



Birthdays

Doug C. 3/1

Donald B. 3/6

Beverly M. 3/8

Jean P. 3/15

Elizabeth G. 3/25

Martha D. 3/25

Yvonne M. 3/27

**Congratulations to Kenneth Luckey,
March Employee of the Month!**

Luckey” was chosen because he goes above and beyond!

“Luckey” is from Dallas, Texas. After attending Texas A & M University, he served in the Army for 20 years. Luckey was stationed in Desert Storm from 1990-1993. He was honorably discharged as a Sergeant Major.

Luckey is very customer service oriented. He doesn’t hesitate to jump in to help all departments no matter what, and does it with a smile. Luckey is very personable and has a great rapport with the residents. He loves coming to work and interacting with the residents and the staff.



Luckey moved to Virginia 20 years ago. He has seven children (five girls and two boys) and twelve grandchildren. Luckey makes it a point to see his grandchildren every day, stopping by on the way home, just to check on them to see if they are okay and if they need anything. In his spare time, Luckey enjoys spending time with his family watching movies and going to the arcade and even playing paint ball!

**ASHBURN
CONNECT**

**Assisted Living
March 2026**



March

We have new enrichment programming here at Waltonwood for March. Read Across America time is here! We will be venturing to our local school to give out the donated books collected. Thank you all who participated. We have new presentations and speakers bringing in discussion groups to keep our brains fit and active. For March we will be having Music Mondays, with live concerts for all to enjoy! And of course we couldn’t forget about St. Patrick’s Day! Our culinary department will be hosting a special Irish inspired dinner on the 17th. So much fabulous fun to come this month, I hope to see you all in the AL neighborhood!

March reminds us that change can feel windy and uncertain, but it is often the very thing that brings new growth."



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**COMMUNITY
MANAGEMENT**

Christopher Leinauer
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Audrey Wilson
Business Office Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Maintenance Manager

Tracy Philemon
Independent Living
Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Jocelyn Jackson
IL Life Enrichment Manager

Brandy Alexander
AL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

FOLLOW US
WaltonwoodAshburn
Life at Waltonwood Ashburn is filled with laughter, lasting connections, and meaningful moments between residents and our team.
Scan the QR code to follow along on Facebook and see what makes our community so special.
Waltonwood.com | SinghCareers.com

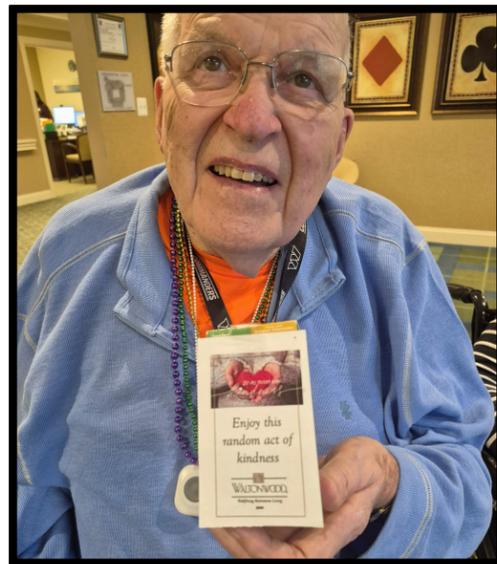
\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FAMILY & FRIENDS REFERRAL PROGRAM!

February HIGHLIGHTS



TRANSPORTATION INFORMATION

If you would like to book Mon or Wed transportation, please see front desk concierge for a Transportation Request Form. Prior notice of 2 business days is needed. We also offer drop off services on Sunday to specific church's and local retail stores. To sign up or for more information regarding Sunday transportation please contact: [Jocelyn Jackson 1-571-918-4854](mailto:Jocelyn.Jackson@singhmail.com) or via email: Jocelyn.Jackson@singhmail.com

Here's where we're headed this month!

- 3/3: Scenic Ride 11am
- 3/10: Donuts at Dunkin' 11am
- 3/24: Scenic Ride 11am
- 3/31: McAllister's Deli 11:30am (must RSVP with Brandy Alexander by 3/17)

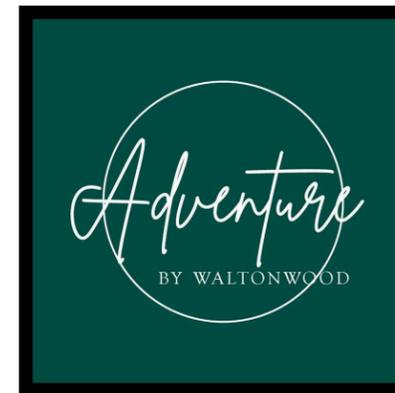
*For shopping and restaurant outings residents must be able to navigate personal needs, shopping and purchases, providing their own method of payment.

Upcoming in March

- Women's Month
- Read Across America
- St. Patrick's Day Dinner

- Dana Rizzo Health Presentation
- Art with Juliet
- Brad Emmett Concert

We are encouraging residents to participate in a company-sponsored program called **Adventure by Waltonwood**. At Waltonwood we pride ourselves on providing residents with exceptional life experience. The purpose of this program is to encourage residents to pursue their life's desires and ambitions. Adventures can be as big or small as you would like--the possibilities are endless! Residents can nominate themselves for an adventure, or be nominated by a family member, staff or other residents. If you have any questions, want to submit an adventure request, or would like more information about our program please reach out to Brandy Alexander, Life Enrichment manager.



FOREVER FIT: Rest and Recover

We know how important diet and exercise can be on our overall health, but did you know there's a third factor just as crucial. The rest we get, in particular the sleep we get lays the foundation for how our bodies recharge and repair. Aiming for 7-9 hours of night shut-eye can improve your immune system, help lower the risk of heart attack and stroke, reduce the risk of dementia and promote health weight management. This March aim for better bedtime habits. Put down the book, unplug from your phone and TV and make sleep a top priority to help improve your overall health and wellbeing.

EXECUTIVE DIRECTOR CORNER

Winter is winding down and we're all looking forward to Spring. Please remember to adjust your clocks forward one hour at 2AM on Sunday, March 8th. From 1PM to 3PM on Friday, March 20th, we're hosting our annual "Taste of Waltonwood" event. This event is a first-class culinary experience featuring interactive cooking demonstrations, infused water stations and delicious desserts made by our in-house pastry chefs. We look forward to showcasing our culinary operation to invited prospects and guests.

