



March, 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	2 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	3 Dawn is on Vacation 9:00 Pet Therapy-Clementine 10:00 Chair Tai Chi 2:00 Men’s Club	4 9:00 Coloring 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping – OOF 4:00 Noodle Ball	5 9:15 Pet Therapy - Stanley 10:00 Chair Yoga 11:00 Rick Steves’ Ireland 1:00 Cat Cuddling – OOF 3:30 Social Hour	6 9:00 Coloring 10:00 Chair Exercise 11:00 Brain Exercise 1:00 Forgotten Treasures-OOF 4:00 Noodle Ball	7 9:00 Coloring 10:00 Drummercise 11:00 Chair Exercise 1:00 Cranberry Museum-OOF 4:00 Social Hour
8 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	9 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee How The Grinch Stole Christmas 3:00 Bible Study 4:00 Noodle Ball	10 9:00 Pet Therapy-Clementine 10:00 Chair Tai Chi 11:00 Brain Exercise 2:00 Men’s Club 2:00 All Staff Meeting 3:30 Social Hour	11 9:00 Church 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping – OOF 2:00 Chair Exercise 4:00 Noodle Ball	12 9:15 Pet Therapy - Stanley 10:00 Chair Yoga 11:00 Maritime Museum 1:00 Craft 2:00 Men’s Club 3:30 Social Hour	13 8:30 Drop Anchor Bistro Breakfast - OOF 10:00 Chair Exercise 1:00 Story Time 3:00 Manager Meeting 4:00 Noodle Ball	14 9:00 Coloring 10:00 Drummercise 11:00 Chair Exercise 1:00 Long Beach Grange Market - OOF 4:00 1:1 with Resident
15 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	16 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	17 9:00 Pet Therapy-Clementine 10:00 Chair Tai Chi 11:00 Rick Steves’ Ireland 2:00 Men’s Club 2:30 Sing Along w/Ellie & Celsa (Social Hour too)	18 9:00 Shopping - OOF 10:00 SAIL Exercise 12:00 Neptune Theater-OOF Free Movie – The Quiet Man 4:00 Noodle Ball	19 9:15 Pet Therapy - Stanley 10:00 Chair Yoga 11:00 Rick Steves’ Ireland 12:00 Friends and Family 2:00 Story Time 3:30 Social Hour	20 9:00 Coloring 10:00 Chair Exercise 11:00 Brain Exercise 1:00 Colleen’s Bakery - OOF 4:00 Noodle Ball	21 9:00 Coloring 10:00 Drummercise 11:00 Chair Exercise 1:00 Peninsula Guild Quilt Show (CPHM) - OOF 4:00 1:1 with Resident
22 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	23 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	24 9:00 Pet Therapy-Clementine 10:00 Chair Tai Chi 11:00 Ken Emo - Classical w/James Tweedie - Poetry 2:00 Men’s Club 3:00 Paint & Sip	25 9:00 Church 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping – OOF 4:00 Noodle Ball 5:00 Dinner and Movie-PSAC	26 9:15 Pet Therapy - Stanley 10:00 Chair Yoga 11:00 Rick Steves’ Ireland 1:00 Craft 2:00 Men’s Club 3:30 Social Hour	27 9:00 Coloring 10:00 Chair Exercise 11:00 Brain Exercise 1:00 Mobile Library 3:00 Ice Cream Social 4:00 Noodle Ball	28 9:00 Coloring 10:00 Drummercise 11:00 Chair Exercise 1:00 Thrift Shopping - OOF 4:00 1:1 with Resident
29 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women’s Card Games 4:00 Noodle Ball	30 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee 3:00 Bible Study 4:00 Noodle Ball	31 9:00 Pet Therapy-Clementine 10:00 Chair Tai Chi 11:00 Story Time 1:00 Resident Council - OD 2:00 Men’s Club 3:30 Social Hour				
Please see bulletin board for a posted copy of the PSAC Calendar of Activities		Medical Transport 9-11am Tuesdays		Medical Transport 9-11am Thursdays	CPHM = Columbia Pacific Heritage Museum Ilwaco PSAC = Peninsula Senior Activity Center	C = Courtyard DR = Dining Room LR = Living Room OF = Out Front OD = Overflow Dining Room OOF = Out of Facility

*Activities subject to change. Please check the bulletin boards for any changes.