

# ANNOUNCEMENTS & EVENTS

**Krafty Klatsch & Coffee | Mondays**, 10:00 am, Great Room - A time for working on your craft, whether it be knitting, crocheting, drawing, etc. Sitting around with neighbors as you work on your own projects. Enjoy Coffee and small sweets.

**Game Night | Saturdays**, 7:00 pm, Great Room - Join fellow neighbors and play table games. Any ideas for games are welcome!

**Wine Down Wednesday & Charades | Wednesday, February 4th**, 6:30 pm, Great Room - Enjoy some wine and light snacks and mingle with fellow residents, then get ready for a game of Charades.

**Time for Tea | Thursday, February 5th**, 2:00 pm, Great Room - Stop by the Great Room for a cup of tea and sweets.

**Super Bowl LX Watch Party | Sunday, February 8th**, 6:00 pm, - Wear your favorite team jersey, enjoy some eats and drinks and party with friends.

**Acrylic Painting | Monday, February 9th**, 1:30 pm, Canvas Room - No matter your artistic skill level, Shayna will give you step-by-step instructions to create a beautiful piece to take home.

**Muffins and Mimosas with Staff | Tuesday, February 10<sup>th</sup>**, 8:00 to 9:30 am, Great Room. Stop by and enjoy mimosas and muffins, welcoming our new Canvas staff members.

**Spintopia | Tuesday, February 10th**, 7:00 pm, Canvas Room - A take off on Wheel of Fortune. Virtual display and lots of fun!

**Annual Canvas Winter Olympics | Wednesday, February 11th**, 7:00 pm, Great Room - It's the 3<sup>rd</sup> Get ready for some friendly competition and teambuilding! Look for sign up sheet in mail room

**Book Club | Thursday, February 12th** 7:00 pm, Library - This month's book is "The Overstory" by Richard Powers. The Book Club meets once a month, every second Thursday in the Library, at 7:00 pm.

**Billiards and Beer | Friday, February 13th**, 3:00 pm, Game Room - Calling all pool players! Stop in for a game and enjoy some brew and a snack.

**Galentine's Day White Elephant Gift Exchange | Friday, February 13th**, 7:00 pm, Great Room - For the ladies! Celebrate Galentine's Day. Bring a wrapped \$15 to \$20 "girlie Gift" to participate. RSVP required. Sign up sheet in mail room.

**Heartbeat Hop Valentine's Day Dinner and Dance | Saturday, February 14<sup>th</sup>**, 6:00 pm, Great Room - Let's celebrate Valentine's Day together – friends, laughter, and good vibes! Dinner from 6:00 to 7:30 pm and some fun music and dancing with DJ Chris Giakas. Sign up sheet in mail room. RSVP required.

**Opera afternoon | Sunday, February 15th**, 1:00 pm | Media/Poker Room - Join neighbors to watch the streamed opera "Aida".

**Create a Word Puzzle Team Race | Monday, February 16th**, 3:00 pm, Great Room - Teams formed and compete to create the most words in a given timeframe.

**Glass Painting with Nancy | Monday, February 17th**, 7:00 pm, Canvas Room - Create a fun design on glass. Step-by-step instructions and a lot of laughs while painting. All levels welcome!

**Celebrate January Birthdays | Wednesday, February 18th**, 2:00 pm, Great Room - Come enjoy cake and wish all our February Birthdays a Happy Day!

**Wine Down Wednesday and Music Trivia | Wednesday, February 18th**, 6:30 pm Great Room - Enjoy some wine and light snacks and mingle with fellow residents, then get ready for a game of Music Trivia.

**Monthly Craft Project | Thursday, February 19th**, 7:00 pm Canvas Room - Look for flyers on the monthly project to be created! (Class limited to 15 people)

**Shafer Vision Institute | Friday, February 20th**, 11:00 am, Great Room - Come enjoy a bagel from Spread Bagelry. Meet Dr. Shafer and members of his team to hear about services provided.

**Left Center Right - Ladies Night | Friday, February 20th**, 7:00 pm, Great Room. This event is resident-run. BYOB and snacks to share are appreciated but not mandatory. Friends welcome.

**Acrylic Painting | Monday, February 23rd**, 7:00 pm Canvas Room - Intuitive painting. Relax and let your mind go with this one! No painting is alike and all are a reflection of you!

**Celebrating 100th Anniversary of Black History Month | Tuesday, February, 24<sup>th</sup>**, 7:00 pm, Great Room - In recognition of Black History Month, you are invited to join in learning, reflecting, and engaging with the history, contributions, and lived experiences of Black communities—past and present.

**Movie Night | Wednesday, January 25th**, 7:00 pm - Media/Poker Room - Sit, relax and enjoy movie snacks and watch a movie. (Movie TBD)

NOTE: Weekly On-going Resident-Run Activities on calendar are noted in **BLUE print on calendar**. All welcome to participate!

