

FEBRUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: right; margin-right: 5px;">1</p> 10:00 AM ● Devotions with Barclay (AR1) 11:00 AM ● Feel-Good Movement Stretching (FIT) 1:00 PM ● Resident Led: Put The Pieces Together Puzzle Time (ARG) 2:00 PM ● Lazy Day Matinee: Residents' Choice (THE) 6:30 PM ● Lazy Day Matinee Replay (THE)	<p style="text-align: right; margin-right: 5px;">2</p> 10:00 AM ● Sip and Sign Tour (AR2) 11:00 AM ● Exercise with Barclay (FIT) 2:00 PM ● Catholic Service (CH) 2:00 PM ● Community Floral Arrangements (AR) 3:00 PM ● Bingo with Friends (AR) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Starry Night Screens (THE)	<p style="text-align: right; margin-right: 5px;">3</p> 11:00 AM ● Chair Yoga (FIT) 1:00 PM ● Creative Experience: Glamour & Geometry: Art of the 1920s (AR) 2:00 PM ● Movie Club (THE) 3:00 PM ● Timeless Tea Time (DR) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">4</p> 10:00 AM ● Veterans Breakfast (AR2) 11:00 AM ● The Fralin Museum of Art at the University of Virginia (OUT) 2:00 PM ● Individual Engagements (AR2) 3:00 PM ● Water Aerobics with Rehab in Motion (POL) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Fellas Flicks (T)	<p style="text-align: right; margin-right: 5px;">5</p> 10:00 AM ● Exercise with Barclay (FIT) 11:00 AM ● Let's Learn: The Harlem Renaissance & Black Art (T) 1:00 PM ● Culinary Experience: Original Girl Scout Cookies (AR) 2:00 PM ● Ambassadors Program introduction (T) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">6</p> 11:00 AM ● Exercise with Barclay (FIT) 1:00 PM ● Nail Lounge (AR1) 2:00 PM ● Brain Boost Trivia: Roaring Twenties Trivia (BIS) 4:00 PM ● Happy Hour w/ Hunter (BAR) 6:30 PM ● Chicks Flicks (T) 8:00 PM ● Winter Olympics Ceremony (T)	<p style="text-align: right; margin-right: 5px;">7</p> 10:00 AM ● Morning Stretch (FIT) 11:00 AM ● Game Time Gathering: Beginners Rummikub (BIS) 1:30 PM ● Resident Led: Canasta (DR) 2:00 PM ● Lazy Day Matinee: Residents' Choice (T) 6:30 PM ● Lazy Day Matinee Replay (T)
<p style="text-align: right; margin-right: 5px;">8</p> 10:00 AM ● Devotions with Barclay (AR1) 11:00 AM ● Feel-Good Movement Stretching (FIT) 1:00 PM ● Resident Led: Word Search Social (BIS) 2:00 PM ● Lazy Day Matinee: Residents' Choice (THE) 6:30 PM ● Lazy Day Matinee Replay (THE) 6:30 PM ● Super Bowl LX Social (BIS)	<p style="text-align: right; margin-right: 5px;">9</p> 10:00 AM ● Sip and Sign Tour (AR2) 11:00 AM ● Exercise: Rehab in Motion (FIT) 2:00 PM ● Catholic Service (CH) 3:00 PM ● Bingo with Friends (AR) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Starry Night Screens (THE)	<p style="text-align: right; margin-right: 5px;">10</p> 11:00 AM ● Chair Yoga (FIT) 1:00 PM ● Creative Experience: Valentine's Card Making (AR) 2:00 PM ● Storytelling with Live Historian - Charmaine White (T) 3:00 PM ● Timeless Tea Time (DR) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">11</p> 10:00 AM ● Exercise with Barclay (FIT) 11:00 AM ● Crumble Cookie (OUT) 2:00 PM ● Individual Engagements (AR2) 3:00 PM ● Bill Presents: Johnny Cash (T) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Fellas Flicks (T)	<p style="text-align: right; margin-right: 5px;">12</p> 10:00 AM ● Exercise with Barclay (FIT) 11:00 AM ● Let's Learn: Love Songs Through the Decade - 1920's (T) 3:00 PM ● A Valentine's Soirée (BIS) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">13</p> 11:00 AM ● Exercise with Rehab in Motion (FIT) 1:00 PM ● Nail Lounge (AR1) 2:00 PM ● Brain Boost Trivia: Valentine's Day Trivia (BIS) 4:00 PM ● Happy Hour w/ George Goodloe (BAR) 6:30 PM ● Chicks Flicks (T)	<p style="text-align: right; margin-right: 5px;">14</p> <div style="background-color: #4a7c9c; color: white; padding: 2px; text-align: center;">Valentine's Day</div> 10:00 AM ● Morning Stretch (FIT) 11:00 AM ● Tech Help Basics (BIS) 1:00 PM ● Creative Experience: Love Letter collage (AR1) 1:30 PM ● Resident Led: Canasta (DR) 2:00 PM ● Lazy Day Matinee: Residents' Choice (T) 6:30 PM ● Lazy Day Matinee Replay (T)
