

# CONNECTIONS

FULL SENIOR CARE: REHAB THERAPY, SENIOR CARE & ASSISTED LIVING NEWSLETTER | MAR. 2026



Residents:  
Doug K.

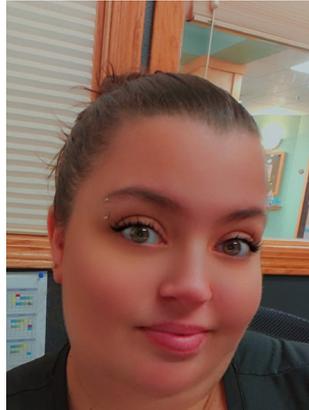
3/13

## Job Openings

**CBRF Resident Aid: Day shift floaters needed 8a-12p and 3p-8p. Also looking for people who want to work weekends only or even PRN (as needed). Positions are part time.**



## Meet The Staff At Residences On Forest Lane



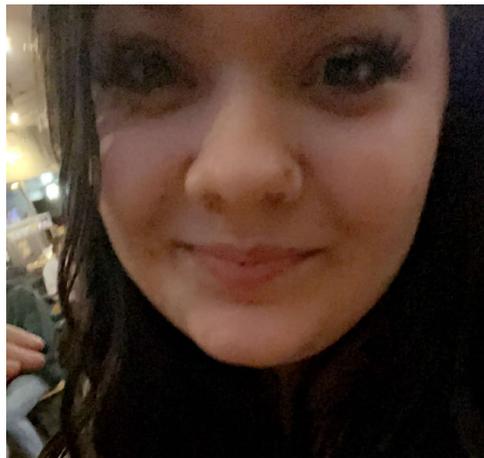
Mary Cetnarowicz  
Administrator



Glenn G.  
Resident Aide



Cheyenne T.  
Resident Aide



Evelyn C. Resident Aide



Abigail G. Lead Resident Aide

*Montello*  
CARE CENTER

Jessica Kallenbach / Administrator  
251 Forest Lane, Montello, WI 53949  
608.297.2153 MontelloCareCenter.org

 **The Residences**  
ON FOREST LANE

Mary Cetnarowicz / Facility Director  
253 Forest Lane, Montello, WI 53949  
608.297.8240 ResidencesOnForestLane.org



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### Uplift. Defend. Transform. Celebrating Social Workers.

This year's Social Work Month theme, ***Uplift. Defend. Transform.***, reflects the many ways social workers support individuals and families through compassion, advocacy, and thoughtful guidance. Their work focuses on strengthening well-being, protecting dignity, and helping people navigate life's changes with confidence and care. By working closely with care teams, social workers address emotional and social challenges, offering reassurance, resources, and steady support when it matters most. **During Social Work Month, we extend our sincere appreciation to the social workers who bring empathy, dedication, and heart to their work each day. Their commitment uplifts others, defends what matters most, and helps create positive, lasting change.**

## Activity Highlights

Bingo every Wednesday,  
2:30pm-4:30p

## Recognizing Hearing Loss

World Hearing Day, observed annually on March 3, promotes ear and hearing care across the world and raises awareness of how to prevent deafness and hearing loss. If you have any of these signs or symptoms, you may have hearing loss caused by noise:

- Speech and other sounds seem muffled
- Trouble hearing high-pitched sounds (e.g., birds, doorbell, telephone)
- Trouble understanding conversations when you are in a noisy place, such as a restaurant
- Trouble understanding speech over the phone
- Trouble hearing speech consonants (e.g., trouble hearing the difference between s and f, between p and t, or between sh and th in speech)
- Asking others to speak more slowly and clearly
- Asking someone to speak more loudly or repeat what they said
- Turning up the volume of the television or radio
- Ringing in the ears

Untreated hearing loss, especially in older adults, can lead to:

- social isolation
- depression
- dementia
- falls (leading to injury)
- inability to work or travel
- reduced physical activity

Don't wait until you show signs of hearing loss. Have your hearing examined by your doctor during your regular checkup. If you have any signs of hearing loss, get tested by a qualified healthcare provider.

Source: [cdc.gov](https://www.cdc.gov)

Newsletter Production by [PorterOneDesign.com](https://PorterOneDesign.com)

## Resident Of The Month: Doug K.

We're proud to celebrate Doug as our March Resident of the Month! Doug served as an Air Force pilot and earned numerous awards during his time in service — an accomplishment we deeply admire.

These days, Doug enjoys the simple pleasures in life: a good steak and potatoes, and tending to his impressive garden here at Residences. Each year he grows a variety of vegetables, which he cheerfully says is his way of “paying us back” for caring for him. We think we're the lucky ones — Doug's generosity, humor and life stories make our community a better place.



## WISH List

- Top-load hot/cold water dispenser;  
Visit: [bit.ly/3ZNW4Xq](https://bit.ly/3ZNW4Xq)
- Air fryer
- Crock pot
- Coffee makers (2 needed);  
Visit: [bit.ly/3LTCxD5](https://bit.ly/3LTCxD5)
- Carpet cleaner
- Game tables: Chess, bean bag toss, etc