## OFFICE HOURS

Mon-Thurs 9am -6pm

Fri - 8am - 5 pm

Sat - 10 am - 5pm

Sun - 12pm - 5pm

## OFFICE PHONE:

484-747-6975

For Maintenance Emergency, Follow Prompt

**FOR ALL OTHER EMERGENCIES**

**PLEASE DIAL 911**

## CIAO BELLA SALON

Tues 11:00 am - 7:00 pm

Thurs 11:00 am - 7:00 pm

Fri 9:00 am - 2:00 pm

Phone: (610) 990-7557

info@ciaobellasalon.com



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Lifestyle Communities

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101 Bryce Lane, King of Prussia, PA 19406

**the life**  
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FRIENDSHIP. ENTHUSIASM.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>  9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11:15 am Meditation / LI 7:00 pm Line Dancing / FC	<b>2</b> 9:00 am Pilates/Barre/Fusion 10:00 am Krafty Klatsch & Coffee / GR 10:00 am Billiards / GaR 12:00 pm Pinochle / L 6:30 pm Rummikub / L	<b>3</b> 9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L	<b>4</b> 9:00 Dance / FC 10:00 am Ping Pong / GaR 1:00 am Mahjong / L 2:30 pm Mens Poker / PMR 6:30 pm Wine Down Wednesday & Charades 	<b>5</b> 10:00 am Billiards / GaR 10:30 am Line Dancing / FC 12:00 pm Pinochle / L 2:00 pm Time for Tea / GR  4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 6:30 Rummikub / L	<b>6</b> 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / PMR	<b>7</b> 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR
<b>8</b> 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11:15 am Meditation / LI <b>SUPERBOWL WATCH PARTY</b> 6:00 PM GREAT ROOM 	<b>9</b> 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle / PMR 1:00 pm Mahjong / L 1:30 pm Acrylic Painting / CR  5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L	<b>10</b> 8:00 am Muffins & Mimosas w/Staff / GR  9:00 am Pilates / FC 1:00 pm Bingo / GR 3:30 pm Ladies Poker / L  7:00 pm Spintopia/ CR	<b>11</b> 9:00 Dance / FC 10:00 am Ping Pong / GaR 11:00 am Ash Wed Mass / L 1:00 am Mahjong / L 2:30 pm Mens Poker / PMR 7:00 pm Canvas Winter Olympics / GR	<b>12</b> 10:00 am Billiards / GaR 10:30 am Line Dancing / FC 12:00 pm Pinochle / L 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 6:30 Rummikub / L 7:00 pm Book Club / LI 	<b>13</b> 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / PMR 3:00 pm Billiards & Beer /GaR 7:00 pm Galentine's Day White Elephant Gift Exchange  7:00 pm Live-Streamed Shabbat Service / MPR	<b>14</b> 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L <b>Heartbeat Hop</b> <b>Valentine's Day Dinner</b> 6:00 - 7:30 pm Dinner 7:30 - 9:30 pm Dancing w/DJ Chris 
<b>15</b> 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 1:00 pm Opera / PMR 7:00 pm Line Dancing / FC 	<b>16</b> 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 3:00 pm Create a Word Puzzle Team Race /GR 5:00 pm Scripture Study /PMR  7:00 pm Mahjong /L	<b>17</b> 9:00 am Pilates / FC 1:00 pm Bingo / GR  3:30 pm Ladies Poker / L 7:00 Glass Painting/ GR	<b>18</b>  9:00 am Dance / FC 10:00 am Ping Pong /GaR 1:00 pm Mahjong / L 2:00 pm February Birthdays /GR 2:30 pm Mens Poker / PMR 6:30 Wine Down Wednesday & Music Trivia 	<b>19</b> 10:00 am Billiards / GaR 10:30 am Line Dancing / FC 12:00 pm Pinochle / L 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 6:30 pm Rummikub / L 7:00 Monthly Craft Project / CR	<b>20</b> 9:00 am Dance Fitness / FC  10:00 am Pilates / FC 11:00 am Shafer Vision Institute & Spread Bagelry 10:00 am Intermed Bridge 2:30 pm Open Poker / L 7:00 pm Ladies Night - Left, Center, Right / GR 	<b>21</b> 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR
<b>22</b> 9:00 am Yoga Class / FC 10:15 am Chair Yoga / FC 11: 15 am Meditation / LI 7:00 pm Line Dancing / FC	<b>23</b> 9:00 am Pilates/Barre/Fusion 10:00am Canasta / L 10:00 am Krafty Klatsch & Coffee / GR 10: 00 am Billiards /GaR 12:30 pm Pinochle /PMR 1:00 pm Mahjong / L 5:00 pm Scripture Study /PMR 7:00 pm Mahjong /L 7:00 pm Acrylic Painting / CR 	<b>24</b> 9:00 am Pilates / FC  1:00 pm Bingo / GR 3:30 pm Ladies Poker / L 7:00 pm Celebrating 100th Anniversary of Black History Month /GR	<b>25</b> 9:00 am Dance / FC  10:00 am Ping Pong /GaR 11:00 am 1:00 pm Mahjong / L 2:30 pm Mens Poker / PMR 7:00 pm Movie Night / PMR	<b>26</b> 10:00 am Billiards / GaR 10:30 am Line Dancing / FC 12:00 pm Pinochle / L 4:00 pm Chair Yoga / FC 5:00 pm Yoga / FC 6:30 pm Rummikub / L	<b>27</b> 9:00 am Dance Fitness / FC 10:00 am Pilates 10:00 am Intermed Bridge 2:30 pm Open Poker / L	<b>28</b> 9:00 am Balance Class / FC 9:30 am Stretch & Tone / FC 1:00 pm Mah Jongg / L 7:00 pm Game Night / GR

“Love is the greatest refreshment in life”

Pablo Picasso

**Location Key:**  
 CYP = Courtyard Poolside  
 CYN = Courtyard North  
 CR = Canvas Room  
 FC = Fitness Center  
 GR = Great Room  
 GaR = Game Room  
 LI = Library  
 L = Lounge  
 PMR = Poker/Media Room  
 P = Pool

**A...** Healthy Inquisitive Centered  
 Creative Playful Mindful Social **Life.**

**OFFICE HOURS**  
 Monday - Thursday 9:00 am to 6:00 pm  
 Friday 8:00 am to 5:00 pm  
 Saturday 10:00 am to 5:00 pm  
 Sunday 12:00 pm to 5:00 pm