



# Ponté Palmero

RESORT - STYLE LIVING

## Resident of the Month



### Resident of the Month: Carolyn Workman

### February 2026

Our Resident of the Month for February is Carolyn Workman. She has lived at Ponté Palmero for 11.5 years. Carolyn was born in Muncie, Indiana. Her father was a precision mechanic. He made valuable parts for airplanes and his hobby was rebuilding sports cars. Carolyn's mother sometimes worked and sometimes stayed at home, as was common in the 1950s. When Carolyn was 13, her family moved to Southern California, where she lived from 1952-1987.

Carolyn worked as an elementary school secretary for 15 years for the Garden Grove Unified School District. Before she settled in at the elementary school level, she briefly taught 6th grade photography. She also worked at a junior high for a while, but she enjoyed working with younger students the most. Carolyn found it especially rewarding to get to know the children in the special education program, discovering their hidden talents.

In 1987, Carolyn and Don relocated to El Dorado County near the community of El Dorado. They designed and built their own home on 5 acres. Carolyn recalled a time when she and her friend Maryanne studied painting with folk artist Jo Sonja Jansen. The two friends spent 10 years periodically taking turns driving up to the studio in Eureka, California. They would go for 1 week at a time, spending 12 hours a day in intensive painting classes, returning home spent. The drive was long but beautiful. "I really enjoyed that time in my life," Carolyn said.

Carolyn and Don moved to Ponté Palmero as Don's health was declining. After a battle with dementia, Don passed away in 2020. Carolyn and Don were married for 63 years. They had 2 sons who are retired and live in Southern California. *(Continued on pg. 2)*



Mike Scholle - Feb. 1  
 Carol LeMaster - Feb. 6  
 Maureen Whitaker - Feb. 6  
 Sharon Schmid - Feb. 6  
 Penny Scott - Feb. 7  
 Allison Murbach - Feb. 8  
 Philip Bender - Feb. 8  
 Barbara Call - Feb. 10  
 Dawn Brown - Feb. 11  
 Albert Macys - Feb. 11  
 Les Francis - Feb. 13  
 Diane Pereira - Feb. 15  
 Don Mencarini - Feb. 16  
 George Nichols - Feb. 17  
 Patricia Lendahl - Feb. 18  
 Darlene Nichols - Feb. 18  
 Nancy Coben - Feb. 19  
 Nancy Cramer - Feb. 20  
 Diane Hoggard - Feb. 22  
 Mary Koupal - Feb. 22  
 Vergie Drury - Feb. 23  
 Jay Kilby - Feb. 25  
 Joseph Call - Feb. 26



Janice & Norton Ziegler  
 - Feb. 1  
 Barbara & Karl Kampe  
 - Feb. 7

## Resident of the Month

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After 11.5 years, Carolyn says Ponté really feels like home. She appreciates that people really seem to care about one another here. Nancy Peabody, our Activities Director, came to mind. "She's such a worker. She really cares about the people here. She helps everyone," Carolyn said. She also mentioned our concierges, Barbara and Keera, and all our drivers. "I'm in the company of a lot of good people, and I appreciate that," she said. Carolyn has met some lovely friends here. She and 3 of her best friends sit together at dinner at the Clubhouse every evening. "We all take care of each other. We text each other every morning just to know we're OK," she said. A piece of advice Carolyn would like to share: "Don't worry too much about today. It will take care of itself."



## Preston Castle Outing





## John Adams Academy Passing Out Christmas Ornaments



## Cathy Copeland and Her Students Performing Beautiful Christmas Music



## M.O.R.E. Performing Their Festive Christmas Songs



## Ponté Palmero's Annual Christmas Party



**Elite Ballet Coaching Crew Performing the Nutcracker**



**Michelle  
LaJeunesse-Moughton  
Performing Her Amazing  
Christmas Opera Music**



**Residents of the Year  
2025 Art Patterson &  
Nancy Cramer**



## Christmas Craft Fair



**Happy New Year 2026****Lori Sacco Performing on New Year's Eve**

# Team Member **Spotlight**

**Ciarra, Our Dining Room Supervisor****Name:** Ciarra**Department:** Culinary**How long have you worked at Ponté Palmero?:** 9 years.**A fun fact others might not know about you:** I collect vinyls and I love white water rafting!**What do you like most about your job?** If I could only choose one, it would have to be the residents that feel like family.**Favorite type of music:** Dad rock, '70s/'80s and country.**Favorite color:** Pink!**Favorite TV show:****Unironically...**Stranger Things.**Coffee or tea?:** Coffee in the morning, tea before bed!**A life goal or something you would like to accomplish in the future:** Travel to Scotland :)

**Ponté Palmero Directors**  
**To Contact the Directors,**  
**Call the Concierge at**  
**(530) 677-9100**

Administrator.....	Landon Pilegaard
Managing Director.....	Terry Howard
Activities Director.....	Nancy Peabody
Assisted Living Director.....	Jennifer Hinch
Business Office Director.....	Kelli Riley
Maintenance Director.....	Kevin Hallmeyer
Marketing Director.....	Rachel Amador
Marketing Director.....	Amy Elias
Food Services Director.....	Alex Winters



Ponté Palmero Resort-Style Living

## **"This Month In History"**

### FEBRUARY

**1887:** The first official Groundhog Day is celebrated in Punxsutawney, Pa., starting a tradition of the town's groundhog, named Phil, forecasting spring's arrival.

**1913:** Imposing a federal income tax, the 16th Amendment to the U.S. Constitution takes effect.

**1936:** With the mission of conservation, the National Wildlife Federation is formed.

**1940:** College basketball is televised for the first time.

A New York station broadcast the Pittsburgh vs. Fordham game from Madison Square Garden.

**1955:** "Sincerely" by the McGuire Sisters tops the pop music chart.

**1963:** Julia Child's pioneering cooking show "The French Chef" premieres on PBS.

**1971:** Wanting to do something special during the Apollo 14 mission to the moon, astronaut Alan Shepard hits two golf balls on the lunar surface.

**1986:** Pulitzer Prize winner Robert Penn Warren is named the first U.S. poet laureate.

**1994:** At the Winter Olympics in Norway, 13-year-old South Korean Kim Yun-Mi won the gold medal in the 3,000 meter speed-skating relay.

**2011:** Celebrated author Maya Angelou is awarded the Presidential Medal of Freedom, the nation's highest civilian honor.

**2018:** The Philadelphia Eagles win their first Super Bowl title after defeating the New England Patriots 41–33.

**2022:** Queen Elizabeth II celebrated her Platinum Jubilee, marking 70 years as queen. She passed away seven months later at the age of 96.