

# February

**Location Key**  
**A- Activity Room/ The Gathering Place**  
**C- Chapel**  
**G- Game Room**  
**ML- Main Lobby**  
**AL- Assisted Living 1st Floor Lobby**  
**D- Dining Room**  
**L-Library**  
**P- Pub**  
**R- Sign Up Required**  
**#- Resident-Led Activity**

|   |  |   |  |   |   |  |
|---|--|---|--|---|---|--|
| <p>11:00 Sunday Service-(Live Stream) Bon Air United Methodist (C)<br/>                 3:00 Movie: <b>Groundhog Day (1993)</b> - Starring: Bill Murray and Andie MacDowell (G)<br/>                 3:00 Bible Study- Deacon Will (C#)</p> <p>1</p>  | <p>10:00 Kroger (R)<br/>                 10:30 Sit &amp; Fit Exercise (A)<br/>                 11:15 Brain Fitness (P)<br/> <b>1:30 Scooter Safety Training with Helen (A)</b><br/>                 3:00 Fox Fitness (A)<br/>                 4:00 Happy Hour (P)<br/>                 6:00 Poker Night (G#)</p> <p>2</p> <p>Groundhog Day</p>                     | <p>10:30 Sit &amp; Fit Exercise (A)<br/>                 11:00 Catholic Communion (C)<br/>                 11:15 The Great Courses- Vincent van Gogh pt.4 (G)<br/>                 2:00 This Week in History (L#)<br/>                 3:00 B - I - N - G - O (A)<br/>                 4:00 Happy Hour (P)</p> <p>3</p>   | <p>10:00 Publix (R)<br/>                 10:30 Sit &amp; Fit Exercise (G)<br/> <b>2:00 Caregiver Group w/ Bre (L)</b><br/>                 3:00 Fox Fitness (G)<br/>                 4:00 Happy Hour (P)</p> <p>4</p> <p>10:00 Ambassador Meeting (G)</p>  | <p><b>10:00 Breakfast Bunch: IHOP (R)</b><br/>                 10:30 Sit &amp; Fit Exercise (G)<br/>                 11:15 Group Crossword Puzzle (AL)<br/>                 1:00 Card Game: Hand and Foot (G#)<br/> <b>2:00 Devotions and Hymns w/ Chaplain Alphonso (L)</b><br/>                 3:00 B - I - N - G - O (G)<br/>                 4:00 Happy Hour (P)</p> <p>5</p> <p>10:00 3rd Floor Meeting (L)</p> | <p><b>10:30 Tai Chi with Marti (A)</b><br/>                 11:15 The Great Courses - Forgotten America pt.4 (G)<br/>                 4:00 Happy Hour (P)<br/> <b>6:00 Music Performance: Joe Loschaivo (ML)</b></p> <p>6</p>   | <p>10:00 Coffee &amp; Word Search (P)<br/>                 1:00 Rummikub (G#)<br/> <b>2:00 Craft: Valentine's Day Cards w/ Marjorie (A)</b><br/>                 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>7</p>                                 |
| <p>10:00 Sunday Service- Pastor Mike (C)<br/> <b>2:30 Movie: A Beautiful Mind (2001)</b> Starring: Russell Crowe (G)<br/>                 3:00 Bible Study- Deacon Will (C#)</p> <p>8</p>   | <p>10:00 Walmart (R)<br/>                 10:30 Sit &amp; Fit Exercise (A)<br/>                 11:15 Brain Fitness (P)<br/> <b>1:00 Activity Planning Meeting (A)</b><br/> <b>2:00 Knit and Crochet Club (L#)</b><br/>                 3:00 Fox Fitness (A)<br/>                 4:00 Happy Hour (P)<br/>                 6:00 Poker Night (G#)</p> <p>9</p>      | <p>10:30 Sit &amp; Fit Exercise (A)<br/>                 11:00 Catholic Rosary (C#)<br/>                 11:15 The Great Courses- Vincent van Gogh pt.5 (G)<br/>                 2:00 This Week in History (L#)<br/> <b>3:30 Cupid's Golden Gala + Happy Hour (ML/P)</b></p> <p>10</p>  | <p>10:00 Food Lion (R)<br/>                 10:30 Sit &amp; Fit Exercise (A)<br/> <b>11:00 Music Performance: Kevin Salyer (ML)</b><br/> <b>1:30 Trip: The Miracle Worker at Swift Creek Mill Historic Playhouse (R)</b><br/>                 3:00 Fox Fitness (A)</p> <p>11</p>   | <p>10:30 Line Dancing w/ Carole (A)<br/>                 11:15 Group Crossword Puzzle (AL)<br/> <b>1:00 Book Club - West with Giraffes (L)</b><br/>                 2:00 Devotions and Hymns w/ Chaplain Alphonso (L)<br/>                 3:00 B - I - N - G - O (A)<br/>                 4:00 Happy Hour (P)</p> <p>12</p> <p>10:00 4th Floor Meeting (4th Fl)</p>  | <p>10:30 Sit &amp; Fit Exercise (A)<br/>                 11:15 The Great Courses - Forgotten America pt.5 (G)<br/>                 1:00 Grief Support Group with Chaplain Julie (G)<br/> <b>2:00 Chair Yoga w/ Kathy (A)</b><br/> <b>3:00 Music Performance: The McAllister's (ML)</b><br/>                 4:00 Happy Hour (P)</p> <p>13</p> | <p>10:00 Coffee &amp; Word Search (P)<br/>                 1:00 Rummikub (G#)<br/> <b>2:00 Juke Box Jive- 60's &amp; 70's Music in the Pub (P#)</b><br/>                 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>14</p> <p>Valentine's Day</p> |
