

MARCH 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 -----	2 11AM MUFFINS & MIMOSAS	3 6PM YOGA CLASS	4 -----	5 6PM PILATES	6 AT&T Q&A 4-6PM ANSWERING RESIDENT QUESTIONS	7 10AM WALKING CLUB
8 -----	9 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	10 6PM YOGA CLASS	11 11AM WELLNESS BAR	12 10AM BREAKFAST @THECLUBHOUSE 6PM PILATES	13 ENTER GIVEAWAY TO CULHANE'S IRISH PUB & RESTAURANT	14 10AM WALKING CLUB
15 -----	16 -----	17 6PM YOGA CLASS	18 6PM BINGO NIGHT	19 6PM PILATES	20 FIRST DAY OF SPRING 4-6PM FLOWER BAR @THECLUBHOUSE	21 10AM WALKING CLUB
22 -----	23 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	24 6PM YOGA CLASS	25 6 - 8 PM COCKTAIL & LIVE MUSIC NIGHT (GIVEAWAY ANNOUNCMENT)	26 6PM PILATES	27 7 PM MOVIE NIGHT	28 10AM WALKING CLUB
29 -----	30 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	31 6PM YOGA CLASS				
LOVE: PASSION PROJECTS		LEARN: CLASSES & ACTIVITIES		LIVE: FITNESS & HEALTH		INDULGE: FOOD & DRINKS