

FEBRUARY HIGHLIGHTS

WALTONWOOD WINTER OLYMPICS



Celebrating...

3-5 Bud M

3-5 Sandy E

3-6 Chris H

3-10 Jane T

3-27 Rosemary B

3-28 Annette E

3-28 Elaine L

TWELVE OAKS CONNECT

MARCH 2026



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Marketing Manager

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Resident Care Manager

Tynesia Cobb
Wellness Coordinator

Priyanka Ghelani
Wellness Coordinator

Ahh...the anticipation and hope of springtime...of what is yet to come. Our community is eagerly awaiting the warm weather and signs of spring. We are looking forward to **March 8th**, when we will be able to enjoy the longer days as we *spring ahead* for **Daylight Savings**.

The anticipation is building as we kick off the month with our annual **Purim Celebration** and **St. Patrick's Day** festivities.

For many of us, March is about the sporting events. **March Madness** kicks off on *March 19th*. So, let's all join in the madness. Grab a form and try your hand at predicting who will win this year's tournament. Submit your completed bracket to Stefanie. For our Baseball enthusiasts, their excitement is building as we draw closer to the **Tigers Season Opener** on *March 26th* vs. *San Diego Padres*.

Waltonwood will be participating in the **National Read Across America** event again this year. A few of our residents will be visiting *Northville Christian School* on *March 4th* to read storybooks to the Pre-K students. This is sure to be a heart-warming event for all involved.

So, will March come in like a Lion and go out like a Lamb? Well, only time will tell but what I do know is that our community has a rip-*"roaring"* calendar planned!

\$3,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!

ASSOCIATE SPOTLIGHT- YOLANDA HARRIS

Yolanda Harris is our new bus driver, and we are so happy to welcome her to the Life Enrichment Team. Yolanda has always had passion for the elderly, but it was enforced when her grandmother was diagnosed with Alzheimer's Disease. Everyone in her family took part in taking care of their grandmother. Yolanda said that she learned a lot of patience. Unfortunately, it took a toll on her family, so she understands the importance of treating the residents like she would want her family to be treated. She enjoys taking them on their outings, putting smiles on their faces and making sure that they return safely.

Yolanda is married and has 2 sons and 5 grandchildren that are the joys of her life. She is very family oriented and has her mom living with her. When she has free-time she loves to be with her grandkids, they make her smile.

We look forward to many wonderful outings with Yolanda at the wheel.



TRANSPORTATION INFORMATION

Join us this month as we venture out to...

- March 4** **Read Across America – Northville Christian School**
- March 4** **Another Day Resource Center- Kindness Council Hygiene Kits drop off**
- March 10*** **Luncheon at Levantine Grill (*note a Tuesday Outing)**
- March 18** **Emagine Movie Theatre – “Hamnet”**
- March 25** **Detroit Historical Museum & Lunch**

The bus is available for Transportation on **Thursday** for Doctor's Appointments. Please complete a Shuttle Request form and return to the Concierge at least 2 weeks in advance.

FEBRUARY HIGHLIGHTS

8

Residents enjoyed a scrumptious luncheon at the **Joe Louis Southern Kitchen!** Two thumbs up from all in attendance.

13

We had a full house for **Valentine H-E-A-R-T bingo** where the prizes were gift bags from *Northville Christian School children*



23

On **National Dog Biscuit Day** our residents baked tasty treats for our four-legged friends.

26

Residents had a full day celebrating **Chinese New Year**. The day included learning about the year of the Horse, how to make a Spring Rolls and Chinese New Year Bingo



MARCH SPECIAL EVENTS

1

Happy Purim! Join us today as we learn and celebrate this festive Jewish holiday. All are Welcome.

3

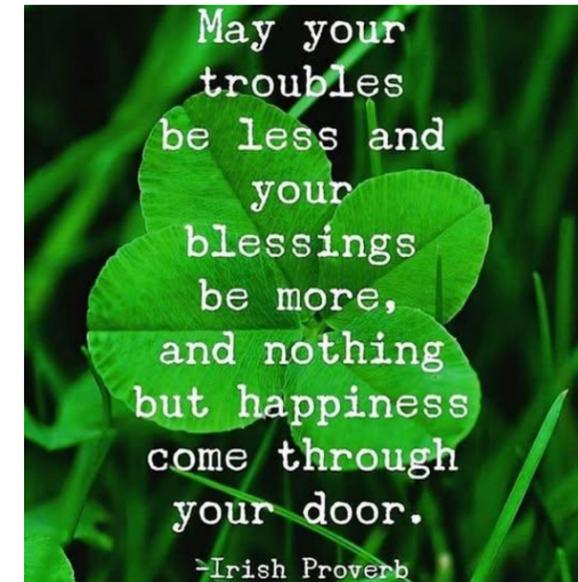
Hannah is back this month for **“Art for all Ages”**. Her simple step by step sponge painting technique makes everyone turn out a masterpiece. Sign up as Space is Limited.

17

Grab your green shirt and join us for our **St. Paddy's Day** festivities with musical entertainment provide by Daniel!

26

Join us this month for **The Detroit Institute of Art** *Behind the Scene* educational talk, *“Picturing Music”*



FOREVER FIT – REST AND RECOVER

We know how important diet and exercise can be on our overall health, but did you know there's a third factor just as crucial. The rest we get, in particular the sleep we get lays the foundation for how our bodies recharge and repair. Aiming for 7-9 hours of night shut-eye can improve your immune system, help lower the risk of heart attack and stroke, reduce the risk of dementia and promote health weight management. This March aim for better bedtime habits. Put down the book, unplug from your phone and TV and make sleep a top priority to help improve your overall health and wellbeing.

EXECUTIVE DIRECTOR CORNER – Joe Whitney

I just wanted to thank everyone who completed the recent Resident Satisfaction Surveys. We will be getting the results soon and I will be sharing with everyone those areas which we scored well and those area which we need improvement. The Resident Satisfaction Surveys are an important part of what shapes WTO in the year to come, as we want to hear from our residents and families. Not everything that was mentioned in the surveys are we going to be able to address but we look for the trends among all the surveys responses and focus our efforts in those areas. As soon as I get the results, I will be sharing these with everyone.