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## Couple Highlight

Paula & Larry Linkoff

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Paula and Larry met at a "parents without partners" dance when their children were in their early teens. Shortly thereafter they got married at the Justice of the Peace in Maryland where they lived for most of their life. The couple enjoyed camping with their family for many years and into their older adulthood. Over years of outdoor adventuring, they upgraded from a simple tent to an RV camper. Now days, Paula and Larry enjoy a peaceful life at Crossroads at Bon Air with their cat. They enjoy embarking on lunch outings and theater trips. Last Valentine's day, Paula and Larry renewed their vows and were featured on Channel 8 News.



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## February Birthdays

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- Sarah Woody - February 4th
- Donna O'quinn - February 6th
- Linwood Capps - February 6th
- Milton Clark Jr - February 8th
- Samuel McNeil III - February 11th
- Clara Deluca - February 12th
- Peggy O'Brien - February 18th
- Chester Doggette - February 21st
- Fleurette Hullet - February 21st
- Caroline LaFlamme - February 21st
- Judy Labbee - February 22nd
- Sally Beaver - February 23rd
- Susan Pitt - February 24th
- David Shufflebarger - February 26th
- Eunice Hale - February 26th
- Dorothy Sherwood - February 27th
- Edith Tschorn - February 27th
- Phyllis Williams - February 28th
- Isidore Weinbaum - February 28th

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## Welcome New Neighbors

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- Mary "Sue" Sue Malvin  
Apt 344
- Martha Meintzer  
Apt 109
- Lillie Mae Wilson  
Apt 316
- Winifred Hohlt  
Apt 271
- Nonato "Nonie" Almachar  
Apt 346

# FEBRUARY 2026

## \*The Crossroads Chronicle\*

9100 Bon Air Crossings Drive

(804)-560-1440

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## Our Management Team

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### Executive Director

Kathy Bryant

kbryant@thecrossroadsatbonair.com

### Business Office Director

Kristen Schmidt

kschmidt@thecrossroadsatbonair.com

### Resident Care Director

Maria Cardona

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### Memory Care Director

Tony Fogg

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### Sales and Marketing Director

Susan Coppage

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### Dining Services Director

Marty Moore

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### Resident Life Director

Ellee Winston

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### Maintenance Director

Javon Slater

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### Lead Housekeeper

Janaya Saunders

jasaunders@thecrossroadsatbonair.com

### Director of Resident Life Services

Breanne Thompson

bthompson@thecrossroadsatbonair.com

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## Fox Health Corner

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## FEBRUARY - HEALTHY HEART

February is American Heart Month! Did you know that Cardiovascular Diseases are the worlds leading killer, accounting for roughly one-third of all global deaths each year? If you are interested in learning more about cardiovascular disease and how a healthy heart can decrease your risk and improve your quality of life, please join FOX rehab for a Health Talk on 2/19/26.



# February 2026

## \*\*\*\*\* New Year's Party \*\*\*\*\*



*Resident's stayed up late and made some noise to welcome the New Year!*

## \*\*\*\*\* Activities to Try \*\*\*\*\*

Scooter Safety Training  
Monday, February 2nd @ 1:30pm

Tai Chi w/ Marti  
Friday, February 6th & 20th @ 10:30am

Valentine's Cards w/ Marjorie  
Sunday, February 8th @ 1:00pm

Musical Performance w/ Kevin Salyer  
Wednesday February 11th @ 11:00am

Mardi Gras Happy Hour  
Tuesday, February 17th @ 4:00pm

Musical Performance w/ Brad Spivey  
Wednesday, February 18th @ 6:00pm

Jammin' with Jillson Exercise Class  
Thursday, February 19th @ 11:00am

Dog & Cat Toy Making w/ Marjorie  
Saturday, February 21st @ 2:00pm

Musical Performance w/ Andrew Magruder  
Tuesday, February 24th @ 6:00pm

Musical Performance w/ Jamie Lloyd  
Wednesday, February 25th @ 11:00am

Purrfect Bean Cat Café (\$20)  
Thursday, February 26th @ 10:30am

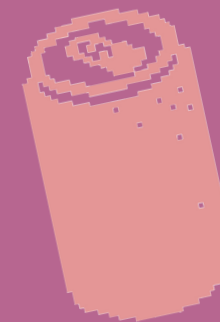
# February 2026

## \*\*\*\*\* Memory Care Neighborhood \*\*\*\*\*



*Gouda made another long awaited appearance to visit her friends in memory care!*

## \*\*\*\*\* Pop Tab Collection \*\*\*\*\*



We are collecting pop tabs for Ronald McDonald House. Please save the tabs from your soda cans and place them in the donation containers around the building!

Ronald McDonald House programs and services help alleviate some financial burdens for families along their child's healthcare journey. Last year alone, we helped families save \$678 million in lodging and meals

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## 100 Club

Carrie Laflamme

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On February 21st Carrie Laflamme Joins the 100 Club! Be sure to wish her a happy birthday and many more!

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