700
FAST MOBILE DOCUMENT SHREDDING