

The Wellington News

MARCH
2026

Happy Birthday

Best wishes to our residents and staff celebrating birthdays this month.

Residents

Nancy F.
Diane L.
Janis M.
Margaret K.
Judy F.

Assisted Living • Respite Care Services

Activity Highlights

We started a music club the residents titled The Sassy Singers! Twice a week a dozen or so meet to sing songs of long ago. Not only are they singing, but they are sharing memories and much laughter! No pun intended but it is a big hit!

In February, we were graced with live musical entertainment from The Hartford City Band, an afternoon with Tom Kastle & a cello performance as well.



Wellington Place at Hartford

615 Hilldale Drive, Hartford, WI 53027
262.673.3544

Monica Rakowski, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

WellingtonPlaceHartford.org

WE ACCEPT CREDIT CARDS

Uplift. Defend. Transform. Celebrating Social Workers.

This year's Social Work Month theme, ***Uplift. Defend. Transform.***, reflects the many ways social workers support individuals and families through compassion, advocacy, and thoughtful guidance. Their work focuses on strengthening well-being, protecting dignity, and helping people navigate life's changes with confidence and care. By working closely with care teams, social workers address emotional and social challenges, offering reassurance, resources, and steady support when it matters most. **During Social Work Month, we extend our sincere appreciation to the social workers who bring empathy, dedication, and heart to their work each day. Their commitment uplifts others, defends what matters most, and helps create positive, lasting change.**

Recognizing Hearing Loss



World Hearing Day, observed annually on March 3, promotes ear and hearing care across the world and raises awareness of how to prevent deafness and hearing loss. If you have any of these signs or symptoms, you may have hearing loss caused by noise:

- Speech and other sounds seem muffled
- Trouble hearing high-pitched sounds (e.g., birds, doorbell, telephone)
- Trouble understanding conversations when you are in a noisy place, such as a restaurant
- Trouble understanding speech over the phone
- Trouble hearing speech consonants (e.g., trouble hearing the difference between s and f, between p and t, or between sh and th in speech)
- Asking others to speak more slowly and clearly
- Asking someone to speak more loudly or repeat what they said
- Turning up the volume of the television or radio
- Ringing in the ears

Untreated hearing loss, especially in older adults, can lead to:

- social isolation
- depression
- dementia
- falls (leading to injury)
- inability to work or travel
- reduced physical activity

Don't wait until you show signs of hearing loss. Have your hearing examined by your doctor during your regular checkup. If you have any signs of hearing loss, get tested by a qualified healthcare provider.

Source: cdc.gov

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ST. PATRICK'S DAY

Word Search

E	K	I	R	U	V	F	H	C	O	R	N	E	D	B	E	E	F	T	H
S	H	A	M	R	O	C	K	Z	G	R	E	E	N	Z	I	R	I	S	H
F	E	X	K	B	F	I	P	U	W	G	F	W	E	E	K	P	R	Z	F
J	G	O	T	F	B	E	A	W	H	O	R	S	E	S	H	O	E	X	B
N	J	Q	Z	Z	R	T	S	L	P	L	M	Y	J	D	S	O	D	X	K
I	J	W	X	M	T	Z	W	Y	Z	H	M	I	N	T	T	G	J	A	O
U	T	X	N	V	M	S	P	R	I	N	G	D	V	U	I	J	K	X	D
T	B	E	W	U	S	X	T	K	S	L	Q	U	M	M	Y	L	C	K	S
N	Q	C	K	Z	E	R	L	D	Q	V	O	Q	G	E	Y	H	K	H	N
L	I	P	I	Q	K	S	Y	L	B	P	K	R	M	Y	O	K	J	H	Q
Z	S	K	Z	E	M	E	R	A	L	D	K	A	R	A	I	N	B	O	W
Z	U	I	I	J	J	K	T	O	G	M	I	L	R	I	U	Q	Q	X	Q
F	E	D	C	D	Z	J	W	G	O	L	D	I	P	Z	L	C	G	T	A
J	M	K	P	M	F	S	A	C	A	B	B	A	G	E	F	I	P	M	R
V	N	S	P	A	R	K	L	E	U	Q	O	D	L	G	W	U	X	I	S
R	T	L	H	B	A	B	L	L	D	U	Z	E	R	L	O	K	W	T	Z
F	L	E	P	R	E	C	H	A	U	N	K	I	Z	M	A	Q	A	E	L
R	S	H	H	I	H	U	V	P	M	K	G	M	X	O	Y	J	G	V	M
Y	Q	U	K	C	O	W	E	X	C	L	O	V	E	R	O	P	S	F	P
J	S	W	K	O	Q	Q	K	L	U	C	K	Y	O	O	P	O	T	V	B

Find and circle the 16 words listed. Find words straight across, up and down, and diagonally. All words are forwards reading only.

CABBAGE	GOLD	LEPRECHAUN	RAINBOW
CLOVER	GREEN	LUCKY	SHAMROCK
CORNED BEEF	HORSESHOE	MINT	SPARKLE
EMERALD	IRISH	POT	SPRING