

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p> <p>1</p>	<p>9:00 Kroger/Kings Booster Clinic-L 9:00 EPM Blood Pressure Clinic (V)AR 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:45 Meditation (C)T 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p> <p>2</p> <p>Purim Begins</p>	<p>9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p> <p>3</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR</p> <p>4</p>	<p>9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p> <p>5</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Daves BBQ (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p> <p>6</p>	<p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Up & Down the River Game(S/C)P</p> <p>7</p>
<p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p> <p>8</p> <p>Daylight Saving Time Begins</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:45 Meditation (C)T 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p> <p>9</p>	<p>9:00 Walmart & Spouts (O)L 9:30 Walmart & Spouts (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Office Hours with the ED (M)P 1:00 CH Book Mobile Library (V)L 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music(M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p> <p>10</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game (S/C)AR</p> <p>11</p>	<p>10:30 Denver Astronomical Society Presentation on Aurora Borealis (P)MVAR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p> <p>12</p>	<p>OnSite Dermatology on Campus 13 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 11:30 Basil Saigon Restaurant (O)L 1:00 OnSite Hearing Clinic (V)TSL 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p>	<p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Up & Down the River Game(S/C)P</p> <p>14</p>
<p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p> <p>15</p>	<p>8:45 VNA Foot Clinic (V)TSAR 10:30 Resident Assembly (M)AR 1:00 Active Minds Presents Julius Ceasar (P)AR 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p> <p>16</p>	<p>9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game (S/C)Pub 1:00 Scat Cards (S/C)AR 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice(P)T</p> <p>17</p> <p>St. Patrick's Day</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game (S/C)AR</p> <p>18</p>	<p>9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat Meeting (L)DR 3:00 Resident Happy Hour(S)P 3:15 Music from the Emerald Islands with Laurie Smith-TSAR 6:30 Mexican Train Dominoes (S/C)P</p> <p>19</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 McDonalds Restaurant (O)L 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 1:00 Calendar Review (M)PUB 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR</p> <p>20</p> <p>Spring Begins</p>	<p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 2:00 Heartlanders (M)TSAR 6:30 Up & Down the River Game(S/C)P</p> <p>21</p>
<p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR</p> <p>22</p>	<p>10:30 Town Hall (M)AR 2:00 Victorian Gardening Presented by Historic Denver Molly Brown House Museum (L) In the Activity Room 2:00 Bible Study Group (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p> <p>23</p>	<p>9:00 Trader Joe's & Dollar Tree (O)L 9:30 Trader Joe's & Dollar Tree (O)L 9:30 Advanced Foot Care Clinic-TSS 10:00 Thera Band Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Office Hours with the ED (M)P 1:00 Bridge Card Game (S/C)P 1:00 Scat Card Game (S/C)AR 1:00 Parkinson's Support (M/S)TST 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T</p> <p>24</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Prize Bingo Game (S/C)AR 6:30 Hand & Foot Card Game (S/C)AR</p> <p>25</p>	<p>9:00 Family Hearing (V)L 9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P</p> <p>26</p>	<p>9:00 Donation Station AR 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 1:00 Skip Bo Card Game (S/C)AR 2:00 Butterfly Pavilion (O)L 2:00 Maj Jongg Game (S/C)P 2:30 Daniel on the Piano (M)AR 6:30 Resident Bingo Game (S/C)AR</p> <p>27</p>	<p>9:30 Coffee & Donuts (S)AR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)P 6:30 Up & Down the River Game(S/C)P</p> <p>28</p>
<p>8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR.</p> <p>29</p> <p>Palm Sunday</p>	<p>9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:45 Meditation (C)T 1:00 Aquacise (E)Pool 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P</p> <p>30</p>	<p>9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 1:00 Bridge Card Game (S/C)Pub 1:00 Scat Cards (S/C)AR 2:00 Mountain Man Nuts -Lobby 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice(P)T</p> <p>31</p>	<h1>March 2026</h1> <h2>Mountain View Building</h2>			