

The Fair Oaks News

MARCH
2026

Where your family becomes part of our family.

Skilled Nursing • Respite Care • Rehabilitation Services

Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

Peter H.	3/04
Rogert G.	3/10
Albert W.	3/11
Marjorie H.	3/20
Sandra K.	3/24
Charles L.	3/27
Claudia M.	3/29

Employees

Sharon P.	3/01
Carter C.	3/02
Kamila P.	3/08
Kelly S.	3/11
Gracie E.	3/14
Gloria G.	3/16
Rachael L.	3/17
Katherine S.	3/18
Josefina V.	3/19
Angela S.	3/20

DO YOU FEEL LUCKY? Test Your St. Patrick's Day Knowledge with True or False Trivia

There's no pot of gold at the end, but hopefully fun and maybe a few surprises along the way! See how much you really know about shamrocks, leprechauns, and all things green. When finished, flip the page upside down to reveal the answers below.

1. St. Patrick was actually Irish.
2. The color originally associated with St. Patrick was blue, not green.
3. Shamrocks are said to have been used by St. Patrick to explain the Holy Trinity.
4. Leprechauns are a modern invention with no roots in Irish folklore.
5. The first St. Patrick's Day parade was held in Dublin, Ireland.
6. Corned beef and cabbage is a traditional Irish St. Patrick's Day meal.
7. St. Patrick is credited with driving all the snakes out of Ireland.
8. Wearing green on St. Patrick's Day is said to make you invisible to leprechauns.
9. The shamrock has three leaves because four-leaf clovers are extremely rare.
10. St. Patrick's Day is celebrated on the same date every year, March 17.



Fair Oaks

Health Care Center

471 W. Terra Cotta Avenue
Crystal Lake, IL 60014
815.455.0550

Norreen Zaio, Administrator
Jocelyn Currie, Assistant Administrator
Norma Miranda, Activities

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As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



Wisconsin Illinois
SENIOR HOUSING INC.

FairOaksHealthCare.org

WE ACCEPT CREDIT CARDS

ANSWERS:
1 False – St. Patrick was actually British.
2 True – The color originally associated with St. Patrick was blue, not green.
3 True – Shamrocks are said to have been used by St. Patrick to explain the Holy Trinity.
4 False – Leprechauns are not a modern invention; they do have roots in Irish folklore.
5 False – The first St. Patrick's Day parade was held in St. Augustine, Florida.
6 False – Corned beef and cabbage is not a traditional Irish St. Patrick's Day meal.
7 True – St. Patrick is credited with driving all the snakes out of Ireland.
8 True – Wearing green on St. Patrick's Day is said to make you invisible to leprechauns.
9 True – The shamrock has three leaves because four-leaf clovers are extremely rare.
10 True – St. Patrick's Day is celebrated on the same date every year, March 17.

Upcoming Events

3/03	Music w/Tony & Sweet Treat 2pm	3/17	St. Patrick's Celebration and Music by Tony @ 2:00pm
3/10	St. Patrick Painting @ 3:30pm	3/18	Wine & Cheese Event @ 2:00pm
3/12	Crystal Lake Library Visits @ 10:30am	3/20	Spring Craft Fun @ 2:00pm
3/13	Root Beer Float Social @ 2:00pm	3/26	March Birthday Party with Musical Entertainment @ 2:00pm
3/17	St. Patty's Day! Pup Abednego visits @ 10:30am	3/27	Easter Craft Creations @ 1:30pm

Recognizing Hearing Loss



World Hearing Day, observed annually on March 3, promotes ear and hearing care across the world and raises awareness of how to prevent deafness and hearing loss. If you have any of these signs or symptoms, you may have hearing loss caused by noise:

- Speech and other sounds seem muffled
- Trouble hearing high-pitched sounds (e.g., birds, doorbell, telephone)
- Trouble understanding conversations when you are in a noisy place, such as a restaurant
- Trouble understanding speech over the phone
- Trouble hearing speech consonants (e.g., trouble hearing the difference between s and f, between p and t, or between sh and th in speech)
- Asking others to speak more slowly and clearly
- Asking someone to speak more loudly or repeat what they said
- Turning up the volume of the television or radio
- Ringing in the ears

Untreated hearing loss, especially in older adults, can lead to:

- social isolation
- depression
- dementia
- falls (leading to injury)
- inability to work or travel
- reduced physical activity

Don't wait until you show signs of hearing loss. Have your hearing examined by your doctor during your regular checkup. If you have any signs of hearing loss, get tested by a qualified healthcare provider.

Source: cdc.gov

Newsletter Production by PorterOneDesign.com

ST. PATRICK'S DAY

Word Search

E	K	I	R	U	V	F	H	C	O	R	N	E	D	B	E	E	F	T	H
S	H	A	M	R	O	C	K	Z	G	R	E	E	N	Z	I	R	I	S	H
F	E	X	K	B	F	I	P	U	W	G	F	W	E	E	K	P	R	Z	F
J	G	O	T	F	B	E	A	W	H	O	R	S	E	S	H	O	E	X	B
N	J	Q	Z	Z	R	T	S	L	P	L	M	Y	J	D	S	O	D	X	K
I	J	W	X	M	T	Z	W	Y	Z	H	M	I	N	T	T	G	J	A	O
U	T	X	N	V	M	S	P	R	I	N	G	D	V	U	I	J	K	X	D
T	B	E	W	U	S	X	T	K	S	L	Q	U	M	M	Y	L	C	K	S
N	Q	C	K	Z	E	R	L	D	Q	V	O	Q	G	E	Y	H	K	H	N
L	I	P	I	Q	K	S	Y	L	B	P	K	R	M	Y	O	K	J	H	Q
Z	S	K	Z	E	M	E	R	A	L	D	K	A	R	A	I	N	B	O	W
Z	U	I	I	J	J	K	T	O	G	M	I	L	R	I	U	Q	Q	X	Q
F	E	D	C	D	Z	J	W	G	O	L	D	I	P	Z	L	C	G	T	A
J	M	K	P	M	F	S	A	C	A	B	B	A	G	E	F	I	P	M	R
V	N	S	P	A	R	K	L	E	U	Q	O	D	L	G	W	U	X	I	S
R	T	L	H	B	A	B	L	L	D	U	Z	E	R	L	O	K	W	T	Z
F	L	E	P	R	E	C	H	A	U	N	K	I	Z	M	A	Q	A	E	L
R	S	H	H	I	H	U	V	P	M	K	G	M	X	O	Y	J	G	V	M
Y	Q	U	K	C	O	W	E	X	C	L	O	V	E	R	O	P	S	F	P
J	S	W	K	O	Q	Q	K	L	U	C	K	Y	O	O	P	O	T	V	B

Find and circle the 16 words listed. Find words straight across, up and down, and diagonally. All words are forwards reading only.

CABBAGE	GOLD	LEPRECHAUN	RAINBOW
CLOVER	GREEN	LUCKY	SHAMROCK
CORNED BEEF	HORSESHOE	MINT	SPARKLE
EMERALD	IRISH	POT	SPRING