| <p>11:00 Sunday Service-(Live Stream) Bon Air United Methodist (C)<br/> <b>1:30 Scenic Ride w/ Zander (R)</b><br/>                 3:00 Movie: <b>The Notebook (2004)</b> Starring: Ryan Gosling and Rachel McAdams (G)<br/>                 3:00 Bible Study- Deacon Will (C#)</p> <p>15</p> | <p>10:00 Kroger (R)<br/>                 10:30 Sit &amp; Fit Exercise (A)<br/>                 11:15 Brain Fitness (P)<br/> <b>2:00 Devotions and Prayer with Pastor Mike Mayton (C)</b><br/>                 3:00 Fox Fitness (A)<br/>                 4:00 Happy Hour (P)<br/>                 6:00 Poker Night (G#)</p> <p>16</p> <p>Presidents' Day (U.S.)</p> | <p>10:30 Sit &amp; Fit Exercise (A)<br/>                 11:00 Catholic Communion (C)<br/>                 11:15 The Great Courses- Vincent van Gogh pt.6 (G)<br/>                 2:00 This Week in History (L#)<br/>                 3:00 B - I - N - G - O (A)<br/> <b>3:30 Girl Scout Cookies Sales (ML)</b><br/> <b>4:00 Mardi Gras Happy Hour (P)</b></p> <p>17</p> <p>Mardi Gras</p> | <p><b>10:00 Wegman's (R)</b><br/>                 10:30 Sit &amp; Fit Exercise (A)<br/> <b>1:00 Online Safety Seminar w/ Chesterfield Police Department (A)</b><br/>                 3:00 Fox Fitness (A)<br/>                 4:00 Happy Hour (P)<br/> <b>6:00 Music Performance: Brad Spivey (ML)</b></p> <p>18</p> <p>10:00 1st Floor Meeting (G)</p> | <p><b>11:00 Jammin' w/ Jillson Exercise (A)</b><br/>                 1:00 Health Talk &amp; Blood Pressure Checks with Fox Rehab (A)<br/> <b>2:00 Devotions and Hymns w/ Chaplain Alphonso (L)</b><br/>                 3:00 B - I - N - G - O (A)<br/>                 4:00 Happy Hour (P)</p> <p>19</p>   | <p><b>10:30 Tai Chi w/ Marti (A)</b><br/>                 11:15 The Great Courses - Forgotten America pt.6 (G)<br/>                 1:00 Tech Time w/ Alyssa (G)<br/> <b>2:00 Resident Food Meeting (A)</b><br/>                 4:00 Happy Hour (P)</p> <p>20</p>  | <p>10:00 Coffee &amp; Word Search (P)<br/>                 1:00 Rummikub (G#)<br/>                 2:00 Craft: Dog &amp; Cat Toys w/ Marjorie (A)<br/>                 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>21</p>                          |
| <p>10:00 Sunday Service- Pastor Mike (C)<br/> <b>2:00 St. Michael's Episcopal Communion and Service (C)</b><br/>                 3:00 Movie: <b>Eleanor The Great (2025)</b> Starring: June Squibb (G)<br/>                 3:00 Bible Study- Deacon Will (C#)</p> <p>22</p>                  | <p>10:00 Walmart (R)<br/>                 10:30 Sit &amp; Fit Exercise (A)<br/>                 11:15 Brain Fitness (P)<br/> <b>2:00 Knit and Crochet Club (L#)</b><br/>                 3:00 Fox Fitness (A)<br/>                 4:00 Happy Hour (P)<br/>                 6:00 Poker Night (G#)</p> <p>23</p>  | <p>10:30 Sit &amp; Fit Exercise (A)<br/>                 11:00 Catholic Rosary (C#)<br/>                 11:15 The Great Courses- Vincent van Gogh pt.7 (G)<br/>                 2:00 This Week in History (L#)<br/>                 3:00 B - I - N - G - O (A)<br/>                 4:00 Happy Hour (P)<br/> <b>6:00 Music Performance: Andrew Magruder (ML)</b></p> <p>24</p>             | <p>10:00 Food Lion (R)<br/>                 10:30 Sit &amp; Fit Exercise (A)<br/> <b>11:00 Music Performance: Jaime Lloyd (ML)</b><br/>                 3:00 Fox Fitness (A)<br/>                 4:00 Happy Hour (P)</p> <p>25</p> <p>10:00 2nd Floor Meeting (2nd Fl)</p>  | <p>10:30 Line Dancing w/ Carole (A)<br/> <b>10:30 Lunch Bunch: The Purrfect Bean Cat Cafe (R)</b><br/>                 1:00 Card Game: Hand and Foot (G#)<br/> <b>2:00 Devotions and Hymns w/ Chaplain Alphonso (L)</b><br/>                 3:00 B - I - N - G - O (A)<br/>                 4:00 Happy Hour (P)</p> <p>26</p>  | <p>10:30 Sit &amp; Fit Exercise (A)<br/>                 11:15 The Great Courses - Forgotten America pt. 7 (G)<br/> <b>2:00 Chair Yoga w/ Kathy (A)</b><br/> <b>3:00 Resident Council (A)</b><br/>                 4:00 Happy Hour (P)</p> <p>27</p>  | <p>10:00 Coffee &amp; Word Search (P)<br/>                 1:00 Rummikub (G#)<br/> <b>2:00 Juke Box Jive- 60's &amp; 70's Music in the Pub (P#)</b><br/>                 4:00 Resident Happy Hour: Bring Your Own Beverage (P#)</p> <p>28</p>                        |