



VALENTINE'S REFLECTION

This Valentine's Day, we truly felt the love at Waltonwood Main. From decadent chocolate-covered strawberries and a beautiful flower bar to heart-shaped napkins and an elegant candlelight dinner, every detail was thoughtfully prepared with care. It was a wonderful celebration filled with sweet treats, warm smiles, and heartfelt moments shared together.



March BIRTHDAYS!

CONNIE A.- 3/3

VITA H.- 3/9

DICK B.- 3/11

LARRY W.- 3/11

CLARA H.- 3/12

CONNIE B.- 3/19

JOAN B.- 3/21

VIRGINIA T.- 3/23

ROBIN M.- 3/25

JOAN P.- 3/28

THE MARDI GRAS PARADE SPECTACULAR

Our community was bursting with color and celebration during our Mardi Gras parade! Residents enjoyed festive music, lively energy, and plenty of beads as the parade made its way through our halls. Laughter filled the air as everyone joined in the fun, making it a joyful and spirited celebration to remember.



MAIN CONNECT

March 2026



Redefining Retirement Living

SINGH

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Facebook: /WaltonwoodMain



COMMUNITY MANAGEMENT

Jonathan Hills
Executive Director

Michelle LaPrairie
Culinary Services Manager

Derek Hill
Environmental Services Manager

Alexandra Dalga
AL Life Enrichment Manager

Kristin Newton
MC Life Enrichment Manager

Nicole DeCarlo
Business Office Manager

Kate McAuley
Marketing Manager

Carolyn Martin
Marketing Manager

Wendy Schneider
Resident Care Manager

Alicia Hardville
Wellness Coordinator, 1st Floor

Megan Misch
Wellness Coordinator, 2nd Floor

Monthly Reflection

February was a month full of fun, connection, and celebration here at Waltonwood! We kicked things off with our popular Cookies with a Cop event, where Deputy Hickson fielded our residents' most "hard-hitting" questions with humor and heart. Love and friendship were in the air as we celebrated Galentine's Day with wine and charcuterie and Valentine's Day with a beautiful flower bar to share with loved ones. Residents also enjoyed cheering on their favorite teams during the Super Bowl and the Winter Olympics, and embraced the spirit of celebration with our own festive Mardi Gras parade. We spread positivity during Random Acts of Kindness Week, danced and sang along to the unforgettable hits of Elvis Presley, and proudly supported our local Girl Scout Troop.

March promises even more excitement and meaningful moments. We look forward to welcoming children from the community for engaging intergenerational activities and traveling from the comfort of home during an Armchair Tour of Detroit. Residents will also enjoy the energy of NCAA March Madness, festive St. Patrick's Day celebrations, and two of our favorite culinary traditions—our annual Taste of Waltonwood and Easter Brunch—where our talented culinary team will shine. With so much to look forward to, March is sure to bring continued joy, discovery, and togetherness to our community.

\$3,500 RESIDENTIAL REFERRAL BONUS

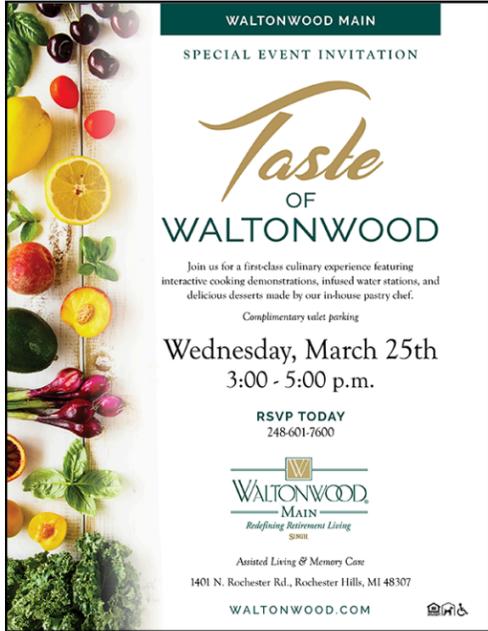
Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!



FOREVER FIT: REST AND RECOVERY

We know how important diet and exercise can be on our overall health, but did you know there's a third factor just as crucial. The rest we get, in particular the sleep we get lays the foundation for how our bodies recharge and repair. Aiming for 7-9 hours of night shut-eye can improve your immune system, help lower the risk of heart attack and stroke, reduce the risk of dementia and promote health weight management. This March aim for better bedtime habits. Put down the book, unplug from your phone and TV and make sleep a top priority to help improve your overall health and wellbeing.



February Highlights

2 We kicked off our pen pal program with students from Notre Dame Preparatory School—and the letters (and smiles!) are already flowing.

6 We celebrated Opening Day of the Olympic Games with themed treats and great conversation, bringing everyone together to kick off the excitement and friendly competition ahead!

11 We celebrated Galentine's Day with beautiful heart-shaped charcuterie boards and refreshing pink spritzers, enjoying sweet treats, laughter, and wonderful time together.

17 We celebrated Fat Tuesday in the sweetest way — with dozens of fresh paczki and plenty of smiles to go around. It was a delicious and festive way to indulge together!



Random Acts of Kindness

Thank you to everyone who took the time to share thoughtful words, uplifting messages, and small acts of encouragement. Your kindness made a meaningful impact and helped brighten our community in the best way. Let's keep the positivity going all year long!



Employee of the Month

Jason Jones, Housekeeping



- This is Jason's second time being Employee of the Month!
- I have an 8 year-old son named Noah
- I love playing and watching sports (I played tennis in High School)
- My favorite movie is Mrs. Doubtfire
- I have a cat named Princess
- I'm from Ypsilanti but have lived in Rochester Hills for 10 years

March Special Events

7 We welcome the students of North Oakland Dance Company to perform for us right in our dining room!

16 Celebrate March Madness with us by filling out a bracket at our Brackets & Beers event, followed by an Irish Happy Hour with Tom Reid!

11 Join us for an exciting and educational journey, hosted by Robyn Whitelaw, through Detroit's past and present without leaving Waltonwood Main!

28 Join us for our annual Easter Brunch, where Chef Michelle and her staff will be serving up a delicious and festive buffet! RSVP your family @ the front desk!

EXECUTIVE DIRECTOR CORNER

As we say goodbye to the bitter cold and snowy February, we welcome March with open arms awaiting the much-anticipated spring weather. We look forward to celebrating some special days this month; First Day of Spring, St. Patrick's Day, and National Employee Appreciation Day. To show our incredible Waltonwood team the appreciation they truly deserve, we're asking for a little help from our residents and families! As a community, we would love to recognize the team members who go above and beyond each and every day by highlighting them on our social media platforms. If you have a moment, please consider writing a review on an online platform such as Google, Facebook, or Instagram and mentioning the associates who have made a positive impact on you or your loved one. Your kind words not only mean so much to our team, but they also help other families and future residents learn more about the special community we have here. Any associate mentioned in a review will be recognized and celebrated within our community. Thank you for helping us honor the people who make Waltonwood such a wonderful place to call home!

Jon Hills