<p style="text-align: right; margin-right: 5px;">15</p> 10:00 AM ● Devotions with Barclay (AR1) 11:00 AM ● Feel-Good Movement Stretching (FIT) 1:00 PM ● Resident Led: Board Games (BIS) 2:00 PM ● Lazy Day Matinee: Residents' Choice (THE) 6:30 PM ● Lazy Day Matinee Replay (THE)	<p style="text-align: right; margin-right: 5px;">16</p> <div style="background-color: #4a7c9c; color: white; padding: 2px; text-align: center;">President's Day</div> 10:00 AM ● Sip and Sign Tour (AR2) 11:00 AM ● Exercise with Barclay (FIT) 2:00 PM ● Catholic Service (CH) 2:00 PM ● Community Floral Arrangements (AR) 3:00 PM ● President's Day: Talk and Trivia (AR) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Starry Night Screens (THE)	<p style="text-align: right; margin-right: 5px;">17</p> 11:00 AM ● Chair Yoga (FIT) 1:00 PM ● Creative Experience: Silhouettes of the Jazz Age (AR) 2:00 PM ● Game Time Gathering (BIS) 2:30 PM ● Activities Committee (AR1) 3:00 PM ● Timeless Tea Time (DR) 4:00 PM ● Happy Hour (BAR)	<p style="text-align: right; margin-right: 5px;">18</p> 11:00 AM ● Farm Bell Kitchen (OUT) 2:00 PM ● Individual Engagements (AR2) 3:00 PM ● Water Aerobics with Rehab in Motion (POL) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Comedy Night: Bob Newhart (T)	<p style="text-align: right; margin-right: 5px;">19</p> 10:00 AM ● Exercise with Barclay (FIT) 10:00 AM ● Let's Learn: The Love Language of Flowers (T) 1:00 PM ● Culinary Experience: Making Fresh Pasta (AR) 2:00 PM ● AL Resident Council (DIN) 3:00 PM ● Sweet Introductions Social (AR1) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">20</p> 11:00 AM ● Exercise with Barclay (FIT) 1:00 PM ● Nail Lounge (AR1) 2:00 PM ● Brain Boost Trivia: Black History Month Trivia: Music, Culture & Firsts (BIS) 3:00 PM ● Community Culinary Meeting (DR) 4:00 PM ● Happy Hour w/ George Goodloe (BAR) 6:30 PM ● Chicks Flicks (T)	<p style="text-align: right; margin-right: 5px;">21</p> 10:00 AM ● Morning Stretch (FIT) 11:00 AM ● Game Time Gathering: Rummikub for Beginners (BIS) 1:30 PM ● Resident Led: Canasta (DR) 2:00 PM ● Lazy Day Matinee: Residents' Choice (T) 6:30 PM ● Lazy Day Matinee Replay (T)
<p style="text-align: right; margin-right: 5px;">22</p> 10:00 AM ● Devotions with Barclay (AR1) 11:00 AM ● Feel-Good Movement Stretching (FIT) 1:00 PM ● Resident Led: Color and Music (BIS) 2:00 PM ● Lazy Day Matinee: Residents' Choice (THE) 6:30 PM ● Lazy Day Matinee Replay (THE)	<p style="text-align: right; margin-right: 5px;">23</p> 10:00 AM ● Sip and Sign Tour (AR2) 11:00 AM ● Exercise: Rehab in Motion (FIT) 2:00 PM ● Catholic Service (CH) 3:00 PM ● Bingo with Friends (AR) 3:30 PM ● Rehab in Motion Event (BIS) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Starry Night Screens (THE)	<p style="text-align: right; margin-right: 5px;">24</p> 11:00 AM ● Chair Yoga (FIT) 1:00 PM ● Creative Experience: Heart Sculpture Studio (AR) 2:00 PM ● Book Club (AR1) 3:00 PM ● Timeless Tea Time (DR) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">25</p> 10:00 AM ● Exercise with Barclay (FIT) 11:00 AM ● Target (OUT) 2:00 PM ● Alzheimer Support Group (AR1) 2:00 PM ● Individual Engagements (AR2) 3:00 PM ● Bill Presents: Chuck Berry (T) 4:00 PM ● Happy Hour (BAR) 6:30 PM ● Fellas Flicks (T)	<p style="text-align: right; margin-right: 5px;">26</p> 10:00 AM ● Exercise with Barclay (FIT) 1:00 PM ● Let's Learn: Prohibition (T) 2:00 PM ● AL Town Hall Meeting (DIN) 4:00 PM ● Happy Hour (BAR) 5:00 PM ● A Taste of a Night at the Speakeasy (DR) 6:30 PM ● Docunights (THE)	<p style="text-align: right; margin-right: 5px;">27</p> 11:00 AM ● Exercise with Barclay (FIT) 1:00 PM ● Nail Lounge (AR1) 2:00 PM ● Brain Boost Trivia: Fun & Winter Trivia (BIS) 4:00 PM ● Birthday Bash w/ George Goodloe (BAR) 6:30 PM ● Chicks Flicks (T)	<p style="text-align: right; margin-right: 5px;">28</p> 10:00 AM ● Morning Stretch (FIT) 11:00 AM ● Tech Help Basics (AR1) 1:30 PM ● Resident Led: Canasta (DR) 2:00 PM ● Lazy Day Matinee: Residents' Choice (T) 6:30 PM ● Lazy Day Matinee Replay (T)